

## A Few of Our Projects

- Lap blankets and shawls for our residents and **Hickman Chapel**
- Chemo caps for the **St Clair Cancer Center**
- Pet beds and toys for **Animal Friends** shelter cats
- Pill bottles for the **Malawi Africa** medical facilities
- Christmas/holiday cards for the **Military Connections** group for our overseas troops
- **Little Dresses for Africa**—a non-profit Christian organization providing relief to vulnerable children throughout the world
- Knitted hats for the homeless through various Pittsburgh-based organizations
- Baby hats for the **Nyadire Mission** in Zimbabwe, Africa

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**Acknowledgment**—We appreciate every minute of the time you spend in behalf of others. To show our appreciation for your kindness, we count your valuable time as 'Volunteer Hours'. All volunteers are invited to attend an annual event sponsored by Asbury Heights in your honor.



## An Invitation to Join

If you wish to join the Asbury Angels or would like more information, please contact:

Carol Todd—Independent Activities

Extension: 5088, Room 6269

We meet every first Thursday of the month at 10:30am, in the Activity Center, Room 6269.

You are welcome to join us to see what we are all about.



So when I stand  
before God at the  
end of my life, I  
would hope that I  
would not have a  
single bit of talent  
left and could say,  
"I used everything  
you gave me".

Erma Bombeck



# Asbury Angels

**Helping Hands ~ Healing Hearts**



*Assisting those in need*

*Serving the community*

*Being a friend*

*Using one's talents*

*Reaching out to others*

*Yes to the call*

*Angels who*

*Nurture and spread*

*Goodwill,*

*Encompassing*

*Loving*

*Service to others*

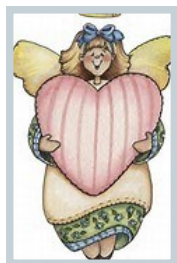
**Asbury**  
HEIGHTS

# WHAT WE DO...

## Our Mission

The **Asbury Angels** are comprised of a group of volunteer independent resident men and women who are willing to dedicate their time providing companionship, comfort or aid to our fellow residents, and by doing so we hope to encourage healing of body, mind and spirit.

Our purpose is to offer fellow residents a life-enriching experience through compassionate care and understanding. The following pages are an overview of the **Asbury Angels** experience.



## Exploring Opportunities

Our primary mission is to visit long-term residents who have no family or few visitors, or residents who are ill or in recovery in our various **Asbury Heights** locations.

These individuals are provided to us through:

- Nursing Centers/ Staff Members
- Census Reports
- Individual Requests

Resident names are either assigned by the Independent Activity Assistant responsible for overseeing the *angels*, or members of the *angels* who may select certain individuals to visit. This is done solely on a voluntary basis.

The frequency of the visits is determined by the visiting *angel*. There are no set rules governing visitations, however, it is suggested that timely visitations be set between the resident and the visiting *angel*.

**New Residents**—We also encourage our *angels* to reach out to new residents after their initial orientation. Many of our new residents may need a little guidance and friendship to help them acclimate to the Asbury way of life. Calls or visits are encouraged.

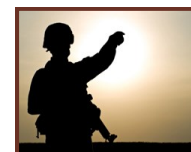
**Special Projects**—The *angels* may become involved in special projects such as the ones listed on the back of this brochure. All projects are done on a voluntary basis.



**Prayer Warriors**—As part of our ministry, we encourage members to pray for our fellow residents and each other.



**Military Connections**— We have contacted a non-profit group in Pittsburgh called **Military Connections** that provides cards, care packages, equipment and supplies to our military troops overseas. The *angels* sponsor annual holiday cards for our troops overseas. All Asbury residents will have an opportunity to participate in the card signing. You can visit their website at: [www.militaryconnections.org](http://www.militaryconnections.org)



**Confidentiality**—Being an Asbury Angel carries with it a responsibility to respect the privacy of the people you are visiting. It would not be appropriate to discuss the individual's health status or personal information that they or a family member may share with you. Photos are not permitted without written consent from the resident on a specific consent form which can be obtained through the independent activities department. We ask that our *angels* use common sense and respect the privacy of the person being visited.

