



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Each day we focus on: Motion ~ Exercise & Movement Creativity ~ Arts, Crafts & Baking Rhythm ~ Music & Singing Enrichment ~ Reading & Trivia Relaxation ~ Massage & Sensory HC= Hickman Chapel</p>				<p>1 10:00-Today in History 10:30 Guess the Emoji 11:30 Trivia 2:00 Exercise with Rebecca 3:30 Snack Cart and Visits 4:00 You Be the Judge</p>	<p>2 Word Search Craft Adult Coloring Movies</p>	<p>3 10:00-Today in History 10:30 Exercise 11:00 Family Feud 1:45 Bingo 3:30 Snack Cart 4:00 Riddle Me This</p>
<p>4 2:30 Worship- (Ch 957) 3:30 iPad Games</p>	<p>5 Labor Day Word Search Craft Adult Coloring Movies</p>	<p>6 10:00 Today in History 10:30 Who am I? 11:00 Crosswords 12:00 Pizza Party 2:00 Exercise with Rebecca 2:30 Baking and Snack cart 4:00 Name that tune</p>	<p>7 10:00 Exercise 10:30 Today in History 11:00 Word Ladders 1:30 Mass HC 2:30 Resident Council Meeting 3:30 Snack Cart and Visits 4:00 Kickball</p>	<p>8 10:00-Today in History 10:30 Guess the Emoji 11:30 Trivia 2:00 Exercise with Rebecca 3:30 Snack Cart and Visits 4:00 You Be the Judge</p>	<p>9 10:00 Today in History 10:30 Exercise 11:00 Baking 1:45 Bingo 3:30 Snack Cart 4:00 Finish the Phrase</p>	<p>10 Word Search Craft Adult Coloring Movies</p>
<p>11 National Grandparents Day Word Search Craft Adult Coloring Movies</p>	<p>12 10:00 Today in History 10:30 Exercise 11:00 Family Feud 1:45 Bingo 3:30 Snack Cart and Visits 4:00 20 Questions</p>	<p>13 10:00 Today in History 10:30 Who am I? 11:00 Crosswords 2:00 Exercise with Rebecca 2:30 Baking and Snack cart 4:00 Name that tune</p>	<p>14 10:00 Morning Strolls 10:30 Janet Huddleston Art Class 11:00 Word Ladders 1:30 Eucharistic service HC 2:30 Resident Council Meeting 3:30 Snack Cart and Visits 4:00 Kickball</p>	<p>15 10:00-Today in History 10:30 Guess the Emoji 11:30 Trivia 2:00 Exercise with Rebecca 3:30 Snack Cart and Visits 4:00 You Be the Judge</p>	<p>16 Apple Dumpling Day Word Search Craft Adult Coloring Movies</p>	<p>17 10:00-Today in History 10:30 Exercise 11:00 Baking 1:45 Bingo 3:30 Snack Cart 4:00 Riddle Me This</p>
<p>18 2:30 Worship- (Ch 957) 3:30 iPad Games</p>	<p>19 Word Search Craft Adult Coloring Movies</p>	<p>20 10:00 Today in History 10:30 Who am I? 11:00 Crosswords 2:00 Exercise with Rebecca 2:30 Joy in the Lord with Rev. Kim 3:00 Snack cart 4:00 Name that tune</p>	<p>21 Mini Golf Day 10:00 Morning Strolls 10:30 Today in History 11:00 Word Ladders 1:30 Eucharistic service HC 2:30 Resident Council Meeting 3:30 Snack Cart and Visits 4:00 Mini golf course</p>	<p>22 10:00-Today in History 10:30 Guess the Emoji 11:30 Trivia 2:00 Exercise with Rebecca 3:30 Snack Cart and Visits 4:00 You Be the Judge</p>	<p>23 10:00 Today in History 10:30 Exercise 11:00 Baking 1:45 Bingo 3:30 Snack Cart 4:00 Finish the Phrase</p>	<p>24 Word Search Craft Adult Coloring Movies</p>
<p>25 Word Search Craft Adult Coloring Movies</p>	<p>26 10:00 Today in History 10:30 Exercise 11:00 Family Feud 1:45 Bingo 3:30 Snack Cart and Visits 4:00 20 Questions</p>	<p>27 10:00 Today in History 10:30 Who am I? 11:00 Crosswords 2:00 Exercise with Rebecca 2:30 Baking and Snack cart 4:00 Name that tune</p>	<p>28 10:00 Morning Strolls 10:30 Today in History 11:00 Word Ladders 1:30 Eucharistic service HC 2:30 Resident Council Meeting 3:30 Snack Cart and Visits 4:00 Kickball</p>	<p>29 10:00-Today in History 10:30 Guess the Emoji 11:30 Trivia 2:00 Exercise with Rebecca 3:30 Snack Cart and Visits 4:00 You Be the Judge</p>	<p>30 Word Search Craft Adult Coloring Movies</p>	

ASBURY HEIGHTS *Times*

Activities Update for Laurel Lane

September 6th- Cheese Pizza Day
Pizza is a favorite of young and old. We will be enjoying some slices of one of America's favorite meals.



September 11- National Grandparents Day
Did you know that Grandparents Day has both an official flower and song?

The official flower is the **forget-me-not**. The official song is Johnny Prill's "A Song for Grandma and Grandpa." On Grandparents Day, it really is the thought that counts—just make sure your grandparents know that you are thinking of them.



September 16 -Apple Dumpling Day.
An Apple a day keeps the doctor away, will not this kind of apple. We will bake some apple dumplings today.



September 21 Mini Golf Day-
Miniature golf is wildly popular by adults and children. You do not have to be good at miniature golf. With twists, turns, and a variety of obstacles, your score is partially the result of luck. And that is half of the fun of it.



Resident Council Meeting

Wednesday, September 10 Resident Council Meeting



Worship Services

Worship Service Every Sunday w/ Pastor Kim

2:30 - HC/channel 957



Fitness Tip:

Don't forget to get enough sleep and rest.

Just as it is important for you to exercise regularly, your body also needs time to recharge. Resting when you need to a getting a good sleep at night can help improve your energy levels so that you're able to be more physically active during the day. In addition to that, getting seven to nine hours of sleep per night can help prevent certain illnesses and diseases. It also gives your body a chance to recover from the day's activities.

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Laurel Lane September 2022

When leaves are falling, autumn is calling. Welcome September!

Dear family and friends, I hope everyone had an enjoyable summer! Here is what we have to look forward to this month.

On September 6, Laurel Lane will have a pizza party and sodas for residents to enjoy. September 11 is grandparent's day where Kyle will be passing out treats and certificates to all our beloved grandparents here on the unit.

September 16, you can expect the floor to smell DELICIOUS because we will be doing some baking in the pantry! Residents will be assisting Kyle in preparing apple dumplings for everyone.

Get ready for some friendly competition on September 21! We will be setting up a golf course from the ramp down to the unit for all residents to participate.

There will be window washing taking place within Laurel Lane on September 21 and 22, so we can look forward to those aesthetic improvements as well.

Due to increased positivity in our community, we continue to encourage to wear masks and have outside visits if possible. We are taking all precautions necessary to protect our loved ones on Laurel Lane. We have been very lucky to stay free of positive cases on Laurel Lane, so let's keep that streak going!

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