Scouting for Food
For People and Pets

The month of April not only marks the first full month of spring, it also marks the kick off of the 2019 Scouting for Food/Chow Wagon Campaign! The term “food insecurity” is a term used to describe the lack of access to enough food for an active, healthy life. Food insecurity is a problem that plagues many cities across the United States and that includes Pittsburgh.

Please join Asbury Heights, part of UPMC Senior Communities, the Greater Pittsburgh Food Bank and Animal Friends to do your part to help combat food insecurity. The campaign runs from April 1, 2019 through April 30. Here are ways you can help:

1) Bring you non-perishable, non-expired, unopened food items to any one of the following locations:
   - Asbury Heights Main Lobby
   - Mall
   - Building 5 Entrance
   - Asbury Place Entrance
   - Asbury Villas Entrance
   - The Embassy of Asbury Heights Regency Room

2) Make a monetary donation. Checks should be made payable to The Greater Pittsburgh Food Bank, Animal Friends or your food bank/shelter of choice.

3) Visit the Infonet to find out how to donate online, in person or how to get involved with volunteer opportunities. Monetary donations of $20 or more automatically enter you into raffle drawings that occur throughout the entire month of April.

For more information on how to be a part of breaking the 1.37 million units collected in 2018, contact John Komisary at 412-571-5133 or at komisaryjr@upmc.edu.

Pitt Pharmacy Students Give Back

Students from the University of Pittsburgh’s School of Pharmacy created these colorful sensory blankets for Nursing Center residents. These blankets consist of trinkets and various materials that can provide a stimulating activity for those living with sight impairments or dementia.
Asbury Honored at Power of Work Awards

Asbury received a Power of Work Award in the Help Category for its participation in Goodwill’s Community NOW! program. The program offers adults with disabilities active participation in their communities by providing opportunities individually tailored and aimed at increasing independence. Asbury has had an association with Goodwill for decades.

“When we started this venture years ago, the volunteers were only on site a few days a week. Since then, it’s evolved to 5 days a week,” says Teresa Valentino, Director of Volunteers. “Their days are full; assisting the residents of Asbury Heights by distributing mail in our mail room, sorting that mail, escorting residents to and from special events, and helping almost every department in some way or another.”

The award will be displayed in the Main Lobby.

Tobacco Cessation

Asbury is now a smoke and tobacco-free campus. UPMC recognizes the evidence that smoking, secondhand smoke, and the use of tobacco are health hazards; but UPMC is also committed to improving and protecting the health and well-being of those who work and live on campus.

Please refrain from leaving campus to smoke during your shift. The area at the end of the Asbury campus (McCully Street and Royce Drive) is being observed to discourage employees and contracted service staff from using this area.

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Remember, beginning July 1, anyone smoking during their shift or smoking anywhere inside or on the grounds will be subject to corrective action, up to and including termination. Smelling like smoke is also prohibited.

Baseball Bags
Thursday, April 25

Managers will be distributing Baseball Bags of goodies to employees throughout the day! Everyone is encouraged to wear black and gold attire or Pirates gear on this day.

A Service for Residents

UPMC Home Healthcare is therapy and skilled nursing services covered by insurance and provided in the comfort of a resident’s own apartment.

A representative from UPMC Home Healthcare will be on site Wednesday, April 24 between 10:00 AM and 1:00 PM in the Mall.

Please share this information with residents who may be interested in this service.
April Anniversaries

Zeke (Emil) Brenkus (6)               Raysa Periu (11)
Amber Dickerson (4)                  Jennifer Porol (7)
Eric Freiland (2)                    Suzanne Richardson (6)
Francis Gallo (5)                    John Schricker (4)
Brian Giza (6)                       Lydia Smith (2)
Kristina Hauge (9)                   Dana Turner (2)
Michael Huggins (10)                 Aleysha Williams (5)
Shataya Jones (1)                    Lisa Kelly (8)
Herman Niedermeyer (6)               Sherry Lenik (13)
Debra Nichols (7)                    Suzanne Richardson (6)
Teresita Mendoza (6)                 Francis Gallo (5)

Laura Ebel Honored With Dignity & Respect Award

Dignity and respect are crucial to building a workplace where everyone feels included, valued, and appreciated. Dignity & Respect Champions are employees who lead by the example and incorporate these values into their daily work.

Laura Ebel, Asbury Villas Administrator, was one of 18 recipients throughout the entire UPMC system to be recognized as a Dignity & Respect Champion this year. Laura was nominated by her co-workers for fostering an inclusive environment at Asbury Villas and volunteering as a Troop Leader for Girl Scouts of Southwestern Pennsylvania.

“I was taught early in my schooling that you should treat others as they want to be treated,” says Laura. “Being aware of our cultural differences and respecting those differences may not always be easy, but making yourself aware of those differences is a good first step.”

All UPMC employees were eligible for nomination. Candidates were to meet the following criteria:

- Demonstrate a commitment to serving their community, in addition to exemplifying dignity and respect in their everyday work at UPMC.
- Have proven engagement and commitment to community work through volunteerism, a community leadership role, or through other consistent participation in the community.
- Treat others the way they want to be treated by fostering an inclusive environment.

Nominations will be accepted for next year’s Dignity & Respect Champions later this year. Keep reading the Daily Extra for this and other opportunities.

New Employee Welcome

Paul Colberg
Balwant Dabas
Colleen Farrell
Susan Hennon
Jade Landon
Tori Martinez
Destiny Rae Morrow
Destiny Rood
Charlene Salvatore
Chelsea Nicole Slusarek

Parking & Marketing

Please be aware that marketing events are schedule on the following dates. Parking will be limited.

Tuesday, April 9
Tuesday, April 30

This may be inconvenient, but these events are crucial to introducing potential residents to Asbury and familiarizing them with our services.

Your cooperation is appreciated!
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**ASBURY HEIGHTS**
Part of UPMC Senior Communities
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412-341-1030

asburyheights.org