

# The Asbury News

News and Information for the Residents of Asbury Heights

## New to Asbury

The much-anticipated family rest room in the Mall is scheduled for completion on Friday, June 8 - just in time for Family Day!

While the family rest room project comes to an end, another exciting project is set to begin. Over the next few months, Building 6, Level 2 will be renovated to accommodate a half dozen private, inpatient hospice rooms. This will be part of the collaboration among UPMC Senior Communities, UPMC Palliative & Support Institute and Family Hospice & Palliative Care.

The area is currently home to several Independent Living residents. A team of Asbury staff is helping these residents choose new apartments on campus and assisting them with the moving process.

This new addition to the campus enhances our continuum of care because those in need of hospice services will no longer be limited to our Nursing Center for on-site hospice services. The goal is to have this new area available for patients beginning early in 2019.

Campus-wide improvements and projects are occurring with Asbury's affiliation with UPMC Senior Communities. Keep reading *The Asbury News* for the latest renovation plans.



Hospice services will be available in Building 6, Level 2 beginning in January 2019.

## Family Day

Sunday, June 24

12:00 - 3:00 PM

Campus-wide

Residents are encouraged to invite friends and family to this annual event filled with food, family, friends and fun! Look for more information soon.

**Asbury**  
**HEIGHTS**

Part of UPMC Senior Communities

# Volunteer Hours

All volunteers, including residents, are asked to provide the number of hours that they offer their services. Not-for-profit organizations like Asbury must annually demonstrate their community benefit in order to retain their tax-exempt status.

When residents knit or craft for a cause, this time is recorded as a volunteer service. When residents help in the Post Office or read to other residents, this provides a community service to Asbury.

So please log your time by the 5<sup>th</sup> of the month for the preceding month's volunteer hours.

Contact Teresa Valentino at 412-571-5190 if you have questions.



## Ways to Promote Healthy Brain Aging with Dr. Brian Hanrahan

**Friday, June 15**

11:00 am

Sunset Dining Room

Join Dr. Brian Hanrahan, Neurology Chief Resident of UPMC Presbyterian Hospital, for a discussion on healthy brain aging.

# Tickets Now on Sale!

## Celebrating Senior Champions Raffle

Asbury is excited to participate in the Celebrating Senior Champions Raffle presented by UPMC Senior Communities, which also benefits Asbury's benevolent care program.

There are 30 baskets up for grabs! And they are packed with great items such as gift cards, cash, electronics, handbags and more. For more details on each basket, stop by the Mall to view the Raffle Basket Booklet.

Ticket Prices are:

5 for \$5

20 for \$10

50 for \$20

**If you would like to purchase tickets contact Courtney Kartman at 412-571-5106.**

Winning tickets will be drawn on Thursday, October 18 during the Celebrating Senior Champions Dinner and Auction.

**Winners do not have to be present to win.**



The Raffle Basket Poster and Booklet are now in the Mall.

# Spiritual Corner

## Deacon Chuck and Fr. Bonnar to Remain

Bishop David Zubik of the Pittsburgh Diocese has announced that Deacon Chuck Vukotich will remain assigned to Asbury Heights, and that Rev. Fr. David J. Bonnar and Rev. Fr. Benjamin Barr will be assigned to the newly formed parish comprised of St. Bernard Church and Our Lady of Grace Church. Fr. Bonnar will be the Administrator of the newly formed parish effective Fall of 2018.

## Sunday Worship in May and June

Asbury Villas, 10:00 AM

Hickman Memorial Chapel, 11:00 AM

## Bible Studies for May and June

Dr. Harvey is leading a weekly Bible study on Wednesdays at 10:30 AM at the Embassy, and Thursdays at 1:00 PM except on June 7 in Hickman Chapel on The Gospel of St. John. Rev. Charles Smith will lead a Bible Study on Tuesday nights at 7:00 PM on St. Luke.

**Prayer and Praise** on Thursdays at 7:00 PM in Baum Chapel, led by Rev. Smith and Rev. William Shaw.

## Roman Catholic Services

Mass will be celebrated in the Hickman Chapel on Wednesday, June 13 at 1:45 PM Eucharistic services will be available in the Hickman Chapel at 1:45 PM on:

Wednesday, June 6

Wednesday, June 20

Wednesday, June 27

**Please note change in date for mass!**



## Spring Craft Show & Sale

Residents hosted this year's Spring Craft Show & Sale during the afternoon of May 10. This was a chance for residents to display some of their work.



The event raised \$832.00 for Asbury's benevolent care fund. Thank you to all who helped make this event a success.

## Embassy Artists

A mixed-media piece featuring the Keystone State is on display at The Embassy of Asbury Heights. The concept was created by residents Joan Rogers and Frank Wadsworth late last year. The artists encourage you to visit and see the details up close. The photo below was taken during an artists' talk for the Embassy residents.







## Asbury Collects Food for People and Pets

The Scouting For Food campaign was started by the Boy Scouts of America in 1985. For over 10 years, UPMC has joined forces with the Boy Scouts to collect food items as well as monetary donations to benefit local food banks.

Thanks to the donations of residents, families and staff, Asbury collected 1,120 units of food for people and pets to combat food insecurity - a term used to describe the lack of access to enough food for an active, healthy life.

One of the guiding principles of the Boy Scouts of America is “doing a good turn daily.” Thank you to everyone who participated!

## Resident Council Meetings

Asbury Villas Community Meeting  
Tuesday, May 29 at 2:00 PM

Independent Residents  
Monday, May 21 at 1:30 PM  
Hickman Chapel

Nursing & Rehabilitation Center  
Monday, May 21 at 2:00 PM  
Evergreen Solarium

Spring Lane & Laurel Lane  
Wednesday, June 6 at 3:45 PM  
5<sup>th</sup> Floor Dining Room

Asbury Place  
Monday, May 21 at 10:00 AM

The Embassy of Asbury Heights  
Monday, May 21 at 4:00 PM  
Regency Room

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**Community Connections**  
UPMC SENIOR COMMUNITIES  
Spring/Summer 2018  
Visit us at UPMC Senior Communities  
www.upmc.com/senior

# New Issue!





The Spring/Summer issue of UPMC Senior Communities' *Community Connections* newsletter is now available - and features a three-page article about Asbury! Look for it around campus!

**Resident Satisfaction**  
is the Key to Success at UPMC Senior Communities



Part of UPMC Senior Communities

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