

# The Asbury News

News and Information for the Residents of Asbury Heights

## Call the CAR - Chauffeur At Request

Independent Living residents can now request a quick ride through Asbury's new Chauffeur At Request (CAR) program! Residents ride for free through July 13.

Feedback regarding destinations, times, number of trips, number of declined trips, resident satisfaction, etc. will be provided by the chauffeurs and the transportation scheduler. This info will be used to develop a policy for the CAR. After this trial month, IL residents may continue to use the CAR program for a flat rate of \$2.50/trip (a drop off is a trip and a pick up is a separate trip).



Call the CAR when you need a ride! This brand new 2018 Ford Edge, Titanium is ideal for short, same-day trips.

### Free Rides

Trips throughout the campus (such as to and from the Carriage Homes and main entrance) and between The Embassy and Bower Hill campus are also free.

Here's how it works:

1. Call 412-571-5161
2. Request your same-day ride between 9:00 AM and 5:00 PM (temporary hours)\*
3. For transportation on future dates, please use the van scheduling service.

Destinations should be nearby; up to approximately a 5-mile radius of the Asbury campus.

\*Please be aware that this is a first request service. Therefore, all trips may not be accommodated.



Part of UPMC Senior Communities

# Surf's Up!

## Family Day 2018

Sunday, June 24

12:00 - 3:00 PM



L-R: Rohma Kropf, Roselyn Sommer, Geraldine Titchworth, Wilda Dietz, Sophia Farah

Hang ten with us during this beach-themed Family Day! This campus-wide celebration will feature a live band and a variety of fun summer foods.

There will also be free caricature drawings, balloon animals, face painting and a petting zoo. No need to RSVP. Simply show up and spend the afternoon with your loved ones!

Family Day is our annual picnic for residents, employees and their families. All food and activities are free!

This year's menu includes:  
*Good Vibrations* Hamburgers  
*I Get Around* Hot Dogs  
*Kokomo* Fried Chicken  
*Fun Fun Fun* French Fries

There will also be a variety of beverages and desserts including funnel cakes, ice pops and cookies.

## Asbury Hearts Winner

Congratulations to **Jay McMahon** (Cura)! His name was randomly selected from all **93 Asbury Hearts received** during the month of May. He earned his Heart by "going above and beyond!"

Jay received a \$5 voucher to Golding's Café.



Asbury Hearts is a program created and developed by the CORE Team.

# Drew Harvey, Chaplain, Retires

During the worship service on June 3, Rev. Drew Harvey announced his plans to retire. He has been part of the Asbury family for the past nine years as the Chaplain and Director of Pastoral Services.

“I have had the rare honor to come to know hundreds of residents, their family members, staff, volunteers and many others whose faith, whose Christ-like love, and whose friendship have come to mean so very much to me and to Kay, my very supportive wife,” he said during the service.



Rev. Harvey will conclude his ministry at Asbury on June 30. Please join us on Wednesday, June 20 at 1:45 PM in the Hickman Chapel for a Service conducted by Fr. David Bonner of St. Bernard Church, and other guests, to honor the retirement of Rev. Harvey. Following this Service, there will be a reception in the Mall. Everyone is invited to the Service and the reception.

# Transitional Rehab Unit Coming to Asbury

As part of Asbury’s affiliation with UPMC Senior Communities, renovations will begin to transform the Evergreen Community (Building 6, Level 4) into a Transitional Rehab Unit (TRU) - the first of its kind in the south hills.

A TRU provides short-stay rehabilitation designed to meet the needs of patients being discharged from the hospital who are not ready to return home. The TRU provides more intense, expedited rehabilitation services compared to our short-term rehab area.

Because of its intensity, participants must be pre-qualified to take part. Board-certified physicians and specialty-trained therapists will work together to help patients recover from surgery, accidents, and illnesses.

The program’s focus will be to provide a quick, effective turnaround for rehab services (a maximum of 30 days, but under two weeks is most common) so that participants can return to their homes and not need additional services for the same condition.

UPMC Senior Communities and the UPMC Rehabilitation Institute recognize the potential of Asbury’s size and location and decided to include a TRU on campus. Those staying in the TRU will enjoy a private room with their own bathroom.

# Tickets Now on Sale!

Asbury is excited to participate in the Celebrating Senior Champions Raffle presented by UPMC Senior Communities, which also benefits Asbury's benevolent care program.

There are 30 baskets up for grabs! And they are packed with great items such as gift cards, cash, electronics, handbags and more. For more details on each basket, stop by the Mall to view the Raffle Basket Booklet or see the baskets on display in the Lobby during Family Day.



The Raffle Basket Poster and Booklet are now in the Mall.

Ticket Prices are:

- 5 for \$5
- 20 for \$10
- 50 for \$20

**If you can't purchase tickets on Family Day, contact Courtney Kartman at 412-571-5106.**

Winning tickets will be drawn on Thursday, October 18 during the Celebrating Senior Champions Dinner and Auction.

**Winners do not have to be present to win.**

## The Easiest Gift You Can Make

A gift to Asbury Heights in your will enables you to support our mission and make a difference in the lives of future generations.

This type of gift is simple to arrange, will not alter your current lifestyle in any way and can be modified to address your changing needs.

Your gift will be earmarked to remain at Asbury.

If you would like to learn more on how you can create a legacy by making a gift to Asbury through your will, please contact Asbury Foundation at 412-571-5106.

## Resident Council Meetings

Asbury Villas Community Meeting  
Tuesday, June 26 at 2:00 PM

Independent Residents  
Monday, July 16 at 1:30 PM  
Hickman Chapel

Nursing & Rehabilitation Center  
Monday, July 16 at 2:00 PM  
Evergreen Solarium

Spring Lane & Laurel Lane  
Thursday, July 5 at 3:45 PM  
5<sup>th</sup> Floor Dining Room

Asbury Place  
Monday, June 18 at 10:00 AM

The Embassy of Asbury Heights  
Monday, July 16 at 4:00 PM  
Regency Room

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