Community Connections

Spring/Summer 2019

Visit us at UPMCSeniorCommunities.com, or call 1-800-324-5523



Letter from the President

Dear Friends:

UPMC Senior Communities is now well into 2019, and I am happy to report that we are continuing the successes of 2018 and adding more to the list! I hope you enjoy the 2019 spring edition of Community Connections and the great stories featuring the wonderful residents who call UPMC Senior Communities home. More than 2,900 daily to be exact!

In this edition you will learn about the special robotics program at Sherwood Oaks, part of UPMC Senior Communities, a joint effort with students at North Catholic High School. Partnering with community organizations offers our resident's opportunities to stay engaged beyond the campuses where they live. And don't miss the article highlighting the many outreach efforts our seniors engage in on many campuses to give back to those less fortunate. Our residents have so much to offer.

The special feature article about our oldest resident and mother, Elvira Durbeck, brings to light the longevity that abounds throughout UPMC Senior Communities. Remaining active after age 100 is becoming more of the norm than we ever imagined possible! And Vira, as she is known at her Seneca Manor home, will amaze you with her grace and fortitude.

Don't miss information about the many activities taking place at all the UPMC Senior Communities locations. many of which are open to the public. The 2019 Legacy

Lineup schedule is full of wonderful performances and free movies and seminars. Take advantage of the variety of happenings. It's a great way to get to know us and what we have to offer. We would love to meet vou!

And as always, thank you for your donations to the UPMC Senior Communities Benevolent Care Fund. Your generosity has helped so many of our independent, personal care, and assisted living residents remain in their homes, offsetting expenses that they can no longer afford. Your support is invaluable.

Sincerely,

March D. Band.

President, UPMC Senior Communities



In this issue:

Again

Together

Resident Outreach Celebrating Senior

Champions

P. 10 Celebrating Centenarians

Toasting a Milestone **Anniversary**

P. 11

P. 18 Your Gift

P. 19 Our Champions

Robotics Demonstration at Sherwood Oaks



Students from the award-winning North Catholic High School Robotics Team provided a demonstration to the delight of Sherwood Oaks residents.

The residents of Sherwood Oaks were visited by the North Catholic Robotics Team for a demonstration of a robot the students built for a national tournament.

Residents eagerly entered the auditorium, uncertain of what to expect. As they took their seats, they saw a fairly large piece of machinery with wires, six wheels and what looked like a bucket attached to some gears. Inside the bucket was an image of Kobe Bryant, the former shooting guard for the Los Angeles Lakers.

The students took the stage to introduce themselves and talk about what they've done while part of the Robotics Team. As participants of the national FIRST Robotics Competition,

the students were required to design, build, code, wire, and market a fully functional robot.

The team then shared a video of their robot competing in last year's World Championship Competition in Detroit. The goal of the challenge was to have the robot toss as many balls as possible into a bin, much like throwing a basketball through a hoop - hence the name Kobe. The residents cheered when the robot won the challenge.

Students shared their own personal stories about what they've learned while on the Robotics Team. Aside from gaining the knowledge to code and build a robot, the students explained how they learned patience, gracious professionalism, how to

better initiate conversations, and various other life skills.

Some students also shared their career goals. One young man hopes to work for Tesla, the car manufacturer based in Palo Alto, California that specializes in electric cars. The other students hope to transform their hobby into a profession by enrolling into more robust robotics programs at post secondary schools.

Jobs in the robotics and engineering industries have been traditionally held by men, but with a few girls in the club, this may be changing. Today, it's not so uncommon to see girls participate in activities that were once dominated by boys. Residents seemed pleased to see such cultural advancement unfold before their eyes. The team expressed their gratitude to those whose careers involved science, technology, engineering, and mathematics for helping pave the way for future generations.

Residents were then invited to participate in a hands-on experience with Kobe the robot — operating it with a video game control attached to a laptop. The residents took turns controlling the robot while asking questions about the machine and the tournament. The future of robotics helped bring the past and present together for a special afternoon of kinship and curiosity.

TOGETHER AGAIN

Bob Adams and Wes Piros have a few things in common. They live down the hall from one another at Beatty Pointe Village, the UPMC Senior Communities independent living campus in Monroeville. They both celebrated their 95th birthdays in October, only three days apart. Both are full of vigor. Both served in the United States Army Air Forces during World War II.

What they didn't know until recently was that they were "neighbors" in different quarters 75 years ago as Air Force cadets. Shortly after each man enlisted, Bob and Wes spent time in Texas to qualify to be a pilot, bombardier or navigator in the military's Army Air Forces branch, which eventually became the U.S. Air Force. After Texas, each headed to Indiana for flight training at Butler University.

Bob has a photo of his fellow cadets at Hoosier Air Field. At the time, Bob recalls, he simply handed his camera to someone close by, the cadets lined up in two rows and smiled, and the image was captured.

Most of those 20 cadets pictured went their separate ways that day. Some fought and died in the war. Others stayed stateside in reserve, including Wes, who served until the end of the war on the West Coast working on bomber planes. Bob went on to serve on the European front as a radio operator in the infantry. The year was 1944.

One recent morning Bob brought that framed black and white photo down to breakfast at Beatty Pointe Village. Neither knew when Bob shared the photo with Wes the incredible coincidence would reveal itself.



In the photo, Bob and Wes are pictured toward the center, with Bob in the top row looking down at Wes in the bottom row. "I didn't recognize myself in the picture at first," said Wes, "mostly because I couldn't believe it!"

The gentlemen do not remember one another specifically from their earlier days together, but they do share recollections of their time in Indiana.

"We slept in the field house in triple bunks," Bob recalled. "Some nights we laid awake, wondering what tomorrow would hold."

Wes remembers how the women and students in the town would sew and press their uniforms so that they were form-fitting. "They made us look like officers," he said with a smile.

UPMC Senior Communities is home to hundreds of veterans across its 19 campuses. It is a privilege to share their stories, to honor them, and to express gratitude for their invaluable service.



Resident Outreach



Residents at Vanadium Woods
Village, an independent living facility
in Bridgeville, recently participated
in their annual 'Random Acts of
Kindness' trip, now in its sixth year.
The residents visited the Salvation
Army, Wellspring Mission, and Light
of Life Mission to deliver clothes,
monetary donations, and to spread
good will.

Eleven residents, three of whom are over 90 years old, joined the bus trip and travelled to the homeless shelters with some staff members from Vanadium Woods Village. At each shelter stop, the group spoke with a representative to learn about their specific mission and operations.

On the way home, the residents and staff stopped at a gas station to provide even more random acts of kindness, in the form of lottery tickets, gift cards, and chocolate bars, much to the elation of the men and women at the gas station.

"The seniors returned exhausted and exhilarated with new stories to tell," David Ott, resident manager, said. "It is an eye opening and heartwarming experience for our compassionate seniors."

Strabane Trails Village, an independent living facility, and Strabane Woods, an assisted living facility, located on the same campus in Washington County, hold an annual Lawn Fest that has raised more than \$25,000 in the past 16 years. This event raises money for the UPMC Senior Communities Benevolent Care Fund, which supports eligible UPMC Senior Communities residents if they request financial assistance.

Residents who attend this event are treated to typical festival foods such as hot dogs, pierogis, and funnel cakes, as well as musical entertainment. Volunteers and families also participate by making baked goods for the festival bake sale.

"This is one event I am very proud of. It is a lot of work, but we have fun doing it!" Colleen Dille, director of activities and programming for Strabane Trails Village, said. "Those who come to the festival have a great time!"

Residents of Sugar Creek Station, a skilled nursing and rehabilitation facility located in Franklin, create Valentine's Day notes and cards for troops overseas – a project they have aptly named 'Valentines for Veterans'.



Residents stuff "Stockings for Soldiers" at Asbury Villas personal care facility in Mt. Lebanon.



Cumberland Woods Village residents collect vases for UPMC Passavant for distribution of donated flowers to patients.

"The residents write messages of thanks and encouragement to show appreciation for the soldiers' service to our country," Joyce Moore, Sugar Creek Station activities manager, said. "We have stickers, foam shapes, construction paper, and embellishments to create the cards."

Residents at Sherwood Oaks in Cranberry Township, participate in a program called 'Caps for Kids', which donates knitted and crocheted hats to children annually.

"We have a group of about 20 residents who meet weekly to knit and crochet. In 2018, they made 802 caps, matching scarves, and blankets,"

Phyllis Franks, Sherwood Oaks Director of Residential Services, said. "They donated these items to a variety of different local charities."

Every year, the residents involved in this program decorate one of the Christmas trees in the lobby with some caps that were created throughout the year.

Residents of Asbury Heights' personal care facility, Asbury Villas, collected items for soldiers and their service dogs this past Christmas. Known as "Stocking for Soldiers," residents stuffed stockings provided by Beinhauer Funeral Homes with the sundries. Christmas cards, as

well as handmade inspirational cards, were also included with each stocking.

"Giving it Forward" is a program run by residents at Cumberland Woods Village, an independent living facility in Allison Park. The residents collect vases throughout the year to give to the volunteer department at UPMC Passavant Hospital, who in turn, distributes vases full of flowers to hospital patients.

"We have so many residents who receive flowers from their families for Mother's Day, birthdays, Valentine's Day, and other holidays. They end up just throwing away the vases once the flowers die," explained Chrisine Cassese, Life Enrichment Coordinator at Cumberland Woods Village.

In only a few months, the residents at Cumberland Woods Village have donated over 50 vases to Passavant Hospital. Passavant Hospital has a relationship with Trader Joe's, who donates beautiful flowers multiple times per week.

"I was aware of a need and wanted to do my part to help," Peggy Rudolph, Cumberland Woods Village resident, said. "When I had a stroke, I was given flowers and it was such a nice gesture. I wanted to be able to pay it forward in some way."

Staying involved in the community helps give purpose to anyone's life. The residents at UPMC Senior Communities facilities prove that working with others in the community is a wonderful way to stay connected, no matter the age.



Creating a Better Life for Seniors

Mark your calendars for Wednesday, October 16, 2019 and join the celebration! The 11th Annual Celebrating Senior Champions Dinner and Auction will be held at the Omni William Penn Hotel to honor three distinguished individuals and a superior organization for their outstanding accomplishments and focus in creating a better life for seniors.

This year, two Grand Champions will be recognized as accomplished pioneers in their field: William E. Klunk, MD, PhD and Chester A. Mathis, PhD, Distinguished Professor of Radiology. Dr. Klunk is a Distinguished Professor of Psychiatry and Neurology and Co-Director of the Alzheimer Disease Research Center at the University of Pittsburgh and past Chair of the Medical and Scientific Advisory Council of the National Alzheimer's Association, Dr. Mathis is a Distinguished Professor of Radiology at the University of Pittsburgh, Director of the University of Pittsburgh Positron Emission Tomography (PET) Facility, and UPMC Endowed Chair of PET Research. These colleagues share the 2004 MetLife Foundation Award, the 2008 Potamkin Prize, and the 2009 Ronald and Nancy Reagan Research Institute Awards for research in Alzheimer's disease.

The Community Champion recipient for 2019 is the **Greater Pittsburgh Community Food Bank** under the leadership of Lisa Scales, President and CEO. Greater Pittsburgh Community Food Bank is a primary driver in comprehensive anti-hunger endeavors regionally, statewide, and at the national level. Seniors who are food insecure are more likely to have health concerns. Anticipating regional growth in our senior population, the organization is dedicated to ensuring that no senior need choose between buying food or medicine. Focused on serving the region's most vulnerable populations with the healthiest foods possible, the Food Bank is committed to increasing access to fresh fruits and vegetables.

This year's Caregiver recipient is **Ralph T. DeStefano**. Mr. DeStefano retired in 1999 following a very successful career in labor law practice and health care, much of which was spent expanding the UPMC Passavant campus. He has been a very influential force, particularly in the Northern region of Pittsburgh, for many decades and is truly an ambassador to the UPMC Passavant community. Ralph was instrumental in supporting the evolution of the Cumberland Woods Village independent living campus, including the adjoining conference center and performance theatre, that now serves as an important social outlet for thousands of seniors. He has taken a personal interest in many seniors whom he has helped guide and has contributed greatly to the reputation of the entire UPMC Passavant campus.

All proceeds from this annual fundraising event help to sustain the UPMC Senior Communities Benevolent Care Fund. The event has presented more than \$1.3 million in net proceeds to further charitable care throughout UPMC Senior Communities since 2009.



Ralph T. DeStefano Retired Executive, UPMC Passavant



William E. Klunk, MD, PhD and Chester A. Mathis, PhD, Distinguished Professor of Radiology



Greater Pittsburgh Community Food Bank. Lisa Scales, President and CEO

Wednesday, October 16, 2019 Omni William Penn Hotel

Reception - 5:30 PM

- Glitz In A Glass \$6,000 Diamond give-away, only 100 tickets will be sold, sponsored by JAB Jewelry Design
- Silent Auction More than 160 packages
- Mystery Boxes Gift cards for shopping, dining, and entertainment
- Raffle Baskets 30 Themed baskets

Dinner and Awards - 7:00 PM

TICKETS NOW AVAILABLE!

Contact Debra Panei, Director of Development for UPMC Senior Services, at 412-864-3524 or PaneiD@upmc.edu.

Celebrating Centenarians



Today, there are 45 residents at UPMC Senior Communities facilities, from independent living to personal care and assisted living to skilled nursing and rehabilitation, who are 100 years of age or more. Milestone centenarian birthdays mark extraordinary periods of personal and world history.

Our oldest resident is Elvira "Vira" Dzurbek of Seneca Manor, an assisted living facility in Penn Hills, who celebrates her 106th birthday this spring.

Vira and her family, including husband Rudolph, her mother, and her son, Herbert, became refugees of the Second World War. They fled their home in Yugoslavia with thousands of others, climbing through the window of a Red Cross train.

They eventually disembarked in Bavaria, in what Vira describes as "barely a village," on the edge of a forest not far from the Salle River. A family took them in, where they shared a single, unheated room. They ate a potato cooked in water for virtually every meal.

One of Vira's most profound memories is of a time when Herbert, who was three years old when war broke out, fell gravely ill with fever. Doctors and medicines were scarce, and she feared for her son's life. One evening at twilight, with fighting raging in the distance, Vira heard a knock at the door. She answered to find a woman she had never met, her face barely visible behind a scarf. The stranger asked if someone in the house was ill. "Yes," said Vira, "my son

is very sick." The woman told Vira that she was not a doctor, but she wanted to help her son. She handed Vira a supply of pills, instructing her to give him one a day. The woman parted by saying "I will pray for your son." On the sixth and last day of the supply, Herbert's fever broke. Vira never saw the woman again. "It was a miracle," Vira said simply and humbly.

An off-handed comment about her nail polish gives a clue to Vira's philosophy towards living. When complemented on her manicure, she notes that someone told her she was too old for the wine color she was sporting. Vira says resolutely, "I did not get to be this old by doing what people tell me to do!"

Toasting a Milestone Anniversary



Ruth Huey, pictured fourth from the left, is toasted by friends, family, staff and State Representative Anthony M. DeLuca as she marks her twenty-fifth year as a resident of Seneca Hills Village.

The champagne flutes came out at Seneca Hills Village, an independent living community in Penn Hills, to toast Ruth Huey, the longest tenured resident of UPMC Senior Communities. Ruth was honored at a ceremony marking her twenty fifth year of residency, attended by family, fellow residents, and Senior Communities staff. Additionally, the Honorable Anthony M. DeLuca of the Pennsylvania House of Representatives presented Ruth with a citation in honor of this milestone.

Ruth recalled how an ad for "luxurious living for active seniors" caught her eye when she was still living in her Blackridge home. She recognized that the burden of home upkeep was taking energy away from her desire to remain active in ways that brought her joy. She toured and quickly made the decision to move. She knew that it was time, and to her benefit, to make the decision to move on her own terms.

Moving to Seneca Hills Village freed Ruth to volunteer with her church, with Meals on Wheels, and to travel, including adventures to Alaska and Amsterdam. She has remained active in the Seneca Hills Village community as well and continues to play the piano for religious services and the weekly hymn sing prior to Sunday's noon meal.

Beloved by the Seneca community, Ruth has a refined, elegant nature. But she doesn't mind a little friendly competition either; she delights in holding the building record for Wii bowling at five perfect games, a record she hopes will stand.

When asked to reflect upon her time at Seneca Hills Village, Ruth says, "I've enjoyed meeting people and participating in activities. I've made a lot of good friends over the years. I can't think of a better place to live."

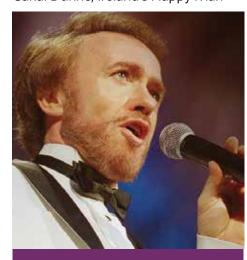
What's Happening

Check out these events at **UPMC Senior Communities**

All events are free and open to the public! For a complete listing of events, visit UPMCSeniorCommunities.com.

ASBURY HEIGHTS Mt. Lebanon, 412-341-1030

May 7, 2:00 p.m. Cahal Dunne, Ireland's Happy Man



Cahal Dunne

With an easy rapport and a great sense of humor, Cahal is truly an entertainer extraordinaire.

May 21, 2:00 p.m.

"The Demon on Brownsville Road"

June 13, 6:00 p.m.

Elvis Tribute

June 25, 2:00 p.m.

Voices in the Attic

July 9, 2:00 p.m.

Magic Moments

July 23, 2:00 p.m.

"The Great One: The Life and Legacy of Roberto Clemente"

August 6, 2:00 p.m.

Etta Cox

August 20, 2:00 p.m.

Veteran Benefits Seminar by Operation Veteran Benefits

September 10, 2:00 p.m. Pittsburgh Opera

September 24, 2:00 p.m.

Celebrating Pittsburgh, Its Character and Significance

BEATTY POINTE VILLAGE

Monroeville, 412-374-9000

May 8, 2:30 p.m.

Cahal Dunne, Ireland's Happy Man

May 22, 2:30 p.m.

Pigeon Heroes and Dove Release

June 12, 2:30 p.m.

Elvis Tribute

June 26, 2:30 p.m.

Etta Cox

July 3, 2:30 p.m.

Sean Moran of the Vogues

July 24, 2:30 p.m.

Pittsburgh Mansions

August 7, 2:30 p.m.

"The Best of Donna"

September 4, 2:30 p.m. Richard Galioto - Magic Moments

September 18, 2:30 p.m.

Pittsburgh Opera

HAMPTON FIELDS VILLAGE

Allison Park. 412-492-8448

May 9, 2:30 p.m.

"Stealing Lincoln's Body"

May 23, 2:30 p.m.

Judi Figel with David Crisci

June 13, 2:30 p.m.

Elvis Tribute

June 27, 2:30 p.m.

Etta Cox

July 11, 2:30 p.m.

Power of Gratitude

July 25, 2:30 p.m.

Cahal Dunne, Ireland's Happy Man

August 8, 2:30 p.m.

Voices in the Attic

August 22, 2:30 p.m.

Festival Opera

September 12, 2:30 p.m.

Identity Theft Seminar by Brian Catale

September 26, 2:30 p.m.

Pittsburgh Banjo Club

LIGHTHOUSE POINTE **VILLAGE AT CHAPEL HARBOR**

Fox Chapel, 412-781-2707

May 7, 2:30 p.m.

Judi Figel with David Crisci

May 14, 2:30 p.m.

"Stealing Lincoln's Body"

June 11, 2:30 p.m.

Elvis Tribute

June 25, 2:30 p.m.

Power of Gratitude

July 9, 2:30 p.m.

Cahal Dunne, Ireland's Happy Man

July 23, 2:30 p.m.

Etta Cox

August 6, 2:30 p.m.

Festival Opera

August 20, 2:30 p.m.

Voices in the Attic

September 10, 2:30 p.m.

Donna Groom

September 24, 2:30 p.m.

Identity Theft Seminar by Brian Catale



Donna Groom

Donna has performed nationally and internationally for many years and gives a must-see performance!

SENECA HILLS VILLAGE Penn Hills, 412-793-1700

May 16, 3:00 p.m. John Sarkis of the Skyliners

May 30, 3:00 p.m.

Cahal Dunne, Ireland's Happy Man

June 10, 3:00 p.m. Elvis Tribute

June 18, 3:00 p.m.

Sean Moran of the Vogues

July 1, 3:00 p.m. Good Guvs Band

July 25, 3:00 p.m. Johnny Angel

August 8, 3:00 p.m.

Etta Cox August 22, 3:00 p.m.

Creativity Expressed in Glass

September 5, 3:00 p.m. Handwriting Analysis 101

September 24, 3:00 p.m. Judi Figel with David Crisci

SHERWOOD OAKS

Cranberry Township, 724-776-8100

May 7, 10:00 a.m. **Moving Seminar**

May 21, 2:00 p.m. John Sarkis of Skyliners

June 4, 2:00 p.m. Open House

June 18, 2:00 p.m.

Insight into Clemente's life on and off the field

July 9, 11:30 a.m.

Four-Course Conversation

July 23, 2:00 p.m.

Cahal Dunne, Ireland's Happy Man

August 7, 2:00 p.m. Button box

August 21, 2:00 p.m. Handwriting Detective 101

September 11 and 12, 1:00 p.m. AARP Driver Safety Course

September 17, 11:00 a.m. Lunch n' Learn

STRABANE TRAILS VILLAGE Washington, 724-225-4100

May 7, 2:30 p.m.

"The Great One: The Life and Legacy of Roberto Clemente"

May 14, 2:30 p.m.

Cahal Dunne, Ireland's Happy Man

June 14, 2:30 p.m. Elvis Tribute

June 25, 2:30 p.m. Lewis & Clark in the Rockies

July 2, 2:30 p.m.

Veteran Benefits Seminar by **Operation Veteran Benefits**

July 30, 2:30 p.m. Etta Cox

August 13, 2:30 p.m. "The Best of Sean Moran"

August 27, 2:30 p.m. Creativity Expressed in Glass

September 8, 1:30 - 4:30 p.m. Lawn Festival

September 13, 2:30 p.m. Patsy Cline

VANADIUM WOODS VILLAGE

Bridgeville, 412-221-2900

May 2, 2:30 p.m. Patsy Cline

May 15, 2:30 p.m.

Kennywood, a Century of Change

June 5, 2:30 p.m.

"The Best of Sean Moran"

June 25, 2:30 p.m. "The Great One: The Life and Legacy of Roberto Clemente"

Cahal Dunne, Ireland's Happy Man

July 10, 2:30 p.m.

Lewis & Clark in the Rockies July 30, 2:30 p.m.

August 13, 2:30 p.m. Judi Figel with David Crisci

August 21, 2:30 p.m. Creativity Expressed in Glass

September 10, 2:30 p.m. The Many Love Songs of Frank

Sinatra, performed by Bo Wagner September 23, 2:30 p.m. History 16,000 Years in the Making



Discover the "magic" and artistry of three glass masters: Dale Chihuly, Lino Tagliapietra, and Gabriel Loire.



Mark your calendars and join us for these outstanding productions, a great mix of new acts and returning favorites!

Take advantage of great discounts when you buy more than one show. To order tickets, call Ticketfly at 1-877-987-6487, Monday through Saturday, 10 a.m. to 9 p.m. and Sunday, 1 p.m. to 9 p.m. Tickets can also be purchased online at **TheLegacyLineup.com**.

Saturday, April 27, 2019 - 2 and 7:30 p.m. SHADOWS OF THE 60'S: A TRIBUTE TO MOTOWN'S **SUPER GROUPS**

Dave Revels' SHADOWS OF THE 60's pays tribute to the tremendous legacy of The Four Tops, The Temptations, and The Supremes. Performing the hits that span the decades; with a grand finale featuring the music of Motown's Smokey Robinson, Marvin Gaye, Stevie Wonder, Gladys Knight, Martha Reeves, Junior Walker, and more.



Saturday, May 18, 2019 - 7:30 p.m. BRANSON ON THE ROAD

Branson On The Road has over 20 years of experience of performing GRAND OLE OPRY style music that delights audiences everywhere



Saturday, June 8, 2019 - 7:30 p.m. JOHNNY ANGEL AND THE HALOS



Saturday, June 22, 2019 - 7:30 p.m. THE FABULOUS HUBCAPS



Saturday, July 13, 2019 - 2 and 7:30 p.m. **BEACH PARTY BOYS** TRIBUTE TO THE BEACH BOYS BEACH PARTY BOYS reproduce the authentic look, vocal harmony and

instrumentation of the Beach Boys!



Saturday, July 27, 2019 - 2 and 7:30 p.m. OLD FRIENDS - a Simon & **Garfunkel Tribute**

Old Friends is a stunning recreation of Simon & Garfunkel's 1981 Concert in Central Park.



Saturday, August 10, 2019 - 2 and 7:30 p.m. **NIGHT FEVER** BEE GEES TRIBUTE



Saturday, August 24, 2019 - 7:30 p.m. **PURE GOLD**



Saturday, September 14, 2019 -2 and 7:30 p.m. THE BIRD DOGS PRESENT: THE EVERLY BROTHERS **EXPERIENCE TRIBUTE**



Saturday, September 21, 2019 -2 and 7:30 p.m.

ABBAMANIA - ABBA TRIBUTE "ABBAMANIA" is rated as the number one ABBA production in the world. With authentic costumes, made by the

seamstress from MAMMA MIA, and incredible vocals, ABBAMANIA will take you back in time to when ABBA was on stage, live in concert.



Saturday, October 5, 2019 - 2 and 7:30 p.m. THE FOUR ACES

Enjoy this American traditional pop music quartet, popular since the 1950s. Hits Many-Splendored Thing," "Three Coir in the Fountain,

"Stranger in Paradi and "Tell Me Why." Other big sellers include "Shangri-La," "Perfidia," and "Sincerely."

Saturday, October 12, 2019 - 7:30 p.m. SINATRA AND STREISAND TRIBUTE

Bo Wagner, Pittsburgh's finest Sinatra performer, and Donna Groom of the Skyliners give an unforgettable performance accompanied by a full orchestra. Don't miss this memorable concert.



Saturday, October 26, 2019 - 7:30 p.m. THE MARCELS



Saturday, November 16, 2019 - 7:30 p.m. CHUCK BLASKO AND THE VOGUES



Saturday, December 7, 2019-2 and 7:30 p.m. **JOHNNY ANGEL AND THE HALOS CHRISTMAS SHOW**



Saturday, December 14, 2019 -2 and 7:30 p.m. PITTSBURGH DOO-WOP BIG **BAND CHRISTMAS SHOW**



The Legacy Lineup Exclusive-Premium Loyalists

UPMC for Life UPMC Health Plan Medicare Program

The Legacy Lineup Exclusive Loyalists





The Legacy Lineup Elite Loyalists





The Legacy Lineup Enthusiast Loyalists









Community Highlights at UPMC Senior Communities

Celebration

Seneca Hills Village Verona

The Resident and Staff Party was a fun and festive way to celebrate and get to know your neighbors.



Honoring A Legacy Asbury Heights Mt. Lebanon

Residents and staff of Asbury Heights collaborated on a special project honoring the legacy of Dr. Martin Luther King Jr. which featured a collage of decorated paper hands representing the community's differences and similarities.

Giving Thanks Avalon Place New Castle

Residents and more than 50 family members gathered at Avalon Place for the annual Thanksgiving dinner.

Breast Cancer Awareness month.

Think Pink

Avalon Springs Place

Mercer

Avalon Springs Place hosted a

THINK PINK Day to recognize

Bake-Off Challenge Beatty Pointe Village Monroeville

During a special cookie decorating activity, resident Joe Dube showed off skills he honed when he once worked decorating Smiley Cookies at Eat 'n Park.

Artist of the Month Canterbury Place Lawrenceville

Resident Dolores Auge was the featured artist of the month and

had her artwork showcased recently. The activity is an enjoyable time where residents listen to music, paint and laugh with each other.

A Day to Remember Cranberry Place Cranberry Township

Butler County Commissioner Kevin Boozel presented a proclamation to Wilda Householder on the occasion of her 104th birthday.

Sip and Paint

Jameson Place New Castle

Black cats were the subject for the painting session at Jameson Place. Artists enjoyed sipping on a nice beverage while painting their masterpieces.



A Wild Visit Lighthouse Pointe, Fox Chapel



Pittsburgh Zoo visited with an opossum, a baby alligator, an owl, and a kinkajou. The hands-on activity allowed residents to learn and interact with the animals.

Hep Cats Cumberland Crossing Manor McCandless

The Pittsburgh Hep Cats entertained residents with their swing dancing on a recent visit to Cumberland Crossing. Many got up and gave it a whirl!

Building Houses

Hampton Fields Village, Allison Park
Young students from Winchester
Thurston North worked with
residents to create wonderful
Gingerbread Houses. After the
houses were assembled, they enjoyed
a time of friendship and snacks.

A Sweet Donation Heritage Place Squirrel Hill

Thank you to Heritage Place volunteer Shari Sweet for donating funds so that residents could enjoy the wacky entertainment of Trina Janua.

So Adorable Jameson Care Center New Castle Fuzzy peeps were recently part of a special Sunday school class. The adorable pets received lots

Happy Birthday Seneca Manor Verona

of attention.

Happy Birthday to Elvira Durbeck who celebrated her 106th birthday on March 1.

Beautiful Angels Seneca Place Verona

The residents at Seneca Place enjoyed creating angels during an art therapy session. Each was unique and beautiful!

Team Sherwood Sherwood Oaks Retirement Community Cranberry Township

Residents and staff participated in this year's Walk to End Alzheimer's on the North Shore.

Table Pong Challenge

Strabane Trails Village, Washington
Cathy Helms won the December
Table Pong Championship. She
was the top finisher in a field of
six competitors.

Grandma's Lap

Strabane Woods, Washington
Students from Trinity School District
worked with residents to create warm
fleece blankets for dialysis patients.
"Grandma's Lap" is a community
service activity at Strabane Woods.

Valentine's for Veterans Sugar Creek Station, Franklin Sugar Creek Station residents made Valentine cards to send to Veterans with messages of thanks and

Original Art

encouragement.

Weatherwood Manor, Greensburg
Resident Marge Taylor displayed
her work of more than 300 original
watercolor paintings. Residents, staff
and visitors all enjoyed viewing her art.



Your Gift



As a registered 501(c)(3) nonprofit organization, UPMC Senior Communities relies on philanthropic gifts to further the mission of delivering quality, affordable care and services to those we serve. UPMC Senior Communities is committed to providing a safe and welcoming home to older adults where they may remain active and independent for as long as possible and have easy access to nationally recognized health resources if their care needs change. Most importantly, this commitment extends to our long-time residents who are depleting their life savings and have limited funds.

In 2019, UPMC Senior Communities expects to provide more than \$10 million in uncompensated care

and charitable relief to residents who have outlived their financial resources. With generous support from families, friends and community partners, we will continue to further our mission and assist those residents in financial need. YOUR GIFT makes a difference each and every day for many.

Did you know?

- UPMC Senior Communities serves nearly 3,000 residents each day across 23 facilities in seven Pennsylvania counties.
- On any given day, approximately 50 life-enriching activities take place.
- More than 500 United States Veterans reside within our facilities.

 Your charitable donation may be directed to a specific UPMC Senior Community or fund that you care most about.

All of this and more is made possible, in part, because of your philanthropic contributions. Please return YOUR GIFT in the enclosed envelope. For additional details on how you can further the mission of UPMC Senior Communities, contact the development office at 412-864-3524.

UPMC Senior Communities is a qualified charity listed under section 501(c)(3) of the Internal Revenue Code. Donations qualify for the charitable contribution deduction on federal income tax returns, subject to limits as established by the Internal Revenue Service. Please consult your tax advisor.

Need help finding community resources for seniors or caregivers?

Call the Aging Institute of UPMC Senior Services and the University of Pittsburgh free referral line at 1-866-430-8742 or visit Aging.UPMC.com.



Our Champions January 1 - December 31, 2018

A special thank you to the generous donors who have dedicated charitable gifts to support seniors in need. By contributing to the Benevolent Care Fund, Interfaith Pastoral Care Fund, Life Enrichment Program, Living-at-Home Program, and Legacy Loyalist Program you have made a difference in the lives of many.

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A tribute gift made to honor a special friend or to memorialize a loved one will enrich the lives of residents within UPMC Senior Communities. These thoughtful contributions allow for quality, compassionate care to be provided to those with diminished financial resources.

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FREE MATINEE MOVIES

Seniors enjoy a variety of free matinee movies every Monday at 2 p.m. (and 7 p.m. for select **movies)**. No reservations required — first come, first seated. Call **412-635-8080** for general information or weather cancellations. Visit **TheLegacyLineup.com** for a complete listing.

Calendar Girls

(PG-13, 108 min)

Monday, 2 p.m. May 13, 2019

Iron Lady

(PG-13, 105 min)

Monday, 2 p.m. May 20, 2019

NO MOVIE MEMORIAL DAY

May 27, 2019

Bumblebee

(PG-13, 114 min)

Monday, 2 p.m. June 3, 2019

On the Basis of Sex

(PG-13, 120 min) Monday, 2 and 7 p.m. June 10, 2019

The Wife

(R. 99 min)

Monday, 2 and 7 p.m. June 17, 2019

The Kid Who **Would be King**

(PG, 120 min) Monday, 2 p.m. June 24, 2019

Leave No Trace

(PG. 109 min)

Monday, 2 p.m. July 1, 2019

Imitation Game

(PG-13, 114 min)

Monday, 2 p.m. July 8, 2019

The Upside

(PG-13, 126 min) Monday, 2 p.m.

July 15, 2019

Stan & Ollie

(PG, 98 min)

Monday, 2 p.m. July 22, 2019

Aquaman

(PG-13, 143 min)

Monday, 2 p.m. July 29, 2019

Can You Ever Forgive Me?

(R, 106 min)

Monday, 2 p.m. August 5, 2019

(R. 132 min)

Monday, 2 and 7 p.m. August 12, 2019

Isn't it Romantic

(PG-13, 89 min)

Monday, 2 p.m.

August 19, 2019

Five Feet Apart

(PG-13, 116 min) Monday, 2 p.m.

August 26, 2019

NO MOVIE LABOR DAY

September 2, 2019

They Shall Not

Grow Old

(R, 99 min)

Monday, 2 p.m. September 9, 2019

Day of Health for Seniors

Tuesday, June 25, 2019 • 10 a.m. to 1 p.m. **Cumberland Woods Village**

Free health screenings by UPMC for Life and UPMC Centers for Rehab Services. No fasting required.

Guest Speaker: Dr. Michael Parkinson, UPMC Health Plan

Attendees must RSVP for the event and to schedule screenings at 412-635-8080.



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