



# April 2024



## Asbury Heights Willow Activity Calendar

Activities Director: Teresa Valentino  
 Activities Coordinators: Hope, Clarissa  
 Activities Assistants: Marilyn, James, Macrina, Irene, Matt, Dorothy,

**Asbury Heights**  
 700 Bower Hill Rd  
 Pittsburgh, PA 15243  
 (412)571-5190

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b>	<b>2</b> Monthly Birthday Party	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<i>Each day we focus on:</i> <b>Motion</b> ~ Exercise & Movement <b>Creativity</b> ~ Arts, Crafts & Baking <b>Rhythm</b> ~ Music & Singing <b>Enrichment</b> ~ Reading & Trivia <b>Relaxation</b> ~ Massage & Sensory <small>* Activities are subject to change when needed</small>	10-10:30: Daily Chronicle 10:30-11:30: April Fool Jokes 2-3: Bingo 3-3:30: Exercise 3:30-4: Snacks	10-10:30: Daily Chronicle 10:30-11:30: Nail Art 2-3: Monthly Birthday Party 3-4: Snacks 3-4: Men's Club	10-10:30: Daily Chronicle 10:30-11:30: Reading 1:30 Rosary (Ch 957) 2-3: Memory Lane 3-3:30: Exercise 3:30-4: Snacks	10-10:30: Daily Chronicle 10:30-11:30: Puzzles 2-3:30: Music 3:30-4: Snacks	10-10:30: Daily Chronicle 10:30-11:30: Famous Faces 2-3: Bingo 3-3:30: Exercise 3:30-4: Snacks	10-10:30: Daily Chronicle 10:30-10:45: Words from words 1:30-2: Snacks 1:30-3:30: Movie 3:30-4: 1-on-1
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b> PITTSBURGH DAY	<b>13</b>
10-10:30: Daily Chronicle 10:30-11:30: Sing a long 2-3: Definition 3-3:30: Virtual Reality 3:30-4: Snacks 2:30 Worship- (Ch 957)	10-10:30: Daily Chronicle 10:30-11:30: Definition 2-3:3: Bingo 3-3:30: Exercise 3:30-4: Snacks	10:30-11: Daily Chronicle 10:30-11: Nail Art 11-11:30: Music 2-3:30: Craft 3:30-4: Snacks	10-10:30: Daily Chronicle 10:30-11:30: Trivia 11-11:30: Snacks 1:30 Rosary (Ch 957) 2-3: Exercise 3-4: Art with Janet	10-10:30: Daily Chronicle 10:30-11:30: Puzzles 2-3:30: Music 3:30-4: Snacks	10-10:30: Daily Chronicle 10:30-11:30: Pittsburgh Trivia 2-3: Matt Price 3-3:30: Exercise 3:30-4: Snacks	10-10:30: Daily Chronicle 10:30-11: Sing a long 1:30-2: Snacks 1:30-3:30: Movie 3:30-4: 1-on-1
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
10-10:30: Daily Chronicle 10:30-11: Sing a long 2-3: Trivia 3-3:30: Ball Toss 3:30-4: Snacks 2:30 Worship- (Ch 957)	10-10:30: Daily Chronicle 10:30-11:30: Coloring 2-3: Bingo 3-3:30: Exercise 3:30-4: Snacks	10-10:30: Daily Chronicle 10:30-11:30: Nail Art 2-3:30: Craft 3:30-4: Snacks 3-4: Men's Club	10-10:30: Daily Chronicle 10:30-11:30: Reading 1:30 Rosary (Ch 957) 2-3: Memory Lane 3-3:30: Exercise 3:30-4: Snacks	10-10:30: Daily Chronicle 10:30-11:30: Baking 2-3:30: Name the Tune 3:30-4: Snacks	10-10:30: Daily Chronicle 10:30-11:30: Matching Game 2-3: Bingo 3:30-4: Snacks	10-10:30: Daily Chronicle 10:30-10:45: Words from words 1:30-2: Snacks 1:30-3:30: Movie 3:30-4: 1-on-1
<b>21</b>	<b>22</b> Earth Day	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
10-10:30: Daily Chronicle 10:30-11:30: Sing a long 2-3: Definition 3-3:30: Virtual Reality 3:30-4: Snacks 2:30 Worship- (Ch 957)	10-10:30: Daily Chronicle 10:30-11:30: Earth Day Trivia 2-3: Bingo 3-3:30: Dirt 3:30-4: Snacks	10-10:30: Daily Chronicle 10:30-11:30: Nail Art 2-3:30: Craft 3:30-4: Snacks	10-10:30: Daily Chronicle 10:30-11:30: Reading 1:30 Rosary (Ch 957) 2-3: Movie Social 3-3:30: Exercise 3:30-4: Snacks	10-10:30: Daily Chronicle 10:30-11:30: Puzzles 2-3:30: Music 3:30-4: Snacks	10-10:30: Daily Chronicle 10:30-11:30: Coloring 2-3: Bingo 3-3:30: Exercise 3:30-4: Snacks	10-10:30: Daily Chronicle 10:30-11: Sing a long 1:30-2: Snacks 1:30-3:30: Movie 3:30-4: 1-on-1
<b>28</b>	<b>29</b>	<b>30</b>				
10-10:30: Daily Chronicle 10:30-11: Sing a long 2-3: Trivia 3-3:30: Ball Toss 3:30-4: Snacks 2:30 Worship- (Ch 957)	10-10:30: Daily Chronicle 10:30-11:30: Coloring 2-3: Bingo 3-3:30: Exercise 3:30-4: Snacks	10-10:30: Daily Chronicle 10:30-11:30: Nail Art 2-3:30: Craft 3:30-4: Snacks 3-4: Men's Club				