

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast						
Orange Juice Hot Oatmeal Light Brown Sugar Scrambled Eggs with Cheese Blueberry Muffin 2% Milk Coffee Creamer Sugar Packet Mrs. Dash Packet Pepper Packet Sausage Patty	Orange Juice Hot Oatmeal Light Brown Sugar French Toast Syrup Bacon Diced Peaches 2% Milk Coffee Creamer Sugar Packet Mrs. Dash Packet Pepper Packet	Orange Juice Hot Oatmeal Light Brown Sugar Cheese Omelet Sausage Patty Buttered Wheat Toast Breakfast Ham 2% Milk Coffee Creamer Sugar Packet Mrs. Dash Packet Pepper Packet	Orange Juice Hot Oatmeal Light Brown Sugar Scrambled Eggs Buttered Wheat Toast Breakfast Ham 2% Milk Coffee Creamer Sugar Packet Pepper Packet Mrs. Dash Packet	Orange Juice Hot Oatmeal Light Brown Sugar Scrambled Eggs Bacon Buttered Wheat Toast Butter and Assorted Jelly 2% Milk Coffee Creamer Sugar Packet Mrs. Dash Packet Pepper Packet	Orange Juice Hot Oatmeal Light Brown Sugar Pancakes Syrup Bacon 2% Milk Coffee Creamer Sugar Packet Mrs. Dash Packet Pepper Packet	Orange Juice Hot Oatmeal Light Brown Sugar Scrambled Eggs Oven Roasted Potatoes Sausage Patty 2% Milk Coffee Creamer Sugar Packet Pepper Packet Mrs. Dash Packet
Diced Pears Assorted Cold Cereal Pancakes Syrup	Assorted Cold Cereal Breakfast Casserole Buttered Wheat Toast	Banana Strawberry Yogurt Parfait Assorted Cold Cereal	Diced Pears Assorted Cold Cereal Waffle Syrup	Diced Peaches Assorted Cold Cereal Biscuit & Sausage Gravy	Assorted Cold Cereal Cheese Omelet Banana	Assorted Cold Cereal Peach Yogurt Parfait
Lunch						
Meat Lasagna Marinara Sauce Mixed Vegetables Cherry Pie 2% Milk Mrs. Dash Packet Pepper Packet	Cream of Spinach Soup Grilled Bratwurst on Bun French Fries Ketchup Packet Steamed Broccoli Fruit Cocktail 2% Milk Pepper Packet Mrs. Dash Packet	Chicken Noodle Soup Macaroni and Cheese Stewed Tomatoes Strawberry Swirl Cheesecake Bar 2% Milk Mrs. Dash Packet Pepper Packet	Potato Chowder Cheeseburger Ketchup and Mustard Packet Macaroni Salad Diced Peaches 2% Milk Mrs. Dash Packet Pepper Packet	Chicken Tuscan Soup Turkey & Swiss Sandwich Salad Potato Cherry Gelatin 2% Milk Mrs. Dash Packet Pepper Packet	Italian Bean & Farro Soup Breaded Fish Sandwich Tartar Sauce Coleslaw Chilled Apricot Halves 2% Milk Mrs. Dash Packet Pepper Packet	Cream of Tomato Soup Sandwich Ham Salad Marinated Cucumbers Chocolate Chip Cookie 2% Milk Mrs. Dash Packet Pepper Packet
Baked Scallops Roasted Red Skin Potatoes	Classic Grilled Chicken Sandwich	Turkey Salad Sandwich Homemade Potato Chips	Grilled Hot Dog Ketchup and Mustard Packet	Roast Beef and Cheddar Sub Sandwich	Pasta Rotini w/Roasted Vegetables	Grilled Cheese on White
Dinner						
Minestrone Soup Saltine Crackers Turkey Burger Tater Tots Tossed Salad Salad Dressing of Choice Cinnamon Applesauce 2% Milk Pepper Packet Mrs. Dash Packet	Fried Catfish Tartar Sauce Cheese Grits Collard Greens Chocolate Ice Cream Cup 2% Milk Mrs. Dash Packet Pepper Packet	Baked Meatloaf Brown Gravy Mashed Idaho Potatoes Succotash Lime and Pear Gelatin 2% Milk Pepper Packet Mrs. Dash Packet	Chicken Pot Pie Green Beans Pumpkin Pie 2% Milk Mrs. Dash Packet Pepper Packet	Roast Tenderloin w Mushroom Gravy Garlic Mashed Potatoes Green Peas Sherbet 2% Milk Pepper Packet Mrs. Dash Packet	Paprika Chicken Wild Rice Baby Carrots Black Forest Cake 2% Milk Pepper Packet Mrs. Dash Packet	Roast Pork Loin Sweet Potato Casserole Steamed Broccoli Ambrosia 2% Milk Pepper Packet Mrs. Dash Packet

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Italian Tuna Sandwich BW	Glazed Baked Ham	Vegetable Quiche	Salmon Fillet BW	Pork Chop with Gravy	Cheese Pizza	Veal Cutlet Piccata