

Asbury Update

Employee News and Information

December 2021

Introducing Care Points

A New Universal Reward Program for UPMC Staff

UPMC Care Points is a new universal reward program for UPMC staff who model the behaviors of the UPMC Experience, the UPMC Values, or perform a good deed. Staff can collect and redeem Care Points certificates (right) for prizes during quarterly redemption periods. Prizes include gift cards, UPMC gear, and raffles to win higher-value prizes.



All non-supervisory, non-management staff are eligible to receive Care Points. Here are a few ways YOU can earn Care Points:

- Modeling one of the [four key behaviors](#) of the UPMC Experience
- Living our [UPMC Values](#)
- Helping a coworker with a difficult task
- Volunteering for a new project or assignment
- Patient or peer recognition
- Self-improvement
- Above and beyond assisting a peer

There will be a secure mailbox in each venue for you to redeem your Care Points. Prize order forms and envelopes will also be available near the mailboxes. Look for more information coming soon.

Now is the opportunity to receive Care Points at Asbury Heights!

Open Enrollment Correction Period

Need to make last-minute changes to your Open Enrollment selections? Now is your last chance! Go to HR Direct and select "Benefits" **before Friday, December 10** to make adjustments to your 2022 plans.

If you need assistance, please reach out to Rebecca Staley, HR consultant, at gloffr@upmc.edu.

COVID-19 Vaccine Mandate



The Biden Administration announced details for federal COVID-19 vaccine mandates that will impact all of UPMC. UPMC will comply with these governmental requirements for COVID-19 vaccination for our employees and affiliated staff.

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Vaccine Mandate

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To be compliant with the federal mandate, staff must complete the approved vaccination dosage regimen, currently defined by the federal government as:

- A single dose of Johnson & Johnson by Sunday, December 5, *or*
- A first dose of mRNA (Pfizer or Moderna) by Sunday, December 5, and a second dose (appropriately scheduled from your first dose) of Pfizer or Moderna by Tuesday, January 4, 2022.

Medical and religious exemption requests may be submitted for consideration.

UPMC believes that vaccination is important and helps protect everyone. We advocate that all who can be vaccinated should be vaccinated. Vaccines can be received from your PCP and area pharmacies. Remember to log your vaccine in the [Vaccine Portal](#).

It's important to recognize the risks of forgoing vaccination include serious health complication, long-term hospitalization, and death. Today, if you are unvaccinated, you have a 10x higher risk of dying from COVID-19.

For more information, please read the "COVID-19 Update: Federal Mandate Information" sent to your UPMC email account on behalf of Tami Minnier, Dr. Graham Snyder, and Dr. Donald M. Yealy on November 23.

Senior Services Suggestion Box

[Click this box to access the form!](#)

As part of our continuous improvement efforts, Human Resources has created an online suggestion box for you to share your feedback.

Suggestions will be reviewed on a monthly basis.

Rebecca Staley, Sr. HR Consultant
412-756-3562
gloffr@upmc.edu

Employee Holiday Celebration

Let's celebrate the holidays! This year's celebration will be a very special "lunch to go" event. The menu is still being finalized and will be shared with you via email and Asbury's Yammer group. Be sure to check your email daily!

This year's Employee Holiday Celebration will take place in the Main Dining Room (main building) on **Tuesday, December 21** between 10:30 am and 2:00 pm. The same lunch will be available for the third shift staff.

There will also be a chance to win a future food/beverage event for your department. These future events will feature food and beverages from popular places like Starbucks and Bravo!

2021 United Way Campaign is Underway!

We are lucky to have many of our staff support Asbury Heights and the residents we serve by participating in our annual United Way Campaign. As UPMC Employees we can donate a monetary amount through payroll deduction (actual contribution will start coming out of the first pay in 2022) or by donating PTO hours. **It's easy as 1, 2, 3!**

1. **Visit Infonet and type "United Way" in the Search Box.**
2. **Click the "United Way" box**
3. **Complete the online United Way Donation Form designating your gift in support of Asbury Foundation** (Remember, when Searching for Charities to support type: Asbury Foundation, Pittsburgh, 15243 this will generate our code #308).

Please contact Courtney Kartman directly, at 412-571-5106 as she will be happy to help you with any questions you might have and to assist you in completing your online donation form.

Thank you all in advance for your generous contributions to Asbury Foundation. Your gift stays right here at Asbury to support our Residents.

This year's campaign ends on Friday, December 24.

Mindful Meditation

A Program From LifeSolutions

Join us for weekly guided mindfulness sessions!

During uncertain times, mindfulness can allow you to navigate unpredictability with more grace, calm, and kindness toward others. Join us as we explore a new mindfulness exercise, technique, or practice.

There are 30-minute mindfulness sessions every Tuesday at 7:30am and every Thursday at noon. These sessions are conducted through Microsoft Teams.

Click here to [join the session on Tuesday, December 7.](#)

Click here to [join the session on Thursday, December 9 at noon.](#)

Doggy December

Every dog has its day!

This well-known phrase becomes a reality during our next campus-wide themed day - Doggy Day on **Thursday, December 9!** Jeans are permitted.



Residents will be making treats and blankets for the dogs residing at Angel Ridge Animal Rescue in Washington county.

Vaccine Portal

Flu and COVID Vaccination Details

The UPMC Vaccine Portal is available to serve you with several COVID-19 and flu vaccine-related tasks. This includes the capability of viewing and printing your vaccination details.



Learn more about [what you can do through the Vaccine Portal.](#)

[Visit your Vaccine Portal.](#)

Getting to Know You

Let's give a warm welcome to our new co-workers! We're happy that you're here and look forward to working with you.



Allison Markovich
Job Title: Nurse Manager
Location: Skilled Nursing

"My family and I love Disney and vacation there frequently!"



Kyle Lyn Coval
Job Title: Activities Coordinator
Location: Laurel Lane

"I enjoy camping!"

We will be contacting new employees every month for this section. Check your UPMC email account for your opportunity to be featured or contact Jon Ebel at ebeljt@upmc.edu.

Self Evaluations

Between December 15 and January 15, you will have the opportunity to evaluate your 2021 performance. This performance evaluation will be accessible through HR Direct.

Please take the opportunity to write your accomplishments, actions you've taken that exemplify the values, and anything else you'd like your manager to know. This is your opportunity to remind your manager of your great work over the past year when they complete your review and request your merit increase.

More information will be coming soon. Please regularly check your UPMC email account.

December 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	1	2	3 Marjie Doughton Eric Freiland 	4 Tim Bannon
5 Beth Skreptach (16)	6 Michael Murray	7 Stephanie Ambruster (1) Melissa Cerminara Sydney Clever (1)	8 Zeke Brenkus	9 Doggy Day Nadia Khettar 	10 PAY DAY Tori Martinez Loreta Ritts	11
12 Debra Bellisario (4) Victoria Smith (4)	13 Marlaina Wolfe (5)	14 Paula Folino (23) Katie Mikach	15 Beth Reid (12)	16 Maria Bucci (2)	17	18
19	20 Sydney Clever Cleopatra Grafton	21 Holiday Celebration 	22 Bala Khanal	23	24 PAY DAY Karen Wiley (35)	25 Christmas Kathleen Symsek
26	27	28 Rosanna Vacca	29 Holly Villella	30 Linda Campbell Steven Yarros	31	1

Asbury's Yammer Group

Ask questions, connect with others, praise co-workers, and create polls. Yammer is a tool that allows you to interact with the entire Asbury team and be more in the know. Yammer is similar to other social networks, but is only for UPMC employees. Check out Asbury's Yammer group today!

ASBURY HEIGHTS

Part of UPMC Senior Communities
700 Bower Hill Rd.
Pittsburgh, PA 15243
412-341-1030
asburyheights.org



Jeans Day
Jeans are only permitted on days where this symbol appears.

Birthday
Anniversary (# of years)

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