

Asbury Update

Employee News and Information

April 2022

Vaccine Mandate Reminder

Getting the COVID-19 vaccine or filing for a medical/religious exemption is required for employees of senior living communities according to the Centers for Medicare & Medicaid Services (CMS) federal vaccine mandate.

Although the CMS deadlines of Jan. 27 and Feb. 28 have passed, it's not too late to get the vaccine or request a medical or religious exemption.

- **If you previously chose not to be vaccinated, you are encouraged to do so now.** You can [schedule your COVID-19 vaccination through UPMC](#), or visit a non-UPMC provider or UPMC Urgent Care location and self-report your vaccination status in the UPMC Vaccine Portal.
- If you would like to request a medical or religious exemption, submit it now through the [UPMC Vaccine Portal](#). The portal was recently updated with a streamlined form to make requests more efficient.
- If you've already completed required vaccination or requested an exemption, verify your data appears correctly in the UPMC Vaccine Portal.



Spring Split the Cash 50/50 Raffle

Take a chance to win a CASH PRIZE!
Ticket Prices: 1 for \$10 • 3 for \$25 • 6 for \$40

We are excited to participate in the Celebrating Senior Champions Raffle presented by UPMC Senior Communities which includes Asbury Heights.

- Drawing to be held on Monday, May 23, 2022 at Noon. Winner need not be present to win. The winner will be contacted by phone/email.
- Proceeds will be split evenly between winner and UPMC Senior Communities Benevolent Care Fund.

**Tickets may be purchased by contacting:
Asbury Foundation
412-571-5106**

Virtual Town Hall

The next Virtual Town Hall will take place on **Tuesday, April 12** at 1:30 pm. There will be an open Q&A session.

[Click here to join this meeting.](#)



This month's campus-wide themed day is Earth Day on **Friday, April 22**. This will also be April's Welcome to Work Day.

Be sure to "go green" with the appropriately-colored attire. Jeans are also permitted.

New Security and Emergency Call Technology

We will soon utilize two new systems that will assist in the safety and wellbeing of Asbury's residents. The new TruView system will replace the current Spyder system while the Elpas system will be used in place of the current WanderGuard system.

The TruView system will be used in independent apartments on the Bower Hill campus as well as carriage homes and the personal care areas of Laurel Lane and Asbury Villas. Residents will use a Geo pendant in place of their Spyder pendants.

These systems are expected to be operating by mid April.

Senior Services Suggestion Box

[Click this box to access the form!](#)

As part of our continuous improvement efforts, Human Resources has created an online suggestion box for you to share your feedback.

Suggestions will be reviewed on a monthly basis.

Rebecca Staley, Sr. HR Consultant
412-756-3562
gloffr@upmc.edu



Fire Safety Training For Personal Care Staff

All staff who interact with personal care residents (including staff of Asbury Place, Asbury Villas, and Laurel Lane) are required to attend an in-person fire safety training once a year with Mt. Lebanon Fire Department. Please plan to attend one session this year. All trainings will be held in the Sunset Room.

If you have any questions, please contact Ruku Phanse (ext. 5015) or Kevin Bushmire (ext. 5380)

The next training is scheduled for **Monday, April 11** at 2pm.

Employee Perks

Did you know there are hundreds of perks and discounts available to you as a UPMC employee? Dive into the discounts by visiting [UPMC's perks website!](#)

Safety Committee News

The goal of Asbury's Safety Committee is to promote and maintain a safe environment for staff, residents, families, and anyone else who may visit the campus.

March's meeting discussed several areas of concern including potential tripping hazards and areas soon in need of repair. The Committee also reviewed specific incidents that left employees injured and discussed the necessary corrective action to avoid such situations going forward.



A summary of the most recent meeting is posted on the Safety Committee bulletin board located in the main building (Building 3, Level 3), at Asbury Place, and at Asbury Villas.

Do You Know a MyHealth Role Model?

A MyHealth Role Model is a co-worker who made a significant healthy change, such as managing stress, quitting smoking, eating better, or exercising more. MyHealth Role Models possess qualities we would like to have. Their dedication to their goals makes us want to live a healthier life.

[Nominate your role model today!](#)

(Please select UPMC Senior Services as your Business Unit.)

Deadline for nominations: **Sunday, May 1**

Fitness Center Open to Employees

Beginning April 4, employees will be able to use the equipment in the Fitness Center. If you would like to lose weight or increase your physical endurance, you may now work toward your goal in the Fitness Suite before or after your shift.



Please know that residents will have priority use of the fitness machines and equipment.

Speed Limit Reminder

The temperature is rising, but that doesn't mean the speed limit is getting any higher.



Please maintain a speed of no more than 15mph while driving through the campus. As residents venture out to take advantage of the warmer weather, we want to ensure they can do so in a safe environment.

Getting to Know You

Let's give a warm welcome to our new co-workers! We're happy that you're here and look forward to working with you.



Jessica Fagan

Job Title: Receptionist

Location: Asbury Heights Lobby

"I have a passion for health, wellness, and holistic nutrition!"



Jennifer Sloan, LPN

Job Title: Professional LPN

Location: Asbury Villas

"I recently graduated from nursing school. It was a scary decision to go back to school as an older student, but I'm so happy I did it!"



Rebecca Renwick

Job Title: Fitness Center Asst.

Location: Fitness Center

"I completed my internship at Sherwood Oaks, part of UPMC Senior Communities. I am excited to work in a senior community again!"

We will be contacting new employees every month for this section. Check your UPMC email account for your opportunity to be featured or contact Jon Ebel at ebeljt@upmc.edu.

Uniform Sale

Friday, April 29
6:30am-3:00pm
Breezeway



Employee Appreciation Week

Employee Appreciation Week will take place between May 9 and May 13 with each day having its own special theme.

Monday, May 9: Country themed day
Tuesday, May 10: Pittsburgh attire
Wednesday, May 11: 1950s Day
Thursday, May 12: Luau Day in the Linden Garden
Friday, May 13: Tie Dye Day

Jeans will be permitted throughout the week!
Look for additional details coming soon.



The Linden Garden will once again be the location for an outdoor employee picnic later this spring!



Fountain Drinks

After a 2-year hiatus, self-serve fountain and coffee drinks have returned to the Café!

Fountain drinks include Pepsi, Diet Pepsi, Cherry Pepsi, Root Beer, Mountain Dew, Pink Lemonade, and Sobe Pomegranate Water. Each cup is \$1

Coffee is Folgers regular or decaf at no cost! FREE coffee!

Cappuccino includes Swiss Mocha, S'mores, and White Chocolate Caramel. There will be different flavors added for different seasons. Each cup is \$1

Please pay at the counter to receive your cup.

Due to infection control protocols, cups cannot be reused. This means we cannot offer free refills.

There will be a few "Free Fountain Drink Days" every month.

Price Adjustment for Café Special

Beginning Monday, April 4, the daily Café special will be priced at \$6.50 (\$5.55 with the employee discount). The special will include either a bottle of water or a fountain drink.

The daily special is the Café's most popular item. The current pricing is not covering our expenses. This price increase will enable us to continue offering a quality daily special that we've come to enjoy.

Thank you for your understanding.

LifeSolutions[®] Employee Assistance Program

LifeSolutions is an employee assistance program (EAP) that can help you balance your work and personal life to become happier, healthier, and more productive.

The EAP is staffed with trained professionals that can assist with a variety of things such as stress, anxiety, grief, and work-related challenges. Consultation services include short-term coaching and counseling, parenting resources, community referrals, and 24/7 phone support for immediate help.

Services are private, confidential, and available to you and members of your household at no cost.

[Learn more about LifeSolutions.](#)

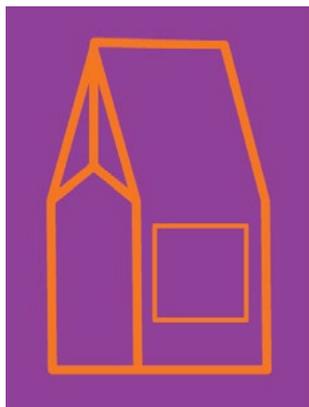
Scouting for Food & Chow Wagon

UPMC's Annual Food Drive Kicks Off April 1

On **Friday, April 1**, the annual Scouting for Food and Chow Wagon campaigns kick off across UPMC.

In 2021, despite the challenges presented by the ongoing pandemic, UPMC staff came together — even while physically apart — and raised an impressive 1.65 million units of food. While this total was a slight decrease from 2020, it made a major impact to our partner food banks and animal shelters across every region UPMC serves.

This year's campaign theme is "**Full Hearts, Full Pantry.**" It's a great reminder that when you generously give, not only is our heart filled with love and compassion, but our food bank and animal shelter partners are able to stock their cupboards and pantries full of much-needed food and supplies.



Remember, [you can also donate online](#) to your local food banks and animal shelters. Both food banks and animal shelters have experienced significantly increased usage and activity during the pandemic, and they count on your support to continue feeding families and caring for pets in our community.

This year's goal is to once again raise 1.8 million units across UPMC. With your help, we will reach that goal and help achieve full hearts and full pantries for our community partners.

When you contribute \$20 or more online toward Scouting for Food/Chow Wagon, you will be automatically entered into weekly system-wide raffle drawings for prizes — including logo merchandise from the UPMC Store, signed Pittsburgh sports memorabilia (including a Sidney Crosby jersey), gift cards, five pounds of



Sarris chocolate, and much more. Once you donate, you will be entered for the entire month and are eligible to win throughout the campaign.

Please place your food donations for people and pets in one of the several collection boxes that will soon be placed in common areas around campus.



All month long, stay tuned to Yammer for campaign progress updates, raffle winner announcements, and stories that show [#FullHearts](#) will make this campaign a success.

[Learn more about Scouting for Food and Chow Wagon.](#)



Questions?

Contact John Komisary at komisaryjr@upmc.edu or ext. 5133



April 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1 PAY DAY Susan Kuruce-Clutter (3) Jennifer Steele Alexandra Wirth 	2 Dania Hill
3	4 Eric Freiland (5)	5	6 Lisa Osborne (7) John Schricker (7)	7 Teresita Mendoza (9)	8 Edward Dulick Francis Gallo (8)	9 Tonya Evans
10 Cindy Bruno Kyle Scully	11	12 Linda Reese Francis Schwarzmeier (1)	13 Dana Turner (5)	14 Edward Boyd Raysa Periu (14)	15 PAY DAY Edward Boyd (3) Melany Hornyak (3) Raelene Kosey (3)	16
17	18	19 Kathleen DeWitt Safety Committee @2:30pm	20	21 Michael Huggins (13) Joseph Lettiero Martina Okafor	22 Earth Day Welcome to Work! 	23 Debra Nichols (10)
24	25 Mohammed Bessalah Cathy Glumac	26 Audrey Burgoon Michael Mulvihill (1) Ivy Mwakughu (1) William Snyder (1) Alexandra Wirth (1)	27 Martina Okafor (2) Rukmani Phanse (2)	28 Kathryn Johns (16)	29 Uniform Sale PAY DAY Colleen Farrell	30 Sherry Lenik (16)

Asbury's Yammer Group

Ask questions, connect with others, praise co-workers, and create polls. Yammer is a tool that allows you to interact with the entire Asbury team and be more in the know. Yammer is similar to other social networks, but is only for UPMC employees. Check out Asbury's Yammer group today!



Jeans Day

Jeans are only permitted on days where this symbol appears.

ASBURY HEIGHTS

Part of UPMC Senior Communities
700 Bower Hill Rd.
Pittsburgh, PA 15243
412-341-1030
asburyheights.org

Birthday
Anniversary (# of years)

Asbury HEIGHTS
Part of UPMC Senior Communities