



UPMCSENIORCOMMUNITIES

February

Activities Manager:
Linda Campbell 412-571-5353
Activities Assistant:
Lexie 412-571-5355
Asbury Villas

Asbury Villas
730 Bower Hill Road
Pittsburgh, PA 15243
(412) 571-5370

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Daily Activities Locations: All activities are in the Lifestyle Center unless otherwise indicated: VC- Villas Café PD-Private Dining Room CK -Country Kitchen 2nd Floor AH- Asbury Heights BC -Back Courtyard	Puzzle Sheets and Adult Coloring sheets are in the Country Kitchen 2nd Floor	The Villas Café Store is open Tuesdays 9:00 -11:00	1 10:15 Rosary /Eucharist VC 11:00 Exercise 11:30 It starts with the letter 2:00 Music with Lisa B 3:15 Movie King Richard 6:00 Word in Word	2 10:30 Word Bite 11:00 Exercise 1:30 Drum Circle 2:30 Card Stamping Valentines 3:30 Rev. Kim Bible Study 6:00 Ground Hog Day	3 10:15 Rosary VC 11:00 Exercise 11:30 Noodle Ball 2:00 Movie-Flash dance 2:30 Scrabble VC	4 10:30 Card Flip 1:00 Chair Dancing Lexie 2:15 Wii Games 3:15 St Andrews Mass on Video
5 10:30 St. Bernard’s Trip 2:00 Word Bite 3:30 Say What?	6 10:15 Rosary VC 11:00 Exercise 11:30 Noodle Ball 1:00 SARRIS CANDY TRIP 1:00 Move -Jungle Cruise	7 11:00 Exercise 11:30 Circle Game 1:30 Father Gilbert Catholic Service 3:00 BINGO	8 10:15 Rosary /Eucharist VC 11:00 Exercise 11:30 Trivia 2:00 Baking PIZZA with Lexie 3:00 Movie- Oliver 6:00 Giant Crossword Puzzle	9 10:15 Playing Records Love Songs 11:00 Exercise 2:00 Making Mardi Gras Masks 3:30 Rev. Kim Bible Study	10 10:15 Rosary VC 11:00 Exercise 11:30 Noodle Ball 2:00 Famous Faces and Places 3:30 Scrabble VC	11 10:30 Match Game 1:00 Outing to Heinz Hall-Ticket holders only
12 10:30 St. Bernard’s Trip 2:00 Sing Along 3:30 BINGO Super Bowl Sunday	13 10:15 Rosary VC 11:00 Exercise 11:30 Noodle Ball 1:00 DOLLAR TREE 1:00 Movie-Morning Glory	14 11:00 Exercise 11:30 Trivia 2:00 Lisa P. Plays Love Songs 3:30 Match Game 6:00 Word In A Word	15 10:15 Rosary / Eucharist VC 11:00 Exercise 11:30 It Starts with the letter 1:30 Adult Coloring 2:30 Resident Council Meeting 3:00 The Burns and Allen Show 6:00 Jingo Presidents/first ladies	16 10:30 Name that Tune 11:00 Exercise 1:30 Drum Circle 2:30 Giant Crossword 3:30 Rev. Kim Bible Study	17 10:15 Rosary VC 11:00 Exercise 11:30 Noodle Ball 2:00 BINGO 3:15 Movie- Little Princess	18 10:30 Card Flip 1:00 Chair Dancing Lexie 2:15 Wii Games 3:30 Connect 4
19 10:30 St. Bernard’s Trip 2:00 Movie -Extraordinary Measures	20 10:15 Rosary VC 11:00 Exercise 11:30 Noodle Ball 2:00 Joel Current Events 3:30 Match Game	21 11:00 Exercise 11:30 Can You List it? 2:00 Mardi Gras Social 6:00 Giant Crossword	22 10:15 Rosary / Eucharist VC 10:30 GIANT EAGLE 11:00 Exercise 11:30 Name 10 2:00 Art with Lexie 6:00 Jeopardy	23 10:30 Presidents Trivia 11:00 Exercise 1:00 Drum Circle 2:00 GABES Shopping 2:15 Scrabble VC 3:30 Rev. Kim Bible Service 6:00 BINGO	24 10:15 Rosary VC 11:00 Exercise 11:30 Noodle Ball 2:00 Movie-Oceans 11 6:00 Family Feud	25 10:30 Card Flip 1:00 Adult Coloring 2:15 Wii Games 3:15 St Andrews Mass on Video
26 10:30 St. Bernard’s Trip 2:00 Virtual reality 3:30 BINGO	27 10:15 Rosary VC 11:00 Exercise 11:30 Noodle Ball 2:00 Martin T. Sings Birthday Party of the Month. 3:30 Scrabble VC	28 11:00 Exercise 11:30 Trivia 1:45 POKER Cafe 3:00 Bowling with Pins 6:00 Sing Along				