

# The Asbury News

News and Information for the Residents of Asbury Heights



April 2022

## Coming Soon: Monthly Updates From Administrators

Beginning May 2022, each community's activity calendar will include a brief message from the administrator/director. These monthly messages will include news, information, and any upcoming changes specific to the community.

It's hopeful that this new section will keep residents better informed as to what is happening in their communities.



Kevin Bushmire  
*Asbury Villas*



Holly Villella  
*Skilled Nursing*



Ruku Phanse  
*Laurel Lane*

## Scouting for Food & Chow Wagon

This year's Scouting for Food/Chow Wagon campaigns have begun! This year's theme is "Full Hearts, Full Pantry."

Please place your non-expired, non-perishable food donations for people and pets in one of the several collection boxes placed in common areas around campus.

Donate items will be delivered at the end of the month. This year's goal is to once again raise 1.8 million units across UPMC. With your help, we will reach that goal and help achieve full hearts and full pantries for our community partners.

If you have questions or concerns, please reach out to John Komisary at 412-571-5133.



Amanda Varhula  
*Asbury Place*



Marjie Doughton  
*Independent Living*

## Upcoming Specials

**Tuesday, April 26**

Pretzel Day

Pretzel bun special in the Café

**Saturday, April 30**

Oatmeal Cookie Day

Fresh cookies for residents!

**Asbury**  
**HEIGHTS**

Part of UPMC Senior Communities

## Social Room

Upgrades to the Social Room have been completed! Changes to the room include new flooring, lighting, a fresh coat of paint, and door separating the signal panel from the rest of the room. Those who've been in the Social Room can attest to the high-frequency signals that occasionally emit from the panel. This door and the walls enshrouding the panel are expected to make these disruptive noises less noticeable.

## Split the Cash

Take a chance and win some cash! The Spring Split the Cash 50/50 raffle is going on now!

Ticket Prices: 1 for \$10 • 3 for \$25 • 6 for \$40

GET YOUR TICKETS TODAY!

Visit our Foundation Office or Reception Desk to purchase tickets.

Call 412-571-5106 for more details.

One winner will receive half of the proceeds. Drawing will be held on Monday, May 23 at noon.



## Earth Day Friday, April 22



This month's campus-wide themed day is Earth Day on Friday, April 22.

Residents will have the opportunity to plant flowers and herbs within their community while enjoying some "dirt pudding."

## More Like Home

Laurel Lane staff members JeNaya Mebane, Heather Dietz, Kathleen Symsek, and Kyle Scully took it upon themselves to transform the community's dining room into a more homelike atmosphere.

"We wanted to make the room into a more inviting space for the residents," said JeNaya.

The group worked with the Maintenance department to bring down furniture from the attic. Once in the dining room, they arranged it to make the room look a little more comfortable and feel more like home.

Residents and their family members are enjoying the newly-arranged space. The group intends to improve other areas of the community in the coming weeks.



# TruView

## Emergency Call System

The new emergency call system is expected to be fully installed and operational by the end of April. You will soon receive your new Geo pendant that will replace your Spyder pendant. Look for more information from your community's administrator coming soon.



This new system will be used in independent apartments on the Bower Hill campus as well as carriage homes and the personal care areas of Laurel Lane and Asbury Villas.

## Billing Questions?

Diana Uzar 412-571-5160  
(Independent Living, Personal Care)

Linda Costa 412-571-5140 (Nursing)

# New Security System for Nursing Center

The skilled nursing center's WanderGuard security system is being replaced with a new, upgraded system called **Elpas Wander Protection**. Elpas works similar to the current system and will alert staff when residents of secure communities wander near exits.

This new system will help keep those residing in secure areas safe within their communities. Asbury leadership expects the transition from WanderGuard to Elpas to be seamless and virtually unnoticeable.

# Tea Time!

## Tea Parties Kickoff Spring

Over the course of April and May, communities across campus will be holding tea parties for residents. This is an opportunity for residents to socialize, enjoy sandwiches, and sample a variety of teas.

Asbury Villas held their tea party on April 14 (see a few photos below). Save the date for these upcoming events:

### Asbury Place

Thursday, April 21 @ 2:00 pm in the Great Room

### Skilled Nursing and Laurel Lane

Thursday, April 28 @ 2:00 pm in dining rooms

### The Embassy

Thursday, May 12 @ 2:00 pm in the Great Room

### Independent Living

Thursday, May 19 @ 2:00 pm in Main Dining Room



# Resident Council Meetings

Independent Residents  
Monday, May 16 at 1:30 PM  
Hickman Chapel

Asbury Villas Community Meeting  
Wednesday, May 18 at 2:30 PM  
Lifestyle Center

Nursing & Rehabilitation Center  
Monday, May 16  
Staff will meet with residents one-on-one

Laurel Lane  
Wednesday, May 11 at 2:00 PM

Asbury Place  
Monday, May 9 at 2:00 PM  
Living Room

## Purposeful Project

March's purposeful service project allowed residents the opportunity to make care packages for Light of Life Rescue Mission located on the north side.

The care packages included snacks, socks, toiletries, and other items for those experiencing homelessness. We hope these items provide some comfort to those transitioning to a better tomorrow.



“I am proud that we are able to give back to the community and help those in need,” said Teresa Valentino, director of activities.

## Refer-A-Friend

### Turn Your Friends Into Neighbors

We are glad to have you with us at Asbury Heights, and we encourage you to tell your friends about your new home.

As a special incentive, you will receive a one-time \$1,000 rent reduction for each person you refer who moves into an available apartment and remains at Asbury for at least three months.

The \$1,000 bonus will be credited to your rent when the new resident completes their third month with us.

Please contact John Komisary at 412-571-5133 with the name and contact information of your referral to verify eligibility for the bonus.

**Asbury** HEIGHTS

Part of UPMC Senior Communities

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