


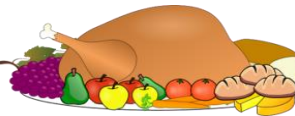


November Spring Lane

HC- Hickman Chapel
BC- Baum Chapel
SR- Social Room
P- Pantry
R- Ramp
DR- Dining Room
M-Mall

ALL PROGRAMS ARE SUBJECT TO THE CHANGING NEEDS OF OUR RESIDENTS.

Activities Staff: Jaime, Andrea & Matt.
Office Location: 1405
Extension: 5174

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:00- Deacon Chuck-BC 11:00- Senior Fit 2:45 Brian Mahon Sings-5DR 4:00-Musical Pictionary	2 10:00 BINGO 11:15 Daily Exercise 2:45 Snack & Chat-6DR 3:45 Musical Kick Ball-6Ramp	3 10:45 Family Feud 11:15 Senior Fit 1:30 Balloon Volleyball -6FL 3:30 Black Jack -5FL P
4 11:00- Morning Meet Up 2:30- Worship- HC/Ch 957 4:00- Afternoon Exercise	5 10:00 Move & Groove 11:00 Wake Up Trivia! 2:30 BINGO 4:00 You Be The Judge	6 10:00-Morning Meet Up 11:00- Senior Fit 12:00- Lunch @ Grand Concourse 1:30 1:1 Visits with Matt 4:00-Sing until Supper	7 10:00 Wake, Rattle & Roll 11:00 Word Games 1:45-Eucharistic Service-HC 3:45- Resident Council 6:30- Wednesday Night BINGO	8 10:00- Deacon Chuck-BC 11:00- Senior Fit 2:00-Uno 3:45-Word Games	9 10:00 BINGO 2:00- Coffee & Chat 3:45 Sing & Stretch	10 9:45- Morning Meet Up-6FL 11:00-Senior Fit 1:30-Arts & Crafts -6FL 3:00-Arts & Crafts-5FL
11 11:00- Morning Meet Up 2:30- Worship- HC/Ch 957	12 10:00 BINGO 1:45-Catholic Mass- Service-HC 3:30 Manicures & Hand Massages	13 10:00-Morning Meet Up 11:00- Senior Fit 2:00 Lisa Powell's Veterans Day Show 4:00-Old Time Radio	14 10:00 Wake, Rattle & Roll 11:00 Word Games 2:00 Getting to Know You 3:45- Afternoon Stretch & Trivia 6:30- Wednesday Night BINGO	15 10:00- Deacon Chuck-BC 11:00- Senior Fit 2:00- Art with Janet Huddleston 3:30- Happy Hour	16 10:00 ABC KIDS Visit 2:00 BINGO 4:00 A to Z Trivia 7:00 New Vintage Big Band- SR	17 10:45 Buzzwords 11:15 Senior Fit 2:00 Music w/ Tom Cardamone-SR
18 11:00- Morning Meet Up 2:30- Worship- HC/Ch 957 4:00- Afternoon Exercise	19 10:00 Watercolor Art 11:00 Morning Stretch 2:30 BINGO 4:00 Afternoon Trivia	20 10:00-Morning Meet Up 11:00- Senior Fit 12:00- Lunch @ BJ's Restaurant & Brew House 3:45-Target Toss	21 10:00 BINGO 1:45-Eucharistic Service-HC 3:45 Dominoes ⊗ NO Wednesday Night Bingo 6:45 East End Kids Dance Ensemble	22 THANKSGIVING DAY 10:00- Deacon Chuck-BC  No Afternoon Activities	23 10:00 Move & Groove 11:00 Pictionary 2:00 BINGO 4:00 Manicures & Massages	24 9:45- Morning Meet Up-6 FL 11:00- Lunch @ Carbonara 11:15-Senior Fit 1:30 -Watercolor--6FL 3:00- Uno-5FL
25 11:00- Morning Meet Up 2:30- Worship- HC/Ch 957 4:00- Afternoon Exercise	26 10:00 Morning Exercise & Fun Facts 11:00 Thanksgiving Scramblers 2:00 BINGO 345 Who wants To Be A Millionaire? 7:00 The Ringold Band-SR	27 10:00-Morning Meet Up 11:00- Senior Fit 2:00- Baking w/ Andrea 4:00- 3 Pin Bowling	28 10:00- Wake, Rattle & Roll 11:00- Word Games 1:45-Eucharistic Service-HC 3:45- BINGO 6:45- The Harmony Singers -SR	29 10:00- Deacon Chuck-BC 11:00- Senior Fit 2:30- Birthday Party 3:00 -Nail Care	30 10:00 Noodle Stretch 11:00 Outburst 2:00 BINGO 4:00 Dominoes	