

The Asbury News

News and Information for the Residents of Asbury Heights

Major Renovations Coming Soon!

Major renovations to Asbury's campus will be announced soon. In the meantime, here are some improvements that have occurred or will occur due to Asbury's affiliation with UPMC Senior Communities.

Move-in Ready Apartments of Vacant Units

Family Rest Room in Mall

The permit has been approved by Mt. Lebanon municipality. Construction should be completed soon.

Upgrades to Asbury Place

Crews are removing wallpaper and applying a fresh coat of paint. The facility will also receive new furniture, new carpet and flooring.



Asbury
HEIGHTS

Part of UPMC Senior Communities

Spring Craft Show & Sale

Tuesday, May 10

Since January, the Independent Living Residents have been devoting their time and talents to create a variety of art work, crafts and beauty care products. Their work will be on display and for sale during this year's Spring Craft Show & Sale on **Tuesday, May 10** from 12:00 PM until 4:30 PM in the Social Room.

Shoppers can expect to find hand-painted wine glasses, dish scrubbies, paintings, potted herbs, cat toys, gourmet dog biscuits and more surprises.

This year's event will also include a card-making demonstration from former Asbury employee Linda Atkins.



Invite your friends and family, too!

Upcoming Presentations

Better Business Bureau
Identity Theft
with Caitlin Driscoll

Friday, April 20

11:00 AM

Sunset Dining Room



Did you know that identity theft is the fastest growing white-collar crime in the United States today?

Attend this BBB presentation to learn about the red flags of identity theft.

Ways to Promote
Healthy Brain Aging
with Dr. Brian Hanrahan

Friday, June 15

11:00 am

Sunset Dining Room

Join Dr. Brian Hanrahan, Neurology Chief Resident of UPMC Presbyterian Hospital, for a discussion on healthy brain aging.

Spiritual Corner

Bible Studies for April

Dr. Harvey is leading a weekly Bible study on Thursdays at 1:00 P.M. in Hickman Chapel. The Gospel of St. John is being studied. There is also a Bible Study at the Embassy, on Wednesdays, The Gospel of St. John is being studied.

Rev. Charles Smith leads a Bible Study each Tuesday night at 7 p.m. in Baum Chapel. St. Luke is being studied.

Prayer and Praise led by Rev. Smith and Rev. William Shaw meets each Thursday night at 7:00 PM in Baum Chapel.

Roman Catholic Services

Mass will be celebrated on Wednesday, May 9, 2018 at 1:45 PM. Eucharistic Services are held on all other Wednesdays at 1:45 PM in Hickman Chapel.

The Service of Remembrance in honor of all those who have died as residents of Asbury between November 1, 2017 and April 30, 2018 will be held in Hickman Memorial Chapel on Sunday, May 6, at 2:30 PM with Rev. Fr. David J. Bonnar of St. Bernard Parish preaching. A reception will follow. All are welcome to attend.

Volunteers Needed

Apply today to volunteer in the Post Office or the front desks in the Main Lobby or Asbruy Villas.

Contact Teresa at 412-571-5190 for more information.



Pinewood Derby All Men Invited

Calling all men! Join us **Saturday, April 21** at 11:00 am in the Social Room for this special event. Watch as the Mt. Lebanon Cub-Scouts race their wooden cars to the finish.

Get there 15 minutes early (10:45 AM) for a pre-race meet and greet. Lunch will be provided.

Contact Jason Anthony, Activity Lead, at 412-571-5194 to learn more.

Earth Day Celebrations

Earth Day gives us a chance to celebrate what we all have in common - this world!
Here is how Asbury residents are celebrating:

Asbury Villas

Sunday, April 22 at 2:30 PM
Residents will make “plastic bottle fairy houses” using recycled water bottles.

Spring Lane

Friday, April 20 at 3:45 PM
Earth Day Craft

Redwood

Monday, April 23
Residents will plant flower seeds in a window box. See calendar for time and details.



Embassy Reaching New Heights

The Regency Room at The Embassy of Asbury Heights (an apartment building on Beverly Road with 34 luxury apartments) is receiving a few upgrades. The room is currently being fitted for new cabinets and granite counter tops that will be used for the continental breakfasts.

Several vacant Embassy apartments are also being renovated to receive the standards of UPMC Senior Communities. They will be move-in ready which eliminates the need for the new resident to wait for the apartment to be renovated.

Resident Council Meetings

Asbury Villas Community Meeting
Tuesday, April 24 at 2:00 PM

Independent Residents
Monday, May 21 at 1:30 PM
Hickman Chapel

Nursing & Rehabilitation Center
Monday, May 21 at 2:00 PM
Evergreen Solarium

Spring Lane & Laurel Lane
Wednesday, May 2 at 3:45 PM
5th Floor Dining Room

Asbury Place
Monday, May 21 at 10:00 AM

The Embassy of Asbury Heights
Monday, May 21 at 4:00 PM
Regency Room

Community Connections UPMC SENIOR COMMUNITIES
Spring/Summer 2018
UPMC Senior Communities
www.upmc.com/seniorcommunities
or call 1-800-233-2323

New Issue!

The Spring/Summer issue of UPMC Senior Communities' *Community Connections* newsletter is now available - and features a three-page article about Asbury! Look for it around campus!

Resident Satisfaction
is the Key to Success at UPMC Senior Communities

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Part of UPMC Senior Communities

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Family Day

Sunday, June 24
12:30 - 3:30 PM
Campus-wide

