



# April 2024



## Asbury Heights Evergreen Activity Calendar

Activities Director: Teresa Valentino  
 Activities Coordinators: Hope, Clarissa  
 Activities Assistants: Marilyn, James, Macrina, Irene, Matt, Dorothy,

**Asbury Heights**  
 700 Bower Hill Rd  
 Pittsburgh, PA 15243  
 (412)571-5190

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b>	<b>2</b> Monthly Birthday Party	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<p><i>Each day we focus on:</i>  <b>Motion</b> ~ Exercise &amp; Movement  <b>Creativity</b> ~ Arts, Crafts &amp; Baking  <b>Rhythm</b> ~ Music &amp; Singing  <b>Enrichment</b> ~ Reading &amp; Trivia  <b>Relaxation</b> ~ Massage &amp; Sensory</p> <p>*Activities are subject to change when needed</p>	10-10:30: Daily Chronicle 10:30-11:30: April Fool Jokes 2-2:30: Exercise 2:30-3:30: Bingo 3:30-4: Snacks	10:30-11: Daily Chronicle 10:30-11: Coffee Talk 11-11:30: 1-on-1 2-3: Monthly Birthday Party 3-4: Men's Club Game Night 6:30-7:30	10-10:30: Daily Chronicle 10:30-10:45: Words from Words 10:45-11:30: 1-on-1 1:30 Rosary (Ch 957) 2-2:30: Exercise 2-4: Social	10-10:30: Daily Chronicle 10:30-11:30: 1-on-1 2-3:30: Crafts 3:30-4: Snacks	10-10:30: Daily Chronicle 10:30-10:45: Memory Lane 10:45-11:30: 1-on-1 2-2:30: Exercise 2:30-3:30: Bingo 3:30-4: Snacks Game Night 6:30-7:30	10-10:30: Daily Chronicle 10:30-10:45: Dart Ball 1:30-3:30: Movie 3:30-4: 1-on-1
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b> PITTSBURGH DAY	<b>13</b>
10-10:30: Daily Chronicle 10:30-11:30: Reading 2:30-3:30: Games 3:30-4: Snacks 2:30 Worship- (Ch 957)	10-10:30: Daily Chronicle 10:30-11:30: Coloring 2-2:30: Exercise 2:30-3:30: Bingo 3:30-4: Snacks	10:30-11: Daily Chronicle 10:30-11: Coffee Talk 11-11:30: Music 2-3:30: Famous Faces 3:30-4: Snacks Game Night 6:30-7:30	10-10:30: Daily Chronicle 10:30-10:45: Trivia 10:45-11:30: Snacks 1:30 Rosary (Ch 957) 2-2:30: Exercise 2:30-4: Wii Bowling	10-10:30: Daily Chronicle 10:30-10:45: Balloon Toss 10:45-11:30: Reading 2-3:30: Nail Art	10-10:30: Daily Chronicle 10:30-11:30: Pittsburgh Trivia 2-3: Sunshine Boys on Hickory 3:30-4:30: Drum Circle on Redwood Game Night 6:30-7:30	10-10:30: Daily Chronicle 10:30-11: Coffee Talk 11:30-2: Olive Garden Trip 1:30-3:30: Movie 3:30-4: 1-on-1
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
10-10:30: Daily Chronicle 10:30-11:30: Reading 2:30-3:30: Games 3:30-4: Snacks 2:30 Worship- (Ch 957)	10-10:30: Daily Chronicle 10:30-11:30: Coloring 2-2:30: Exercise 2:30-3:30: Bingo 3:30-4: Snacks Documentary 6:30-7:30	10-10:30: Daily Chronicle 10:30-11: Coffee Talk 11-11:30: 1-on-1 2-3: Group Resident Council 3-4: Men's Club Game Night 6:30-7:30	10-10:30: Daily Chronicle 10:30-10:45: Trivia 10:45-11:30: 1-on-1 1:30 Rosary (Ch 957) 2-2:30: Exercise 2:30-4: Wii Bowling	10-10:30: Daily Chronicle 10:30-11:30: 1-on-1 2-3:30: Crafts 3:30-4: Snacks 2-4: Bowling Tournament	10-10:30: Daily Chronicle 10:30-10:45: Memory Lane 2-2:30: Exercise 2:30-3:30: Bingo 3:30-4: Snacks Game Night 6:30-7:30	10-10:30: Daily Chronicle 10:30-10:45: Dart Ball 1:30-3:30: Movie 3:30-4: 1-on-1
<b>21</b>	<b>22</b> Earth Day	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
10-10:30: Daily Chronicle 10:30-11:30: Reading 2:30-3:30: Games 3:30-4: Snacks 2:30 Worship- (Ch 957)	10-10:30: Daily Chronicle 10:30-11:30: Earth Day Trivia 2-2:30: Dirt 2:30-3:30: Bingo 3:30-4: Snacks	10-10:30: Daily Chronicle 10:30-11:30: Coffee Talk 2-3:30: Famous Faces 3:30-4: Snacks Game Night 6:30-7:30	10-10:30: Daily Chronicle 10:30-10:45: Words from Words 10:45-11:30: Snacks 1:30 Rosary (Ch 957) 2-2:30: Exercise 2:30-4: Wii Bowling	10-10:30: Daily Chronicle 10:30-11:30: Reading 2-3:30: Nail Art 3:30-4: Snacks	10-10:30: Daily Chronicle 10:30-11:30: Memory Lane 2-2:30: Exercise 2:30-3:30: Bingo 3:30-4: Snacks Game Night 6:30-7:30	10-10:30: Daily Chronicle 10:30-11: Coffee Talk 1:30-3:30: Movie 3:30-4: 1-on-1
<b>28</b>	<b>29</b>	<b>30</b>				
10-10:30: Daily Chronicle 10:30-11:30: Art All Night Art 2:30-3:30: Games 3:30-4: Snacks 2:30 Worship- (Ch 957)	10-10:30: Daily Chronicle 10:30-11:30: Coloring 2-2:30: Exercise 2:30-3:30: Bingo 3:30-4: Snacks Documentary 6:30-7:30	10-10:30: Daily Chronicle 10:30-11:30: Coffee Talk 2-3:30: Famous Faces 3:30-4: Snacks 3-4: Men's Club Game Night 6:30-7:30				