

Is maintaining your independence in your current home within the Asbury Heights' community important to you? If so, the STAY (*Support and Timely Attention for You*) program is the solution.

STAY consists of a highly skilled team of licensed practical nurses – under the direction of Asbury's Health and Wellness Center – who work closely with the Independent Living Social Worker to identify and facilitate support services **in your current home**. In many cases, this can delay your need to move into a different level of care.



STAY Program at Asbury Heights

*Support and Timely
Attention for You*



Asbury Heights

† Operated by United Methodist Services for the Aging

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Who is eligible to participate in the STAY program?

All Independent Living residents in the Asbury carriage homes, Bower Hill main campus apartments or The Embassy can take advantage of STAY services.

What types of services does STAY provide?

- ▶ Medication management and/or administration.
- ▶ Medical treatments.
- ▶ Observation of residents following an illness or hospitalization.
- ▶ Monitoring of chronic conditions.
- ▶ Assistance coordinating appointments with health care providers.
- ▶ Coordination of personal care plans with physicians.
- ▶ Increased opportunities for staff to provide preventive and early intervention services.

All services are provided in the resident's home at Asbury Heights. STAY team members continually evaluate residents enrolled in the program to ensure appropriateness and effectiveness in maintaining independence and to assist if and when a change in environment is necessary.

Is there a cost associated with the STAY program?

There is no charge for STAY services previously listed. STAY team members can coordinate more advanced care, for a fee, if appropriate. Some examples of these services include:

- ▶ Assistance with bathing.
- ▶ Additional meals.
- ▶ External transportation services such as ACCESS.
- ▶ Escort services.
- ▶ Detailed housekeeping, including laundry and ironing.
- ▶ Assistance with financial matters.
- ▶ Private duty care services.

If you are interested in a service not listed, please contact us.

For more information

For more information about the STAY program at Asbury Heights or to register free of charge, call **412-571-5143** or e-mail inurse@asburyheights.org.



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