MySTEPP
Senior Communities Training Excellence Promotion Program

MySTEPP is a career advancement program for LPNs, Nursing Assistants, and Medication Technicians of UPMC Senior Communities. The program assists nursing staff to further develop their clinical expertise through the completion of specific requirements. Those who complete the program are eligible for salary adjustments.

The education required for MySTEPP is provided by the University of Pittsburgh Aging Institute and UPMC Senior Communities Clinical educators.

Take pride in your practice and become a UPMC Senior Communities Geriatric nurse or nursing assistant. Your enhanced education will also benefit the residents under your care. Contact your community’s administrator for more information.

Glorimar Beck (left) and Nadia Khettar attended the MySTEPP program held at Asbury on April 3.

The next MySTEPP session will take place the week of June 2 at Lighthouse Pointe Village. Contact your administrator or nursing director for more information.

Take a Healthy Step

By participating in Take a Healthy Step (TAHS) activities, you can earn a maximum deductible credit for next year (2020)! Remember, these are real dollar savings! Not completing required steps will cost you more in insurance in 2020.

Here’s how to access your TAHS status and browse from an array of activities worth various amounts toward the deductible credit:

Go to MyHub and select the Human Resources tab
Select My Benefits and click on MyHealth OnLine (Medical/Dental/FSA)
From here, a new window will open with MyHealth OnLine page
Click “Menu” at the top left, next to the logo and a side menu will open
Select “Better Health and Wellness” (with an apple icon)
Click on “Incentives with Take A Healthy Step” and browse!
Rebecca Gloff
Senior HR Consultant

Join us in welcoming Rebecca Gloff to Asbury! Rebecca worked in Human Resources in Kentucky and Indiana for Amazon and CVS Health prior to relocating back to Pittsburgh to join UPMC.

Rebecca is on site (Room 2300) Monday through Friday from 8:00 AM until 4:30 PM to assist with benefits, navigating payroll, and sharing career advancement opportunities.

Supply Chain
Order Supplies Ahead of Time

On May 1, Asbury Heights began using UPMC Supply Chain Management (SCM) modules and tools to buy items and services, pay suppliers, and replenish products.

As we begin to utilize UPMC Supply Chain, you are encouraged to request your necessary items well ahead of time as orders may take slightly longer to fill. Please plan accordingly so that residents can continue to receive the care they need.

Bake Sale
Hosted by Christ United Methodist Church.

Friday, May 17
10:30 AM
Mall
Proceeds support Asbury’s benevolent care fund.

Employee Survey
May 13 - May 31
via MyHub

Look for more information on how we’ll celebrate hearing your voice!

Meet Susan!
Asbury’s New Receptionist

Please welcome our new Receptionist, Susan Kuruce-Clutter. Susan will be at the main reception desk, Monday through Friday, from 8:30 AM until 5:00 PM. She’ll usually take a lunch break at 1:30 PM. When she’s away from her desk, the switchboard will be forwarded to Security.

Asbury is a complex organization and we appreciate your patience as Susan becomes familiar with our levels of care, buildings, residents, staff, and every other aspect of Asbury.

We are glad that UPMC has brought this position back to Asbury, and are looking forward to having Susan as the voice and face of Asbury Heights.

Tobacco Cessation

UPMC is committed to improving and protecting the health and well-being of those who work and live on campus. Therefore, Asbury is now a smoke- and tobacco-free campus.

There are various tobacco cessation resources available to you. These include MyHealth Ready to Quit (with the assistance of a health coach), MyHealth OnLine Tobacco Cessation Lifestyle Improvement Program, Pharmacotherapy Copay Waiver (for nicotine replacement therapy), and LifeSolutions.

Remember, beginning July 1, anyone smoking during their shift or smoking anywhere inside or on the grounds will be subject to corrective action, up to and including termination. Smelling like smoke is also prohibited.
This Month’s Anniversaries

This month’s employment anniversaries are listed within the calendar on the last page. Now you will know when it’s someone’s anniversary as well as how many years they’ve achieved!

New Employee Welcome

Rumi Bumbera - Staff Nurse
Barbara Ford - Staff Nurse
Keshav Ghimire - CNA
Andrea Grooms - LPN
Melany Hornyak - Concierge
Bridget Kirkwood - CNA
Robert Knapp II - Electrician
Susan Kuruce-Clutter - Receptionist
Dana Linger - CNA
Laquita Mollett - CNA
Anthony Morgan - Admissions Coordinator
Kristin Ogden - Med Tech
Madison Polk - Nursing Assistant
Anastashia Rattliff - CNA
Byron Stewart - Nursing Assistant
Swathi Tata - Nursing Assistant
Sumitra Tepwererapong - Staff Nurse
Nicole Thomas-Williams - CNA
Nicole Wenturine - Nursing Assistant

Parking & Marketing

Please be aware that marketing events are schedule on the following dates. Parking will be limited.

Tuesday, May 7
Tuesday, May 21

This may be inconvenient, but these events are crucial to introducing potential residents to Asbury and familiarizing them with our services.

Employee Service Award Honorees

The following honorees were recognized for their service milestones during a luncheon on April 23.

Congratulations on your achievements and thank you for years of dedicated service to older adults.

5 Years
Michelle Benner
Emil Brenkus
Roger Davis Jr.
Kathleen Dewitt
Moira Dwyer
Brian Giza
Joylene Hill
Joseph Lettierio
James Mayhugh
Teresita Mendoza
Herman Niedermeyer
Thomas Patter
Michael Reed
Suzanne Richardson
Jennifer Steele
Diana Uzar

10 Years
Tim Bannon
Jack Bolton
Eleanore Freeman-Ward
Dee Kulak
Raysa Periu

20 Years
Heather Dietz
Paula Folino
Jean Lee

25 Years
Sue Poland
Kathleen Symsek
Mark Tkach
Dorothy Tucker

45 Years
Cindy Bruno

We will recognize the 2019 honorees in January 2020.

As employee achieve 5-year service milestones, they receive a gift sent to their house. Employees celebrating 10 years or more will have the opportunity to select a gift from a catalog.

Your cooperation is appreciated!
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**ASBURY HEIGHTS**
Part of UPMC Senior Communities
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412-341-1030

asburyheights.org