

## WELCOME TO R.E.A.C.H.

Asbury's R.E.A.C.H. Program is designed specifically to support couples who are coping with Dementia. Our goal is to enable couples to successfully live together independently.

## OUR R.E.A.C.H. STAFF

- All memory support staff are trained in specialized techniques with dementia care and receive ongoing training in the most current trends in caring for those with memory related disorders.
- STAY Nurses are available to provide assistance with medication management, monitoring chronic conditions and coordinating personal care plans with physicians.

Improving the lives of older adults through high quality and compassionate care.



Asbury Heights

† Operated by United Methodist Services for the Aging

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[www.asburyheights.org](http://www.asburyheights.org)



We are also on facebook



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# R.E.A.C.H. Program

*Resources, Education  
and Caregiver Help*



**Support for You &  
Your Loved One  
When One  
Has Dementia**



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## WHAT R.E.A.C.H. OFFERS

### Included in Independent Living:

- Caregiver Support
- One-on-One Training
- Monthly Support Group
- Physical, Speech & Occupational Therapy Screening
- Asbury Place Activities
- STAY Nurses
- 7 Days Annually at a Higher Level of Care
- Emergency Call Pendant

### Available for a Fee:

- Adult Day Care 1/2 and Full Day
- Asbury At Your Service (AYS) (shopping, escorting to appointments, etc)
- Activities of Daily Living Support (bathing, dressing, grooming, etc)
- Psychiatrist on site who specializes in Dementia
- Onsite Physical, Speech and Occupational Therapy



## INDEPENDENT LIVING

Our spacious apartments and carriage homes offer the flexibility and comfort of independent living with the convenience of Asbury's on-site services and amenities.

## ASBURY PLACE

Asbury Place is a state of the art, stand-alone facility located on the Asbury Heights main campus. This community is environmentally and programmatically designed for individuals with memory impairment.

Our R.E.A.C.H. residents will have access to all Asbury Place activities as well as our Adult Day Care Program. Our monthly support group is also conducted in this award winning facility.

## ABOUT ASBURY HEIGHTS

Asbury Heights is a faith based, not-for-profit organization operated by United Methodist Services for the Aging.



For over a century, we have been providing high-quality and compassionate care for older adults on our 26 acre park-like campus in Mt. Lebanon.

For additional information or to schedule a personal tour, please contact Loretta Hoglund, Sales Manager, Independent Living at 412-571-5188



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