

Community Connections

UPMC | SENIOR
COMMUNITIES

Fall/Winter 2019

Visit us at UPMCSeniorCommunities.com
or call 1-800-324-5523

And Now... A WORD FROM OUR SPONSORS



Jesucita, Oneta, Vera
Hampton Fields Village

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A Word From
Our Sponsors

Letter from the President

Dear Friends:

With the end of 2019 in our sights, I am pleased to reflect on another successful year providing care to the residents we have the privilege of serving every day. We choose daily to focus on enhancing the lives of seniors and making those golden years truly golden.

You will see the 2020 UPMC Senior Communities Calendar prominently displayed in the Fall 2019 edition of *Community Connections*, reflecting this year's theme "And Now...A Word From Our Sponsors." Vintage product ads and television commercials provided the basis for creating yet another fun experience at every facility.

Read about a very special visit to Seneca Manor, a UPMC Senior Communities assisted living facility in Penn Hills, from Kiya Tomlin, the wife of Steelers head coach Mike Tomlin, herself an accomplished clothing designer. Meet veteran Ron Boyden, a resident at Beatty Point Village, who provides a compelling insight into the impact serving in the Vietnam War had on him and his desire to give back.

And of course, don't miss the 2020 season of The Legacy Lineup productions; tickets are on sale now! Performances from *The Duprees* and *The Diamonds*, new to the Legacy in 2020, are sure to be memorable events. Ordering tickets has just become easier; visit TheLegacyLineup.com or call our new ticketing service at 1-800-838-3006, and press 1. The ticketing service is open 24 hours a day.

This fall edition demonstrates the ongoing effort to make every day count. From visits to our residents by special friends, to service to our country, to the simple beauty swans can bring to a campus, I hope you will enjoy learning more about UPMC Senior Communities.

Your donations to the UPMC Senior Communities Benevolent Care fund have made possible another year of providing support to residents who have outlived their resources. Their lives have been forever changed by your generosity.

Sincerely,

Mark D. Bondi

Mark Bondi
President, UPMC Senior Communities



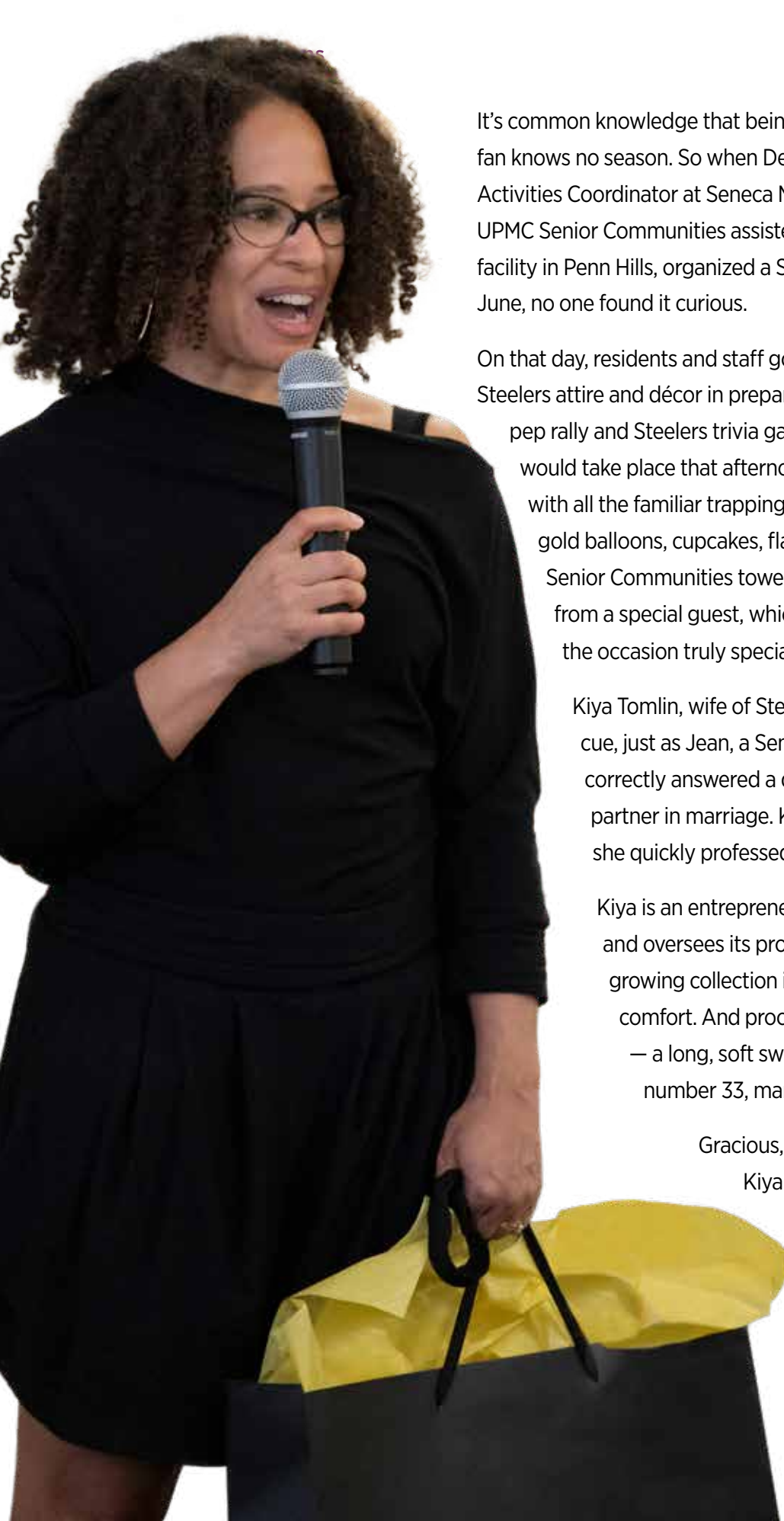
Arriving in

Style



Meet Kiya and Friends

Kiya Tomlin, mistress of ceremonies for this year's Celebrating Senior Champions dinner and auction, kicked things off with a surprise visit to the residents of Seneca Manor.



It's common knowledge that being a Steelers fan knows no season. So when Deanne Thomas, Activities Coordinator at Seneca Manor, the UPMC Senior Communities assisted living facility in Penn Hills, organized a Steelers Day in June, no one found it curious.

On that day, residents and staff got out their Steelers attire and décor in preparation for the pep rally and Steelers trivia game that would take place that afternoon. It came with all the familiar trappings — black and gold balloons, cupcakes, flags, the fight song, even black and gold Senior Communities towels for waving. But it also came with a visit from a special guest, which took everyone by surprise and made the occasion truly special.

Kiya Tomlin, wife of Steelers head coach Mike Tomlin, arrived on cue, just as Jean, a Seneca Manor resident and die-hard fan, correctly answered a question as to the name of Coach Tomlin's partner in marriage. Kiya was warmly received, even though she quickly professed a blissful ignorance of all things football.

Kiya is an entrepreneur who designs her own clothing line and oversees its production at her workshop in Etna. Her growing collection imaginatively straddles style, glamour, and comfort. And proof is in the new piece she presented to Jean — a long, soft sweater in black and gold, adorned with the number 33, marking the year of the Steelers inception.

Gracious, funny, and articulate, it is easy to imagine Kiya in front of another audience this fall when she will serve as mistress of ceremonies for the 2019 "Celebrating Senior Champions" dinner and auction. She is sure to lend a wonderful presence to the occasion, just as she did at Seneca Manor that afternoon in June.



UPMC for Life
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11th Annual Celebrating Senior Champions Dinner and Auction

Wednesday, October 16, 2019,
Omni William Penn

Reception 5:30 p.m.,
Dinner and Awards 7 p.m.

Tickets on sale now! Call 412-864-3524

Residents Pull Off a Heartfelt Surprise



Vanadium Woods Village residents Ruth Murphy (l) and Esther Alisesky (r) surround activities coordinator Gina Straight

Earlier this year, Ginny Jones, a resident of Vanadium Woods Village in Bridgeville, spearheaded a celebration to honor the dedicated service of activities coordinator Gina Straight. With the support of staff and other residents, Ginny was able to throw a party that included custom T-shirts, party favors, and candies imprinted with Gina's name. More than 100 residents and staff attended the party.

"No one has ever done anything like this for me before," Gina said. "I will never forget this day." Gina enjoys making sure residents are happy and getting the most out of their day. She has great passion for what she does and feels she has grown more confident over the last 11 years in this role.

"When you see those smiling faces, then you know you're doing your job," said Gina.



UPMC Senior Communities Helps Feed Those in Need

UPMC Senior Communities is collaborating with a local non-profit to feed people in need in neighboring communities. *Living Stones*, a South Hills-based charitable organization, currently collects excess food weekly from Asbury Heights in Mt. Lebanon, Strabane Trails Village independent living and Strabane Woods assisted living in Washington, and Vanadium Woods Village independent living in Bridgeville.

"This is an immediate opportunity to address hunger in our community. *Living Stones* is preparing meals for more than 350 individuals in need, four times a month, at no charge, using the food they collect from UPMC Senior Communities and other participating local restaurants and facilities. We're off to a great start with our South Hills locations and hope to expand our participation," says John Rizzo, Director of Dietary and Housekeeping Services for UPMC Senior Communities.

John participates in the Food Safety Committee under the auspices of the Allegheny County Health Department, where responsible,

effective, food donation has been a topic of discussion. "We adhere to federal guidelines in all food handling, so that we can safely offer quality items to those in need, while at the same time reducing waste in our facilities. We're so glad to make an impact in both these ways."

Aaron Kasper, Manager of Food Services at Vanadium Woods Village,

agrees. "We are able to store and freeze items throughout the week in foil pans provided by *Living Stones*. They make weekly pick-ups on Fridays. I have to say I am surprised by the quantity we can share, and I couldn't be happier with how it's going. The people at *Living Stones* are very committed to what they do, and so are we."



Nurture Your Career at UPMC Senior Communities



*Meredith Pasternak,
Professional Staff Nurse,
Canterbury Place*

After starting a family, Meredith decided to answer the call and pursue her nursing degree. Although she wasn't sure where her new career would take her, Meredith knew she wanted to work with an older population. At Canterbury Place in Lawrenceville, she is doing just that – caring for those in need – and feeling a sense of fulfillment in return.

There are many others throughout UPMC Senior Communities who go above and beyond to make residents smile. Continuing education is a significant part of the culture of Sherwood Oaks, a continuing care retirement community located north of Pittsburgh in Cranberry Township. Sherwood residents have funded a scholarship program for college-bound high school students, nursing

The employees of UPMC Senior Communities touch lives on a daily basis by providing compassionate care to residents and their families. In turn, many of our employees have expressed feelings of great satisfaction and purpose for the work they do. Before becoming a nurse, Meredith Pasternak was a full-time musician, playing the French horn in a professional orchestra for 20 years. Although successful, she couldn't help but feel she belonged somewhere else.

“Even while I was in school for music, nursing was often in the back of my head,” Meredith said. As a musician, she earned some supplemental

income as a home health aide. This is where she developed a passion for healthcare.



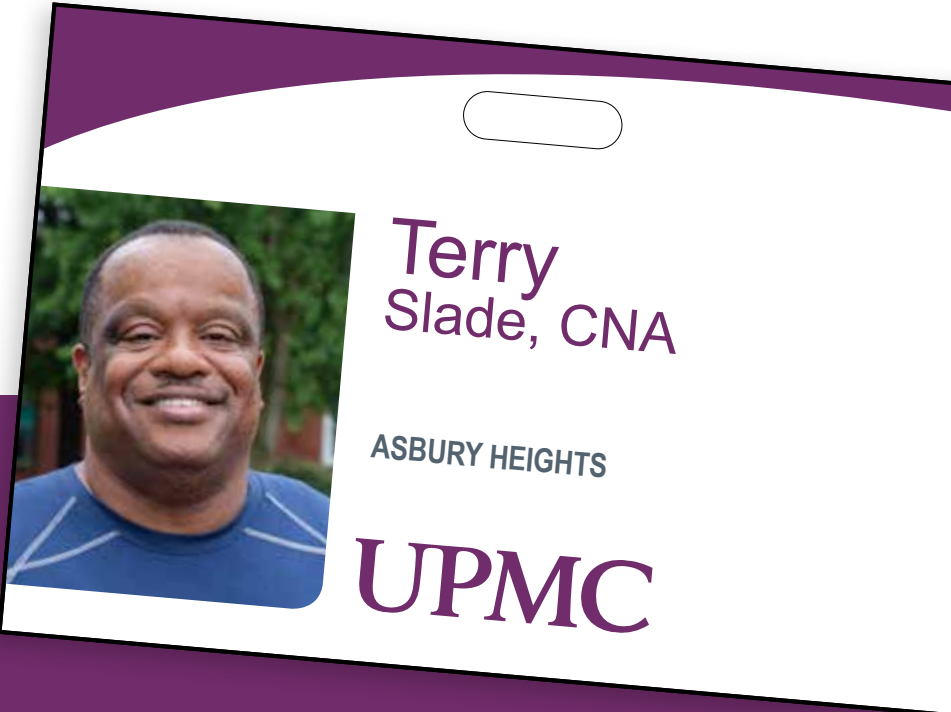
2019 Sherwood Oaks scholarship recipients

aides, and anyone else looking to further their education.

This year, the scholarship program awarded 56 employees \$2,000 each toward their education expenses. Since its inception in 2001, more than \$924,000 has been distributed via 740 awards.

Employees of UPMC Senior Communities do meaningful work every day and contribute to a thriving, supportive environment.

To learn more about career opportunities with UPMC Senior Communities, visit <http://communitycareers.upmc.com>.



Going above and beyond to make residents smile

For Terry Slade, Certified Nursing Assistant at Asbury Heights in Mt. Lebanon, making residents smile is his daily goal.

Terry does more than simply care for residents and meet their basic needs. He realizes how essential his work is to residents' happiness, and because of this, he is always willing to go that extra step to make them smile. “It's the little things that matter,” Terry said.

“Whether you're willing to help them out when they need help, pay attention to what time they want to get up, what they want to wear, or what they want to drink, all of those things affect not just someone's day, but also whether they have a nice quality of life,” Terry explained.

Together, Terry and his Asbury Heights co-workers function as a team to give the residents of Asbury Heights the care they deserve – the type of care they would want for their own families.

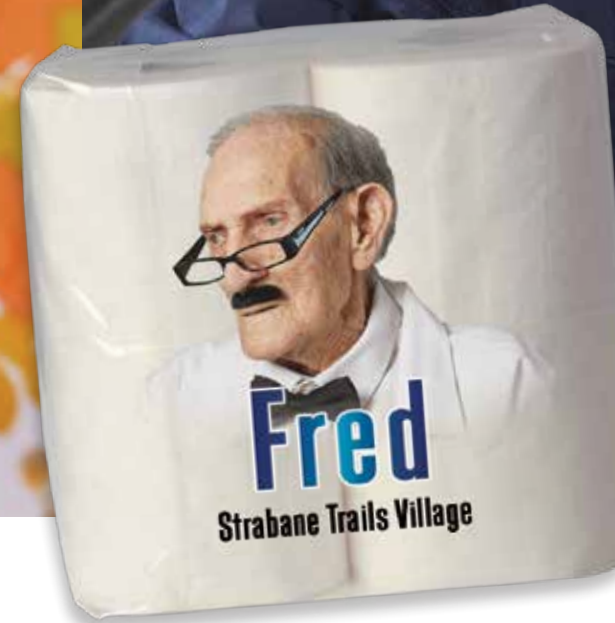
Employees like Terry can advance their healthcare careers through a program designed for LPNs, Nursing Assistants, and Medication Technicians. Courses are held at various UPMC Senior Communities locations. The program allows employees the opportunity to reach higher positions such as Geriatric CNA and Advanced Geriatric CNA.

And Now... A Word from Our Sponsors!

Now marking its eighth edition, the 2020 UPMC Senior Communities Benevolent Care Calendar is available for purchase, and it does not disappoint! This year's theme, "And Now...A Word from Our Sponsors!" harkens back to what many consider to be the golden age of advertising by recreating products and characters from iconic commercials of the past. It proved a great experience for the more than 150 residents who participated.

A day unlike any other throughout the year, "Calendar Shoot Day" at our Senior Communities campuses is a special occasion. Family members often join to be part of this memorable event.

Calendars are on sale now at a cost of \$7 each; these calendars make for delightful, unique holiday gifts while benefitting a great cause. Proceeds from the sale of the calendar go to the Benevolent Care Fund, supporting UPMC Senior Communities residents who have outlived their financial resources. To order, please contact Debra Panei, Director of Development, at paneid@upmc.edu or call 412-864-3524.



GUIDO
Lighthouse Pointe Village

Through an artist's eye



Edward Yarov was born in 1927 in a small town near Odessa in the Ukraine. As a teenager, he worked 12-hour days in a munition's factory far from home, his family separated by war. He lost his mother and two younger siblings to the Holocaust. Edward travelled from Russia to Pittsburgh in 1993, when the collapse of the Soviet Union made leaving possible, to flee discrimination towards Jewish people.

Despite genuine hardship, you see no evidence of these traumatic experiences in Edward's artwork, which adorns the walls of his home at Heritage Place, a UPMC Senior Communities skilled nursing and rehabilitation facility in Squirrel Hill. Edward's daughter, Irina, says her father cherished his life and his family and friends, from a childhood in rural Ukraine to his elder years here in the city of Pittsburgh. It's reflected in the flowers, animals, landscapes, and cityscapes that are the subjects of much of his art.

Irina explains that Edward takes after his father, himself an artist, and his grandfather, an ironsmith and craftsman in Ukraine who made beautiful ornamental iron gates. As a student, Edward did not excel at other subjects, but art was where he earned praise, and his talent manifested itself at a young age. He received formal education and training as a graphic artist in Moscow. He worked for a newspaper at a time when illustrations were more valued than photographs, and he wrote articles to marry with his art that he sold to other publications.

Edward has been a prolific artist and has exhibited here in Pittsburgh at local libraries. Just last year, he walked Irina to a neighborhood pizzeria around the corner from Heritage Place where several of his Italian landscapes hang.

"Art has always been how my father best expressed himself," says Irina. "He never did it for the money, but for the pleasure that it would bring him and others." She is grateful to the staff at Heritage Place for having supported him in this, allowing him to use his room as his painting space. Irina recalls times when the staff brought him pencils and paper for drawing as well.

Edward's beloved wife, Alla, resides at Heritage Place also. Both speak Russian and are living with varying degrees of dementia. Irina, who lives in Holland, says the staff has been "amazing" to Edward and Alla. Both Irina, a head nurse, and Lana, a nursing assistant, speak Russian and are available to interpret for them; Lana even accompanies Edward to doctor's appointments to serve in this capacity.

Irina emphasizes that everyone from Melodie in nursing to Tom in social service to Michael in administration has been invaluable in tending to Edward and Alla and in problem-solving through the complications of language, distance, and "red tape."

Although Edward's ability to paint is declining, his love for his wife and his family are not. True to the life of an artist, his eye for what is beautiful in life is undiminished.





VIETNAM VET CONTINUES TO SERVE

UPMC Senior Communities is privileged to be home to more than 650 veterans. We strive to honor them by sharing their stories. Meet someone who is still serving.



Ron Boyden, a resident of Beatty Point Village independent living in Monroeville, has a quick grin, a warm handshake, and a humble nature. But don't let that fool you. He has a fierce, intelligent strength that saw him through combat in the Vietnam War and 20 years of service in the United States Army, 10 of which were spent as a drill sergeant. Soft spoken though he may be now, he is a force, and he continues to put that to good purpose in the service of others, specifically the men and women he visits weekly at the Veterans Administration Hospital (VA).

Known as "Rice Paddy Daddy" and "Big Man" in his Vietnam days, Ron explains that he was destined to be a soldier. Born in September 1941, he jokes that when Pearl Harbor was bombed three months later, he stood up in his crib and said, "I wanna fight!" He remembers how he tried to enlist at age 14 when he lost a cousin to the Korean War. Three years later, his father took him to enlist, "to keep him out of trouble."

Keeping out of trouble became considerably harder when war broke out in Vietnam, but Ron was tested and found equal from the start. Though he is decorated with two bronze stars, he is most proud of his Combat Infantry Badge, earned the first night he arrived in Vietnam, when he found himself amid an intense jungle firefight.

Ron's most vivid memory from his time in Vietnam is harrowing. He recalls being on the ground under fire with his buddy by his side. The helicopter dispatched to get them wound up leaving them behind to avoid getting shot down. Ron says he and his buddy looked at each other as if to say, "How did we wind up here?" and with no other option, set about finding their way back to their company, which they eventually did.

The Army took Ron to many places, including Washington state, Hawaii, and a tour in Germany, where he had his own basketball team and did some boxing. He notes his German unit was the first to mechanize and the last to see active combat on the DMZ bridge.

For the last 19 years, Ron's commitment to the Army has been taking him to the VA, where he makes weekly visits, bearing donuts to share that he has collected from various local bakeries. He leaves at 5 a.m. to begin the collection and often does not return home until past dinner time. He sees how the younger veterans today struggle with many of the same demons that plagued his fellow soldiers of the Vietnam Era, including addiction.

Ron explains that the Army taught him discipline and how to get along with others, even in navigating the racial tensions of the day. He says he has learned to focus on the good and is hoping that will make a difference to the soldiers he spends time with today.





The Swans of Sherwood Oaks

As you arrive on the campus of Sherwood Oaks, a continuing care community in Cranberry Township, you are greeted by a peaceful body of water nestled in the heart of the campus. The lake is serene and inviting, but it's more than just a tranquil resting spot. As you gaze out over the dock, you'll see that it's also home to Sherman and Oakley – the cherished swans of Sherwood Oaks!

Sherman and Oakley's story began in early 2016 when Annette McPeck, Executive Director, received a call from a nearby neighbor in search of a home for two male swans. Annette presented the proposition to the management staff and board of directors who whole-heartedly agreed that Sherwood Oaks would be home to the two swan brothers.

On March 21, 2016, the 10-month-old swans arrived at their new home on Lake Sherwood. The former owners brought the two swans to the edge of the lake where several staff members introduced them to their new home.

A naming contest for the swan brothers was held a month after their arrival. Residents and staff proposed 43 name combinations. The decision was put to a ballot, and Sherman and Oakley were chosen with 87 votes.

Sherman and Oakley celebrated their first birthday on May 15 of that year, nearly two months since their first encounter on Lake Sherwood. Residents and staff celebrated with birthday cake and good wishes – and have done so every year since!

"I love taking their pictures for our newsletter," said Tabatha Alford, Executive Assistant at Sherwood Oaks. "I can honestly say they are the most photographed residents on the campus!"

The swans have found their way into the hearts of those who live, work, and volunteer at Sherwood Oaks, and they have also been the inspiration for several pieces of artwork. One of these pieces includes a quilt made and donated by Kathy Vacca, Billing Specialist, in honor of their fourth birthday earlier this year. The quilt is now on display in Sherwood's Community Center for everyone to enjoy.

Sherman and Oakley have been synonymous with Sherwood Oaks during these last few years – almost as if they are mascots! Having such beautiful and graceful campus representatives reminds us what aging can be; in the right environment and with the proper support, growing old can be a thing of beauty.

On with the Show!



The Legacy Theatre and Conference Center at Cumberland Woods Village are two particularly well-utilized areas of the UPMC Senior Communities independent living facility in Allison Park. UPMC Senior Communities residents and individuals from a 15-mile radius attend free weekly movies, free biweekly seminars, and concerts by many national touring acts. Departments across the UPMC spectrum utilize the space for conferences, trainings, and speaking engagements. The number of people who pass through the Legacy Theatre and Conference Center is sizable.

Because of the scope of the activities in these spaces, upgrades are being made to both. Recently, the Conference Center received significant behind-the-scenes renovations to improve technology and make the space more accommodating and user friendly.

"We have updated the whole audio-visual system in the Conference

Center," Christine Cassese, Cumberland Woods Village Life Enrichment and Event Coordinator, said. "Each conference room now has very user-friendly "smart" podiums, overhead microphones were added throughout the rooms, and conference call capability can run simultaneously in each room. The technology is much easier to use, and there's a lot more of it!"

In addition, projectors in each room have been upgraded, and an extra projector screen has been added in Conference Room 1. Usage of the Legacy Conference Center is 85% full-at-all times throughout the year, as many UPMC hospitals and business lines rent the Conference Center year-round.

An entirely new lighting and sound system, as well as the addition of a "smart" podium, is planned for the Legacy Theatre in early 2020. This upgrade will improve the experience for attendees of The Legacy Lineup

events, which includes a full, annual schedule of live national-touring acts, educational seminars and, movies.

The Legacy Theatre is a great resource and social outlet for seniors, with annual attendance exceeding 13,000 patrons, and more than 81,000 patrons since offerings began in January 2012. Patrons come from a 15-mile radius; only 4% of the attendees are residents of UPMC Senior Communities. In 2019, tickets to The Legacy Lineup productions were 85% sold out for all shows by May 2019.

Tickets are on sale now for 2020 Legacy Lineup productions. See pages 14 and 15 for the complete schedule. Call 1-800-838-3006 and press 1, or visit TheLegacyLineup.com to purchase tickets for a great array of new acts and returning favorites.

THE LEGACY LINEUP

★ **Announcing the 2020 Schedule!** ★

Mark your calendars and join us for these outstanding productions, a great mix of new acts and returning favorites!

Take advantage of great discounts when you buy more than one show. Tickets available online at TheLegacyLineup.com or by calling Brown Paper Tickets at 1-800-838-3006 and press 1. Ticket line answers 24 hours daily.

1 show \$36 4 shows \$90
2 shows \$59 5+ shows \$19
3 shows \$78 per ticket

1 to 4 tickets for one show \$36 each
5 to 9 tickets for one show \$29 each
10 or more tickets for one show \$24 each



Saturday, March 21, 2020 – 2 and 7:30 p.m.
THE SKYLINERS



Saturday, April 11, 2020 – 2 and 7:30 p.m.
TRIBUTE TO JOHN DENVER
WITH TED VIGIL

Ted recreates the popular 1970s folk singer's greatest hits, like "Rocky Mountain High," "Take Me Home Country Roads," "Thank God I'm A Country Boy," and many more. Ted has often played for John Denver's "Windstar Foundation" in Aspen, Colorado and performed with Steve Weisberg, John Denver's lead guitar player, countless times.



NEW IN 2020!

Saturday, April 25, 2020 – 2 and 7:30 p.m.
SHADOWS OF THE 60S -
A TRIBUTE TO MOTOWN'S SUPER GROUPS



Saturday, May 9, 2020 – 2 and 7:30 p.m.
THE SOUNDS OF THE SUPREMES

Celebrating more than 20 years of appearances in more than 60 countries, the Sounds of the Supremes with Kaaren Ragland, former member of the original Supreme Mary Wilson's 70s/80s group, replicates the Motown sound like no other. Listen to "Love Child," "Baby Love," "Stop! In the Name of Love," "Reflections," "Stoned Love," "Back In My Arms," "You Can't Hurry Love," and so many more.



NEW IN 2020!

Saturday, June 6, 2020 – 2 and 7:30 p.m.
JOHNNY ANGEL AND THE HALOS



Saturday, June 20, 2020 – 2 and 7:30 p.m.
THE DUPREES

The Duprees are known the world over for their romantic interpretations of the most beautiful love songs ever written. The Duprees became an instant national hit with "You Belong To Me." An unmistakable sound was born, and the hits kept coming: "My Own True Love," "Gone With The Wind," "Take Me As I Am," "Why Don't You believe Me," "Have You Heard," "Love Eyes," "It's No Sin," "The Sand And The Sea," "It Isn't Fair," "Let Them Talk," and "Exodus."



NEW IN 2020!

Saturday, July 11, 2020 – 2 and 7:30 p.m.
NIGHT FEVER – BEE GEES TRIBUTE



Saturday, July 25, 2020 – 2 and 7:30 p.m.
THE WICHITA LINEMAN A TRIBUTE TO GLEN CAMPBELL

STARRING CARL ACUFF, JR.
Glen Campbell was an American treasure whose songs and dazzling showmanship shot him to superstardom in the 1960s. Glen's hits included songs like: "Gentle On My Mind," "By The Time I Get To Phoenix," and "Wichita Lineman."



NEW IN 2020!

Saturday, August 8, 2020 – 2 and 7:30 p.m.
BEACH PARTY BOYS
TRIBUTE TO THE BEACH BOYS



Saturday, August 22, 2020 – 2 and 7:30 p.m.
PURE GOLD



Saturday, September 12, 2020 – 2 and 7:30 p.m.
THE FABULOUS HUBCAPS



Saturday, September 26, 2020 – 2 and 7:30 p.m.
ABBAMANIA
ABBA TRIBUTE



Saturday, October 10, 2020 – 2 and 7:30 p.m.
ELTON JOHN

TRIBUTE BY JEFF SCOTT
Meet Elton John Tribute Artist and Impersonator Jeff Scott. THE ULTIMATE ELTON EXPERIENCE! The music, the vocals, the piano, the mannerisms, the outfits, the authenticity, and the charisma are all wrapped up in one truly talented tribute artist and performer. It's like seeing Sir Elton in his prime! Based in Toronto, Canada, Jeff has performed worldwide as Elton John. He is one of the most dynamic and talented tribute artists you will ever see!



NEW IN 2020!

Saturday, October 24, 2020 – 7:30 p.m.
THE MARCELS



Saturday, November 7, 2020 – 2 and 7:30 p.m.
CHUCK BLASKO AND THE VOGUES



Saturday, November 21, 2020 – 2 and 7:30 p.m.
SINATRA AND STREISAND TRIBUTE



Saturday, December 5, 2020 – 2 and 7:30 p.m.
JOHNNY ANGEL AND THE HALOS CHRISTMAS



Saturday, December 12, 2020 – 2 and 7:30 p.m.
SILVER BELLS AND THE DIAMONDS

The show sets the stage for the holiday season featuring holiday favorites combined with The Diamonds chart-topping songs! Including hits such as "Little Darlin'," "Sugartime," and "She Say."



NEW IN 2020!

The Legacy Lineup Exclusive-Premium Loyalists

UPMC for Life
UPMC Health Plan Medicare Program

The Legacy Lineup Exclusive Loyalists



The Legacy Lineup Elite Loyalists



The Legacy Lineup Enthusiast Loyalists



What's Happening

Check out these events at UPMC Senior Communities

All events are free and open to the public! For a complete listing of events, visit UPMCSeniorCommunities.com.

ASBURY HEIGHTS
Mt. Lebanon, 412-341-1030

October 1, 2:00 p.m.
Understanding Medicare and Your Options

October 8, 2:00 p.m.
River City Brass Band Trio

November 5, 2:00 p.m.
Johnny Angel Trio

November 19, 2:00 p.m.
Creativity Expressed in Glass

December 3, 2:00 p.m.
Tribute to Patsy Cline

December 10, 2:00 p.m.
Why Pittsburgh: A Story of Innovation

BEATTY POINTE VILLAGE
Monroeville, 412-374-9000

October 2, 2:30 p.m.
Tribute to Patsy Cline

October 9, 2:30 p.m.
Understanding Medicare and Your Options

November 6, 2:30 p.m.
Judi Figel with David Crisci

November 20, 2:30 p.m.
River City Brass Trio

December 4, 2:30 p.m.
Christmas Holiday Fun with Joe Marotta

December 11, 2:30 p.m.
Holiday Craft Show

HAMPTON FIELDS VILLAGE
Allison Park, 412-492-8448

October 10, 2:30 p.m.
Understanding Medicare and Your Options

October 24, 2:30 p.m.
Haunted Hollywood

November 7, 2:30 p.m.
Button Box

November 14, 2:30 p.m.
The Best of Donna Groom

December 5, 2:30 p.m.
Holiday Celebration with Johnny Angel Trio

December 12, 2:30 p.m.
River City Brass Trio



Banjo Club

The Pittsburgh Banjo Club includes banjos, trumpets, tubas, and bass.

LIGHTHOUSE POINTE VILLAGE AT CHAPEL HARBOR
Fox Chapel, 412-781-2707

October 8, 2:30 p.m.
Haunted Hollywood

October 22, 2:30 p.m.
Understanding Medicare and Your Options

November 5, 2:30 p.m.
Button Box

November 19, 2:30 p.m.
Banjo Club

December 3, 2:30 p.m.
Holiday Celebration with Johnny Angel Trio

December 10, 2:30 p.m.
River City Brass Trio

SENECA HILLS VILLAGE
Penn Hills, 412-793-1700

October 3, 3:00 p.m.
Understanding Medicare and Your Options

October 24, 3:00 p.m.
The Demon on Brownsville Road

November 7, 3:00 p.m.
The Many Love Songs of Frank Sinatra, performed by Bo Wagner

November 21, 3:00 p.m.
Tribute to Patsy Cline

December 2, 3:00 p.m.
Hollywood for the Holidays

December 19, 3:00 p.m.
Pittsburgh Doo Wop Christmas Show



Donna Groom

Donna has performed nationally and internationally for many years and gives a must-see performance!

SHERWOOD OAKS
Cranberry Township, 724-776-8100

October 15, 2:00 p.m.
Understanding Medicare and Your Options

October 29, 2:00 p.m.
The Demon on Brownsville Road

November 7, 2:00 p.m.
Murder Mystery

November 19, 2:00 p.m.
Judi Figel with David Crisci

December 4, 2:00 p.m.
Voices in the Attic

December 11, 2:00 p.m.
River City Brass Band

STRABANE TRAILS VILLAGE
Washington, 724-225-4100

October 8, 2:30 p.m.
Understanding Medicare and Your Options

October 25, 2:30 p.m.
River City Brass Trio

November 5, 2:30 p.m.
Judi Figel with David Crisci

November 12, 2:30 p.m.
The Many Love Songs of Frank Sinatra, performed by Bo Wagner

December 3, 2:30 p.m.
Holiday Craft Show

December 10, 2:30 p.m.
Holiday Celebration with Johnny Angel Trio

VANADIUM WOODS VILLAGE
Bridgeville, 412-221-2900

October 10, 2:30 p.m.
The Best of Donna Groom

October 29, 2:30 p.m.
Understanding Medicare and Your Options

November 5, 2:30 p.m.
Craft Show

November 20, 2:30 p.m.
The Drewsmen

December 3, 2:30 p.m.
River City Brass Trio

December 12, 2:30 p.m.
Dishonesty In Handwriting

Tribute to Patsy Cline

Enjoy her well-known songs “*I Fall to Pieces*,” “*Crazy*,” and many more.



Community Highlights at UPMC Senior Communities

Van Gogh in Bloom

Asbury Heights
Mt. Lebanon
Residents of Asbury Heights visited Phipps Conservatory and Botanical Gardens to see the Van Gogh in Bloom exhibit.

Say Cheese!
Avalon Springs Place
Mercer

Paul Henretty, a resident and retired photographer, shared a slide show of recent events with fellow residents.

Sensory Quilts
Beatty Pointe Village
Monroeville

Residents at Beatty Pointe Village made sensory stimulation quilts and donated them to a nearby dementia facility.

Memories
Canterbury Place
Lawrenceville
A week of wedding-themed activities including a reception with a wedding cake and cookie table brought back fond memories.

Let's Go Bucs

Seneca Manor
Verona
The Pittsburgh Pirates, with a little help from Seneca Manor fans, brought home a victory on Sunday, July 7.

July 4th Celebration
Cranberry Place
Cranberry Township
Cranberry Place residents displayed their patriotism with an Independence Day parade through the building.

Aviary Picnic
Cumberland Crossing Manor
McCandless
During a spring outing, residents enjoyed a day at the Aviary with a picnic lunch!

Earth Day
Cumberland Woods Village
Allison Park
The residents celebrated Earth Day by making bird feeders using bagels, peanut butter, and birdseed!

500 Miles and Still Going
Hampton Fields Village
Allison Park
Kevin Johnson walks 9 laps around the beautiful grounds each day and has just topped 500 miles!

Reading with Friends
Strabane Woods
Washington



Miss Evelyn attended "Reading with Friends" at Trinity North Elementary School. The children practice reading and always provide their latest coloring masterpieces.

10 Pin Fun
Heritage Place
Squirrel Hill
A recent bowling activity had everyone cheering for a strike!

Pink Cadillac
Jameson Care Center
New Castle
Local teens helped to create a 1950s soda shop and served residents delicious malts and floats.

Lifelong Learning
Jameson Place
New Castle
A lifelong learner, 96-year-old Mary Kay Soriano completed a creative writing course at The Institute for Learning in Retirement in Slippery Rock.

Family Fun Day
Lighthouse Pointe
Fox Chapel
Penn Trafford Band provided the entertainment for a wonderful Family Day. Games, Italian ice, and refreshments made the day extra fun!

A Special Visitor
Seneca Hills Village
Verona
Jaxson, a therapy dog, makes frequent visits to brighten up even the grayest of days.

Bull's-Eye
Seneca Place
Verona
At the request of residents, Seneca Place has started a competitive Bull's-Eye Club. They play weekly and have so much fun!

Jewelry Crafting
Strabane Trails Village
Washington
Beautiful pieces of jewelry were hand-crafted during a popular activity class.

Happy Birthday
Sugar Creek Station
Franklin
Birthday wishes to Jim Ash who celebrated his 100th birthday with family and friends on March 29.

Senior Prom
Vanadium Woods Village
Bridgeville
"Under the Sea" was the theme for the 2019 senior prom. Attended by 85 residents, the evening was capped off with six residents being crowned Duke, Duchess, Prince, Princess, King and Queen.

Original Art
Weatherwood Manor
Greensburg
A recent tea party was a special treat and all the ladies were treated like a queen for the day!

Ice Cream for Everyone

Avalon Place
New Castle
Henry, the Ice Cream Man, visits Avalon Place each month for residents to enjoy a frozen treat.



Buddies
Sherwood Oaks
Retirement Community
Cranberry Township
Miniature horses brought plenty of smiles during their visit to Sherwood Oaks.



IN LOVING memory



Mary Magdalene “Maggie” (Taylor) Jenkins
July 6, 1922 – March 12, 2019

Growing up in Monongahela, Maggie had a zest for life and cultivated many friends and lifelong colleagues along her journey. Her story is that of a loving wife, mother, grandmother, and friend. She was a pillar of strength and wisdom to all who knew her.

A 1940 graduate of Monongahela High School, Maggie married her teenage sweetheart Roy in December of 1940. This loving union endured 64 years and bore five children. She and Roy relocated to McKeesport

where they would raise their family. Living in the very close-knit Third Ward neighborhood, their children grew up among many aunts, uncles, cousins, and extended family. While the children played, Maggie and her sisters-in-law could be found on one porch or another catching up on the latest news – not gossip, mind you. Perhaps this was when Maggie first coined one of her favorite expressions “I don’t ask anything, if THEY want to tell me something, THEY will.”

While raising her family, Maggie was a tireless worker at McKeesport Hospital. Over the years, she was employed in the Central Supply Department, Pediatric Unit, and in the original Hospital Clinic. She retired after 30 years of dedicated service.

Church was always an important part of her life; Maggie was a faithful member of the Bethlehem Baptist

Church. She gave many hours volunteering for the Hospitality Committee and helping others at the Food Bank.

Later in life, this vibrant woman would become a beloved resident of UPMC Canterbury Place. Maggie loved her family and was a nurturer to family and friends alike. In times of trouble, she would often say, “I have a private pipeline to the Man Upstairs.”

After Maggie’s passing, her family wished to keep that pipeline open and has donated a hand-crafted Prayer Box for the Chapel at Canterbury Place. Residents, families, and employees may drop in their prayer requests for the “Man Upstairs.” The Prayer Box will be dedicated to honor the memory of Maggie later this fall and her legacy will live on to help others with their spiritual needs.

To memorialize a family member or friend, please contact Debra Panei, Director of Development, at 412-864-3524 or paneid@upmc.edu. Donations benefit the UPMC Senior Communities Benevolent Care Fund.

Tribute Gifts January 1 - June 30, 2019

A tribute gift made to honor a special friend or to memorialize a loved one will enrich the lives of residents within UPMC Senior Communities. These thoughtful contributions allow for quality, compassionate care to be provided to those with diminished financial resources.

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		Staff at UPMC Heritage Place	Mr. Donald M. Backer

Our Champions

January 1 - June 30, 2019

A special thank you to the generous donors who have dedicated charitable gifts to support seniors in need. By contributing to the Benevolent Care Fund, Interfaith Pastoral Care Fund, Life Enrichment Program, Living-at-Home Program, and Legacy Loyalist Program you have made a difference in the lives of many.

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Need help finding community resources for seniors or caregivers?

Call the Aging Institute
of UPMC Senior Services
and the University of
Pittsburgh free referral
line at 1-866-430-8742
or visit Aging.UPMC.com.



UPMC Senior Communities
200 Lothrop St.
Pittsburgh, PA 15213

Visit our website at
UPMCSeniorCommunities.com
or call 1-800-324-5523.

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FREE MATINEE MOVIES

Seniors enjoy a variety of free matinee movies every **Monday at 2 p.m.** (and 7 p.m. for select movies). No reservations required — first come, first seated. Call 412-635-8080 for general information or weather cancellations. Visit TheLegacyLineup.com for a complete listing.

Long Shot

(R, 125 min)

Monday, 2 p.m.
September 23, 2019

POMS

(PG-13, 91 min)

Monday, 2 p.m.
September 30, 2019

Breakthrough

(PG, 116 min)

Monday, 2 p.m.
October 7, 2019

A Madea Family Funeral

(PG-13, 109 min)

Monday, 2 p.m.
October 14, 2019

The Best of Enemies

(PG-13, 133 min)

Monday, 2 and 7 p.m.
October 21, 2019

The Hustle

(PG-13, 93 min)

Monday, 2 p.m.
October 28, 2019

Apollo 11

(G, 93 min)

Monday, 2 p.m.
November 4, 2019

A Dog's Journey

(PG, 109 min)

Monday, 2 p.m.
November 11, 2019

The Secret Life of Pets 2

(PG, 86 min)

Monday, 2 p.m.
November 18, 2019

Late Night

(R, 102 min)

Monday, 2 p.m.
November 25, 2019

Yesterday

(PG-13, 116 min)

Monday, 2 p.m.
December 2, 2019

Lion King

(PG, 118 min)

Monday, 2 p.m.
December 9, 2019

White Christmas

(Not Rated, 120 min)

Monday, 2 p.m.
December 16, 2019



FREE EDUCATIONAL SEMINARS

Seminars are every other Tuesday at 11 a.m. RSVP at 412-635-8080 or for weather cancellations.

Move It or Lose It!

Tuesday, October 1, 2019, 11 a.m. — *Speaker: Jennifer S. Brach, Ph.D., PT, Professor in Department of Physical Therapy at University of Pittsburgh, national and international speaker.* Dr. Brach has 20 years of experience conducting aging and mobility research. She received funding from the National Institute of Health to conduct clinical trials in exercise for older adults.

It's A Hockey Night in Pittsburgh! 1893 to Today

Tuesday, October 15, 2019, 11 a.m. — *Speaker: Larry Woods, Heinz History Museum.* If you are a Penguins fan, this seminar is for you. Our speaker will be tracing Pittsburgh's hockey history from its beginnings in Oakland to the PPG Paints Arena.

Haunted Hollywood

Tuesday, October 29, 2019, 11 a.m. — *Speaker: Tom Madden, Asylum Entertainment Director and Filmmaker.* Take a spooky walk back through the classic "jump-out-and-scare you" films from Hollywood.

Marketing the Presidency: A Visual Tour of 125 Years of Presidential Artifacts

Tuesday, November 19, 2019, 11 a.m. — *Speaker: Stephen E. Mihaly, Collector of Presidential Artifacts, Retired Vice President, H. J. Heinz Co.* Steve Mihaly is a collector of presidential Americana and holds one of the largest privately held collections in the country.