

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast						
Orange Juice Hot Oatmeal Light Brown Sugar Scrambled Eggs with Cheese Blueberry Muffin 2% Milk Coffee Creamer Sugar Packet Mrs. Dash Packet Pepper Packet Sausage Patty	Orange Juice Hot Oatmeal Light Brown Sugar French Toast Syrup Bacon 2% Milk Coffee Creamer Sugar Packet Mrs. Dash Packet Pepper Packet Diced Peaches	Orange Juice Hot Oatmeal Light Brown Sugar Banana Cheese Omelet Sausage Patty Buttered Wheat Toast Jelly 2% Milk Coffee Sugar Packet Creamer Mrs. Dash Packet Pepper Packet	Orange Juice Hot Oatmeal Light Brown Sugar Scrambled Eggs Buttered Wheat Toast Butter and Assorted Jelly Breakfast Ham 2% Milk Coffee Creamer Sugar Packet Mrs. Dash Packet Pepper Packet	Butter and Assorted Jelly Orange Juice Hot Oatmeal Light Brown Sugar Scrambled Eggs Bacon Buttered Wheat Toast 2% Milk Coffee Creamer Sugar Packet Mrs. Dash Packet Pepper Packet	Orange Juice Hot Oatmeal Light Brown Sugar Pancakes Syrup Bacon 2% Milk Coffee Creamer Sugar Packet Mrs. Dash Packet Pepper Packet	Orange Juice Hot Oatmeal Light Brown Sugar Scrambled Eggs Oven Roasted Potatoes Sausage Patty 2% Milk Coffee Creamer Sugar Packet Mrs. Dash Packet Pepper Packet
Diced Pears Assorted Cold Cereal Pancakes Syrup	Assorted Cold Cereal Breakfast Casserole Buttered Wheat Toast Jelly	Strawberry Yogurt Parfait Assorted Cold Cereal	Diced Pears Assorted Cold Cereal Waffle Syrup	Diced Peaches Assorted Cold Cereal Biscuit & Sausage Gravy	Assorted Cold Cereal Cheese Omelet Banana	Assorted Cold Cereal Peach Yogurt Parfait
Lunch						
Rosemary Grilled Salmon BW Wild Rice Baby Lima Beans Fruit Cocktail 2% Milk Mrs. Dash Packet Pepper Packet	Shrimp Bisque Hot Roast Beef Sandwich Mashed Idaho Potatoes Escalloped Apples 2% Milk Mrs. Dash Packet Pepper Packet	Cauliflower and Cheese Soup BBQ Pulled Pork Sandwich French Fries Three Bean Salad Orange Gelatin 2% Milk Pepper Packet Mrs. Dash Packet	Beef Barley Soup Seafood Salad Croissant Coleslaw Peanut Butter Parfait Mousse 2% Milk Pepper Packet Mrs. Dash Packet	Butternut Squash Soup Chicken Salad Sandwich Tomato Cucumber Salad BW Sugar Cookies 2% Milk Mrs. Dash Packet Pepper Packet	New England Clam Chowder Baked Fish Tartar Sauce Roasted Potato Wedges Creamed Corn Brownie with Caramel 2% Milk Mrs. Dash Packet Pepper Packet	Lentil Soup Hot Turkey Sandwich Turkey Gravy Mashed Idaho Potatoes Green Beans Autumn Fruit Salad 2% Milk Mrs. Dash Packet Pepper Packet
Pork Tenderloin with Apple Chutney	Cobb Salad Ranch Dressing	Chicken Tenders Honey Mustard	Grilled Ham and Cheese	BLT on White Mayonnaise Packet	Grilled Chicken Salad Ranch Dressing	Cheeseburger Ketchup and Mustard Packet
Dinner						
Cream of Tomato Soup Grilled Cheese on White Tater Tots Ketchup Packet Coleslaw Chocolate Pudding w/Topping 2% Milk Pepper Packet Mrs. Dash Packet	Baked Chicken Parmesan Marinara Sauce Green Beans Tiramisu 2% Milk Pepper Packet Mrs. Dash Packet Cavatappi Pasta	Glazed Baked Ham Sweet Potato Steamed Broccoli Caramel Cheesecake Mousse 2% Milk Pepper Packet Mrs. Dash Packet	Beef Teriyaki Wild Rice Green Peas Angel Food Cake 2% Milk Mrs. Dash Packet Pepper Packet	Chicken Alfredo Penne Breadstick Butter Asparagus Tips Butterscotch Pudding 2% Milk Pepper Packet Mrs. Dash Packet	Chicken Piccata BW Sliced Parslied Potatoes Steamed Spinach Apple Crisp 2% Milk Mrs. Dash Packet Pepper Packet	Grilled Hot Dog Tater Tots Ketchup and Mustard Packet Steamed Broccoli Cookies & Cream Pie 2% Milk Pepper Packet Mrs. Dash Packet

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Dinner						
Tuna Salad Sandwich	Swedish Meatballs	Pierogies with Onions and Butter	Chicken Marsala	Strata Vegetable BW	Fried Shrimp Cocktail Sauce	Stuffed Shells Marinara