



December

ASBURY HEIGHTS

Activity Calendar

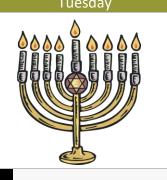
Ashley White 412-571-5183 **IL Activities Coordinator**

Noah Al-Shemmari 412-571-5172 **IL Activities Assistant**

ACTIVITIES CENTER FITNESS CENTER FC HICKMAN CHAPEL HC LIBRARY LB **LINDEN GARDEN** LG **TENT**

MAIN DINING ROOM MDR MALL ML**NEW SOCIAL ROOM** NSR REGENCY ROOM EMBASSY RR **SUNSET ROOM** SR

for updates and redaily schedule of act All Resident-Reare on the back of	tivities and events* un Activities	
*Please tune in		0000 B
	Monday	lue:







NSR

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1		2	
10:00 Fitness Class	NSR	1:00 Movie Matinee	AC
1:00 Bingo	NSR	6:30 Happy Hour	NSR
6:30 Music by The Harmony			11011
Singers	NSR		

2:30 Church Service	HC1	0:00 Fitness Class
	1	1:00 Bingo
	3	:00 Book Club
	5	:00 Dinner at Bonefish Gril



	0	
HC	10:00 Fitness Class	NS
AC	11:00 Ornament Making &	
NSR	Hot Cocoa Bar	A
	1:00 Trip Cmte Meeting	A
NSR	1:30 Catholic Mass	H
AC	2:00 Virtual Reality	A
	6:00 Clinton Christmas Ligl Display Tour	ht
	13	
TIO	10 00 F'L Cl	RIC

		/		
	NSR	10:00) Fitness Class	NSR
king &			Library Cmte Meeting	LB
ming &	AC	1:00	Bible Study	HC
ting	AC	2:00	Games with Noah	AC
8	HC		1	
	AC		W	7
nas Ligl	ht			
ius Eigi		F	irst Day of Hannukah	1
		14		
	NICD	1 0.00) Eitmoog Class	NICD

	1:00 Bible Study	HC	
,	2:00 Games with Noah	\mathbf{AC}	
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	lu l	1	ŀ
	First Day of Hannukah		
	14		I
R	10:00 Fitness Class N	ISR	ŀ

8		9	
10:00 Fitness Class	NSR	1:00 Movie Matinee	AC
10:00 Cards with Linda 11:00 Cranium Crunches	AC NCD	3:00 East End Kids "Celebrate Christmas"	
1:00 Cramum Crunches 1:00 Bingo	NSR	"Celebrate Christmas"	NSR
2:30 Stories with Holes Game v		6:30 Happy Hour	NSR
Rosemary	AC		

10	11	
2:30 Church Service	HC 10:00 Fitness Class	NSR
	11:00 Bingo	NSR
	1:00 Emergency Services Program with Medical Re- Team South	scue NSR

	12			
NSR	9:00	Morning	Prayer	
NSR	10:00	O Coffee H	Clatch	
	11:30) Fitness	Class	N
e	1:30	Better Yo	our Bala	nce
NSK	6:00	Christma Ward Man	s Party	with
	Rene	wed Men	nories	N

HC	10:00 Fitness Class
AC	11:00 Christmas Card Place
NSR	with Carol
FC	1:30 Eucharistic Service
10	11:00 Christmas Card Place with Carol 1:30 Eucharistic Service 2:00 Virtual Reality
	2:30 Birds of Columbia
IVJI	Presentation with Sam

cemats AC	14 10:00 Fitness Class 11:00 Lunch at Aladdin's Eatery 1:00 Bible Study
NSR	Ugly Sweater Day
MCD	21

	15		16	
SR	10:00 Fitness Class	NSR	10:00 Cumberland Valley	
	11:00 Cranium Crunches	NSR	Chorus	NSR
	1.00 Pingo	NCD		AC
НC	3:00 Game-O-Rama with Geo Ashley and Noah	rge,	C 20 Harras Harra	
	Ashley and Noah	NSR	6:30 Happy Hour	NSR

17
1:45 POPS Concert
2:30 Church Service

10	
10:00 Fitness Class	
HC 11:00 Christmas Bingo 1:30 Building Rep Meetin	
1:30 Building Rep Meetin	g
5:00 Dinner at Olive Gard	

	19
NSR	9:00 Morning Prayer
NSR	10:00 New Resident
	Reception
	11:30 Fitness Class
	1:30 Better Your Balance
	2:00 Trip to Marshall's
	6:00 Painting with Noal

	20
	10:00 Fitness Class
	11:00 Purposeful Service
NSR	Project - DIY Dog Treats
	1:30 Eucharistic Service
	2:00 Virtual Reality
	3:00 Holiday Sing-Along wi
AC	Ashley and Noah

	21	
NSR	10:00 Fitness Class	NSF
	1:00 Bible Study	HO
AC	2:00 Games with Noah	A
HC	7:00 George Savarese Cu	ırren
	Events Speaker	H
th	_	
NSR		

NSR	10:00 Fitness Class	NSI
HC	10:00 Cards with Linda	A
AC	11:00 Cranium Crunches	NSI
ent	1:00 Christmas Bingo	NSI
HC	2:30 Stories with Holes Game	with
	Rosemary	A

	23		
		Movie Matinee	A
AC	6:30	Happy Hour	NS
NSR		110	
NSR			
with			
AC			

2:30 Christmas Eve Church Service (24) 6:00 NYE Party (31)



26
9:00 Morning Prayer
No Fitness Classes Today
<mark>No Coffee Klatch Today</mark>



	27	
HC	10:00 Fitness Class	NS
	11:00 Get Creative with Ash	ley A
	1:30 Eucharistic Service	H
	2:00 Virtual Reality	A

	I .	
	28	
ISR	10:00 Fitness Class	NS
AC	11:00 Lunch at Tacosbu	rgh
	1:00 Bible Study	Н
AC	2:00 Games with Noah	A

Winter Solstice

29
10:00 Fitness Class
11:00 Cranium Crunches
11:00 Dining Cmte Meetin
1:00 Bingo

		30	
	NSR	10:00 Music Exploration	with
	NSR	Nooh	AC
ıg	MDR	1:00 Movie Matinee	AC
	NSK	1:00 Movie Matinee 6:30 Happy Hour	NSR