



# June



# Asbury Place

BH – Brown House  
GH – Green House  
CK – Country Kitchen  
LR – Living Room  
GR – Great Room  
OA – Outdoor Area

*Activities Staff:*  
Lori, Deb, Megan  
*Office Location:*  
Asbury Place  
Extension: 5667

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All activities are subject change, or be altered, depending on our COVID restrictions and weather.</p>			<p><b>1</b></p> <p>10:30 am (LR) Light N'lively 11:00am(LR)Daily Chronicle/Trivia 2:00 pm (LR) <b>Megan's Choice</b> 3:30 pm (LR) Sing-A-Long</p>	<p><b>2</b></p> <p>10:00 am (LR) Exercise w/Rebecca 11:00am(LR)Daily Chronicle/Trivia 2:00 pm (LR)Chair Soccer 3:30 pm (LR) Crossword Puzzle</p>	<p><b>3</b></p> <p>10:30 am (LR) Light N'lively 11:00am(LR)Daily Chronicle/Trivia 2:00 pm (LR) TGIF Party <b>Johnny Fontaine</b> 3:30pm(LR) Word-In-Word</p>	<p><b>4</b></p>  <p>10:30 am (LR) Light N'lively 11:00am(LR)Daily Chronicle/Trivia 2:00 pm (LR) Weekend Fun 3:30 pm (LR) Sing-A-Long</p>
<p><b>5</b></p>  <p>Board Games and Puzzles 2:30 pm (LR) Televised Church</p>	<p><b>6</b></p> <p>10:30 am (LR) Light N'lively 11:00am(LR)Daily Chronicle/Trivia 2:00 pm (LR) Noodle Ball 3:30 pm (LR) Sing-A-Long</p>	<p><b>7</b></p> <p>Chocolate Ice Cream</p> <p>10:00 am (LR) Exercise w/Rebecca 11:00am(LR)Daily Chronicle/Trivia 2:00 pm (LR)<b>Pastor Kim</b> 3:30pm(LR) Word-In-Word</p>	<p><b>8</b></p> <p>10:30 am (LR) Light N'lively 11:00am(LR)Daily Chronicle/Trivia 2:00 pm (LR) <b>Art Class with Janet</b> 3:30 pm (LR)</p>	<p><b>9</b></p> <p>10:00 am (LR) Exercise w/Rebecca 11:00am(LR)Daily Chronicle/Trivia 2:00 pm (LR)Chair Soccer 3:30 pm (LR) Crossword Puzzle</p>	<p><b>10</b></p> <p>10:30 am (LR) Light N'lively 11:00am(LR)Daily Chronicle/Trivia 2:00 pm (LR) TGIF Party <b>The Sunshine Boys</b> 3:30pm(LR) Word-In-Word</p>	<p><b>11</b></p>  <p>10:30 am (LR) Light N'lively 11:00am(LR)Daily Chronicle/Trivia 2:00 pm (LR) Weekend Fun 3:30 pm (LR) Sing-A-Long</p>
<p><b>12</b></p> <p>10:30 am (LR) Light N'lively 11:00am(LR)Daily Chronicle/Trivia 2:00pm (LR) Memory Match 2:30 pm (LR) Televised Church 3:30 pm (LR) Crossword Puzzle</p>	<p><b>13</b></p> <p>10:30 am (LR) Light N'lively 11:00am(LR)Daily Chronicle/Trivia 2:00 pm (LR) Noodle Ball 3:30 pm (LR) Charades</p>	<p><b>14</b></p> <p>Flag Day</p> <p>10:00 am (LR) Exercise w/Rebecca 11:00am(LR)Daily Chronicle/Trivia 2:00 pm (LR)Cards 3:30pm(LR) Word-In-Word</p>	<p><b>15</b></p> <p>10:30 am (LR) Light N'lively 11:00am(LR)Daily Chronicle/Trivia 2:00 pm (LR) BINGO 3:30 pm (LR) Sing-A-Long</p>	<p><b>16</b></p> <p>10:00 am (LR) Exercise w/Rebecca 11:00am(LR)Daily Chronicle/Trivia 2:00 pm (LR) Jungle Fun 3:30 pm (LR) Crossword Puzzle</p>	<p><b>17</b></p> <p>10:30 am (LR) Light N'lively 11:00am(LR)Daily Chronicle/Trivia 2:00 pm (LR) TGIF Party <b>Craig Zinger and Sharon Wolf</b> 3:30pm(LR) Word-In-Word</p>	<p><b>18</b></p>  <p>3:30 pm (LR) Sing-A-Long</p>
<p><b>19</b></p>  <p>Board Games and Puzzles 2:30 pm (LR) Televised Church</p>	<p><b>20</b></p> <p>10:30 am (LR) Light N'lively 11:00am(LR)Daily Chronicle/Trivia 2:00 pm (LR) Noodle Ball 3:30 pm (LR) Crossword Puzzle</p>	<p><b>21</b></p>  <p>10:00 am (LR) Exercise w/Rebecca 11:00am(LR)Daily Chronicle/Trivia 2:00 pm (OA) Beach Volleyball 3:30pm(LR) Word-In-Word</p>	<p><b>22</b></p> <p>10:30 am (LR) Light N'lively 11:00am(LR)Daily Chronicle/Trivia 2:00 pm (LR) Craft 3:30 pm (LR) Sing-A-Long</p>	<p><b>23</b></p> <p>Jungle Day</p> <p>10:00 am (LR) Exercise w/Rebecca 11:00am(LR)Daily Chronicle/Trivia 2:00 pm (LR)Chair Soccer 3:30 pm (LR) Crossword Puzzle</p>	<p><b>24</b></p> <p>10:30 am (LR) Light N'lively 11:00am(LR)Daily Chronicle/Trivia 2:00 pm (LR) TGIF Party <b>Peggy and Nick</b> 3:30pm(LR) Word-In-Word</p>	<p><b>25</b></p>  <p>10:30 am (LR) Light N'lively 11:00am(LR)Daily Chronicle/Trivia 2:00 pm (LR) Weekend Fun 3:30 pm (LR) Sing-A-Long</p>
<p><b>26</b></p> <p>10:30 am (LR) Light N'lively 11:00am(LR)Daily Chronicle/Trivia 2:00pm (LR) Pictionary 2:30 pm (LR) Televised Church 3:30 pm (LR) Crossword Puzzle</p>	<p><b>27</b></p> <p>10:30 am (LR) Light N'lively 11:00am(LR)Daily Chronicle/Trivia 2:00 pm (LR) Noodle Ball 3:30 pm (LR) Unscramble</p>	<p><b>28</b></p> <p>10:00 am (LR) Exercise w/Rebecca 11:00am(LR)Daily Chronicle/Trivia 2:00 pm (LR)Cards 3:30pm(LR) Word-In-Word</p>	<p><b>29</b></p> <p>10:30 am (LR) Light N'lively 11:00am(LR)Daily Chronicle/Trivia 2:00 pm (LR) Craft 3:30 pm (LR) Sing-A-Long</p>	<p><b>24</b></p> <p>10:00 am (LR) Exercise w/Rebecca 11:00am(LR)Daily Chronicle/Trivia 2:00 pm (LR)Chair Soccer 3:30 pm (LR) Crossword Puzzle</p>	 <p><b>Movies Nightly</b></p>	 <p><b>Snacks Daily: Around 3:00PM</b></p>

## FOCUS ON ENGAGEMENT

Each day we focus on:

**Motion** ~ Exercise & Movement

**Creativity** ~ Arts, Crafts & Baking

**Rhythm** ~ Music & Singing

**Enrichment** ~ Reading & Trivia

**Relaxation** ~ Massage & Sensory

*Our Activities Team offers all of the above areas of engagement throughout the day. Some activities are scheduled at particular hours.*



**Carol – June 6<sup>th</sup>**  
**Pat L. – June 13<sup>th</sup>**  
**Julia – June 16<sup>th</sup>**



**Please remember to check our resident's mailbox folders in the main lobby. Your loved one may have mail that needs your attention**



### Message From Amanda

At Asbury Place this month, you will notice that a lot more activities will be taking place outside.

Some of these outdoor activities include baseball, water balloon toss, BINGO, and much more!

Amy Walter, the part-time health unit coordinator, has officially started. She will be working Mondays, Tuesdays, and a half day on Thursdays!

We also have a full-time nursing assistant, Nyla Drain, and full-time med tech, Tatyana Watley, starting this month! If you see them, please welcome them!

Amanda Varhula  
Administrator, Asbury Place  
412-571-5662  
varhulaaj@upmc.edu



Megan's last day is June 1<sup>st</sup>. She is moving back to her hometown to be closer to family. She will be deeply missed in Activities as well as by everyone here at Place. It has been my pleasure to work with her and all the exciting life changes that she has gone through, getting engaged, buying a house, and so much more. I wish her all the best as she enters the new phase of her life.

-Lori

# Asbury Place June Activity Calendar

