

# Asbury Update

## Employee News and Information

November 2021

## Open Enrollment

### Sign up for Health Insurance Before November 10

Open enrollment for health insurance and other benefits is currently taking place **until Wednesday, November 10**. This is your annual opportunity to make changes to your health and welfare benefits that will be effective starting January 1, 2022.

There will be **no health insurance increase for 2022** and there will be many positive adjustments for part-time employees.

[Click here for the Open Enrollment Checklist](#)

**Ryan Benedict**, a representative from Brian Patten & Associates, will be on site to answer your questions regarding benefits and assist you with open enrollment on **Tuesday, November 9** between 7am and 4:30pm in the Conference Room (6402) behind the reception desk in the main lobby.



Ryan will be available by appointment only. **To schedule your 15-minute appointment, please contact Rebecca Staley, Sr. HR Consultant, at [gloffr@upmc.edu](mailto:gloffr@upmc.edu).**

## Tele-Town Hall COVID-19 Update

### Wednesday, November 3



Please join us on **Wednesday, November 3** at **2 pm** for a telephone question and answer session. A panel of experts from UPMC Senior Communities, led by Chief Medical Officer Dr. David Nace, will provide the latest information. This will be a teleconference. Please call 855-962-0996 to participate.

Dr. Nace serves on the federal Coronavirus Commission for Safety and Quality in Nursing Homes and is regarded as an expert in the safe operation of senior residences during COVID-19.

# Final Reminder!

## Take a Healthy Step

If you have health insurance through UPMC, be sure to complete the MyHealth Questionnaire, a biometric screening, and personalized Healthy Step activities by **November 10, 2021**. You can achieve a healthier lifestyle and earn a \$2,000 deductible credit incentive for 2022.

# ACES

## Help Recognize UPMC's Most Exceptional Employees

This year marks the 20<sup>th</sup> anniversary that UPMC will recognize and honor its staff as ACES.

You are encouraged to nominate a coworker who has gone above and beyond to meet a resident's needs, or consistently provided leadership and superior service to their colleagues and residents under their care.

The deadline for this year's ACES nominations is **Tuesday, November 30**. [Nominate a deserving coworker today](#). The 2021 ACES winners will be selected and be celebrated throughout 2022.

# Senior Services Suggestion Box

[Click this box to access the form!](#)

As part of our continuous improvement efforts, Human Resources has created an online suggestion box for you to share your feedback.

Suggestions will be reviewed on a monthly basis.

Rebecca Staley, Sr. HR Consultant  
412-756-3562  
gloffr@upmc.edu

# Costume Contest Winners

This year's Halloween Costume Contest was conducted virtually as COVID mitigation efforts continue. Contestants shared a photo of themselves in costume with Teresa Valentino, activities director, who presented them to nearly a dozen resident judges.

The winner(s) of each category received gift certificates to the Asbury Café and will have bragging rights for an entire year!

Scariest: **Lynn Gallo**, Activities

Funniest: **Sean Lyons**, Cura

Cutest: **Eddie Boyd**, Activities

Most Creative: **Teresa Valentino**, Activities

Best Group: **Asbury Villas**

Visit [Asbury's Yammer page](#) to see all the costumes submitted for the contest.

# 2021 United Way Campaign is Underway!

We are lucky to have many of our staff support Asbury Heights and the residents we serve by participating in our annual United Way Campaign. As UPMC Employees we can donate a monetary amount through payroll deduction (actual contribution will start coming out of the first pay in 2022) or by donating PTO hours. **It's easy as 1, 2, 3!**

1. **Visit Infonet and type "United Way" in the Search Box.**
2. **Click the "United Way" box**
3. **Complete the online United Way Donation Form designating your gift in support of Asbury Foundation** (Remember, when Searching for Charities to support type: Asbury Foundation, Pittsburgh, 15243 this will generate our code #308).

**Please contact Courtney Kartman directly, at 412-571-5106 as she will be happy to help you with any questions you might have and to assist you in completing your online donation form.**

Thank you all in advance for your generous contributions to Asbury Foundation. Your gift stays right here at Asbury to support our Residents.

# Pumpkin Decorating Contest

This year's pumpkin decorating contest included 12 entries, all of which were on display in the main lobby for everyone to see as they entered and exited the building.

Guests, visitors, and everyone passing through the lobby stopped to admire the clever gourds throughout the week of October 25, casting their votes for their favorites.

In the end, Dining Service's pumpkin titled "Hot Chocolate" received the most votes and was declared the 1<sup>st</sup> Place winner. Congratulations to everyone who participated. Your creations helped create a joyful atmosphere for residents, families, and your coworkers.

Congratulations to the 2<sup>nd</sup> and 3<sup>rd</sup> place winners!  
 2<sup>nd</sup> Place winner: "Nightmare Before Halloween"  
 3<sup>rd</sup> Place was a tie between: "Candy Corn" and "Snoopy"

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Samantha Hilpert, Courtney Alberts, Michayla Santorella, and Amanda Anthony



Monica Joyce, Dawn Washington, and Kim Divelbiss



Eddie Boyd and Lynn Gallo



Heather Dietz and Diane Sohngen



Teresa Valentino



Asbury Place Activities



Holly Vilella and Michaela Krozel



Stephanie Armbruster, Hope Limbruner, Marlaina Wolfe, Randy Oliva

## American Discount Uniform Uniform Sale

### Wednesday, November 10

American Discount Uniform will be visiting Asbury on Wednesday, November 10 between 7 am and 3:30 pm in the Breezeway. They will have navy and purple uniform selections along with prints in these colors as well. There

will also be UPMC logo apparel. Employees may use their ID Badge to pay for purchases via payroll deduction (broken into two payroll deductions).



This item is not guaranteed to be available at the Uniform Sale.

## Are You a Veteran?

If you are a veteran, you are entitled receive a FREE lunch from the Café on Veterans Day (Thursday, November 11). Please provide proof of your veteran status at the counter prior to your order.

### Self-Identify Your Veteran Status on HR Direct

Your friends and co-workers want to recognize you this Veterans Day. Check the box in HR Direct to be recognized for your military service and to be invited to join fellow veterans and active reservists at UPMC on Yammer.

In order for self-identified veterans to be recognized, they must check the last box in demographic information in HR Direct for their status to be disclosed to UPMC for recognition. Even if you have previously reported your military status, you need to agree to be recognized.

In November, we recognize all UPMC staff, in Extra and on Infonet, who have checked the box to self-identify as current or former members of the military.

# Pumpkin Decorating Contest

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1<sup>st</sup> Place  
\$15 in Café Gift Certificates

2<sup>nd</sup> Place  
\$10 in Café Gift Certificates

3<sup>rd</sup> Place  
\$5 in Café Gift Certificates



Joey Boyles



Melissa Inks, Corie Franks,  
Dana Kokocinski,  
Wendy Yantek



Asbury Villas Activities

## COVID-19 Vaccine Booster

Under FDA authorization, all health care workers over the age of 18 who received two doses of Pfizer or two doses of Moderna at least six months ago may benefit from a third-dose booster.

As someone working in a senior living community, you are eligible for a COVID-19 vaccine booster. You will be able to get the booster at Asbury on either **Monday, November 15** or **Tuesday, November 16**.

Detailed instructions on how to schedule your booster will be sent to your UPMC email account early this month. **Please remember to check your email at least once for the link and instructions.** All UPMC employees are required to schedule their appointment online.



Rehab Department



## Mandatory Flu Vaccine Program

Influenza vaccination during flu season is mandatory for staff working in clinical roles or who work primarily in clinical areas.

The mandatory flu vaccination program is part of our commitment to the safety of our patients and staff.

If you provide patient care or work primarily in a clinical area:

- You must either receive the flu vaccination or apply for and receive a medical or religious exemption via the Vaccine Portal. (You must complete one of these two steps by **Monday, November 15** to be in compliance with the program.)
- Anyone granted a medical or religious exemption will be expected to still adhere to physical distancing and universal masking guidelines established for COVID-19. Universal masking will continue until public health guidance and UPMC Infection Prevention experts determine masking is no longer needed.

[Read more about UPMC's mandatory flu vaccine program.](#)

# November 2021

| Sunday                               | Monday                   | Tuesday   | Wednesday  | Thursday   | Friday  | Saturday  |
|--------------------------------------|--------------------------|---|--|--|---|---|
| 31                                   | 1<br>Amanda Varhula      | 2<br>Heather Dietz (23)<br>Marilyn Solomon (11) | 3  | 4  | 5<br>Jeffery Kennedy (3)<br> | 6<br>Kenya Moore  |
| 7                                    | 8<br>Kimberly Divelbiss  | 9   | 10<br>Kimberly Martineck   | 11 Veterans Day<br>Beth Reid<br>Danielle Smith (2)   | 12<br>PAY DAY<br>Maurice Stewart  | 13<br>Heather Dietz<br>Daniel Fleisner<br>Arihant Singh |
| 14                                   | 15<br>Linda Reese (22)   | 16<br>Ellisen Ching<br>Kala Horne               | 17<br>Tiana Key (7)<br>Julianne Pawloski (12)<br>Lisa Revis (12) | 18 Mickey Mouse Day<br>Kathleen DeWitt (8)<br> | 19<br>Francis Schwarzmeier<br>James Mayhugh (8)   | 20  |
| 21<br>Michaela Krozel<br>Randy Oliva | 22<br>Alexander Peightal | 23<br>Arihant Singh (1)                         | 24   | 25 Thanksgiving<br>The Café will be closed.<br>Jack Bolton<br>Susan Miller (2)   | 26<br>PAY DAY   | 27<br>Diane Hustava (9)<br>Bill Miller                  |
| 28<br>Holly Villella (10)            | 29<br>Sherry Garner      | 30<br>John Murawski (11)<br>Numia Simons        | 1  | 2  | 3<br>                      | 4   |



## Mickey Mouse Day Thursday, November 18

We'll celebrate Mickey Mouse's 1928 debut during this month's campus-wide themed day! Wear Mickey attire and jeans!

### ASBURY HEIGHTS

Part of UPMC Senior Communities  
700 Bower Hill Rd.  
Pittsburgh, PA 15243  
412-341-1030  
asburyheights.org



### Jeans Day

Jeans are only permitted on days where this symbol appears.

Birthdays  
Anniversary (# of years)

**Asbury** HEIGHTS

Part of UPMC Senior Communities