

# The Asbury News

News and Information for the Residents of Asbury Heights



August 2021

## Resident Community Days

We are very pleased to announce this summer's Resident Community Days! Each community will have its own day that will include food and live entertainment.

These days were developed as a result of the ongoing pandemic and the current limitations in place which prohibits multiple communities coming together for shared activities (as is the case with our traditional Family Day event).

Residents and their guests will be required to wear masks covering their mouth/nose and practice physical distancing while in attendance.

"We're so happy to be able to host these Resident Community Days," says Joey Boyles, executive director. "Residents and families need fun days like these every so often."



## Asbury Heights Beauty Shop

Beauticians Kay Janflore and Marian Smyth will be dissolving their business in the Asbury Heights Beauty Shop. We wish Kay the best as she and her husband relocate outside of the area.

Ann Mazur of Ann's Beauty Shop and her team of beauticians have been providing salon services to residents at Asbury Villas, Asbury Place, and the Asbury Heights Barber Shop for 15 years.

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Save the date for *your* Resident Community Day. See your activity calendar for details.

The Embassy	Wednesday, August 18
Independent Living	Saturday, August 21
Asbury Villas	Sunday, August 22
Skilled Nursing	Tuesday, August 24
Laurel Lane	Wednesday, August 25
Asbury Place	Thursday, August 26

**Asbury HEIGHTS**  
Part of UPMC Senior Communities

# Beauty Shop

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The Asbury Heights Beauty Shop is now being added under Ann's Beauty Shop, and Marian will be joining them to provide salon services to residents campus wide.

Appointments can be made by calling the beauty shop and leaving a message. If dialing from an inhouse Asbury phone, dial **ext. 6170**. All others must call **412-571-5048**. Messages are checked daily.

## Window Cleaning Building 5 & Building 7

Asbury has contracted with American National Skyline, Inc. (ANSI) to wash the interior and exterior windows of Building 5 on Monday, August 30. The residents of Building 7 will have their windows washed on Tuesday, August 31.

ANSI will start cleaning the exterior windows at 7am and will begin work on the interior windows around 10am. Please remove items away from windowsills if possible. Screens will be removed by Asbury staff.

Unfortunately, there was a misunderstanding about the scope of the work needed and some buildings/areas were not included in the current contract. We are working to include these other areas soon and will notify residents before the work begins.

Please contact Michael Mulvihill, manager of materials management, at 412-571-5007 for any questions and concerns.

## Scheduled Hospital Stays for IL

Independent Living residents must notify the Health & Wellness Center by calling 412-571-5143 when they have a planned hospital stay. Please also alert the Health & Wellness Center if you have an unscheduled hospital stay. Please share this information with your family so they can make the call if necessary.



## Daily Basket Raffle Going On Now!

Take a chance and support our seniors!

**1 ticket = 30 chances to win!**

Raffle Baskets include **cash, gift cards, designer handbags, and more!**

Visit **2021CSC.givesmart.com** to view baskets and descriptions.

Ticket Prices: 1 for \$10 • 3 for \$25 • 6 for \$40

To purchase tickets, stop by our Reception Desk or Foundation Office (2403). For more details, call 412-571-5106 or Email [kartmanca@upmc.edu](mailto:kartmanca@upmc.edu).

One winner drawn each day in November.

Proceeds support UPMC Senior Communities Benevolent Care Fund.



## Asbury Artists Featured in Virtual Auction

The works of over 70 talented resident artists were up for auction during UPMC Senior Communities' inaugural virtual art auction earlier this year.

This month, we are recognizing **Joan Rogers**.

Joan is a resident of The Embassy of Asbury Heights located on Beverly Road in Mt. Lebanon. She has spent her life as a professional artist after graduating from the Rhode Island School of Design with a Bachelor of Fine Arts degree. Her preferred medium is silk screen print making as well as collage.

Her work has been selected by various corporations and hotels as well as private collectors. You have likely seen some of Joan's work throughout Asbury. Several of her pieces can be found in the Cafe and in the hallway between the Health and Wellness Center and Rehab department on Level 3 of Building 4.



"Canyon Landscape: Shadow Wash"

## A Marriage Made at Asbury Heights

After eight years of courtship, residents Bobbie Bitters and Frank Kirsopp declared their love for one another during a wedding ceremony with friends and family on the afternoon of July 30.

The couple had been friends for 20 years before moving to Asbury in 2013. Frank moved in a couple weeks before Bobbie, but they soon became inseparable as they explored their new home together.

This story appeared on *Mt. Lebanon Magazine*'s website and during a news segment on KDKA.

## Happy Cat Day

September is National Happy, Healthy Cat Month and we're celebrating all things feline on **Tuesday, September 14** during our own Happy Cat Day. This will be our campus-wide themed day for the month.

Plans include making cat treats and other items to be donated to Angel Ridge Animal Rescue. Look for more information soon!



For this year's Art Auction, Joan donated a silk screen print titled "Canyon Landscape: Shadow Wash." She traveled through the southwest and spent time sketching in Arizona's Canyon de Chelly. This print is one of three that she created of that area.

# Resident Council Meetings

Independent Residents  
Monday, September 20 at 1:30 PM  
Hickman Chapel

Asbury Villas Community Meeting  
Wednesday, September 8 at 2:30 PM

Nursing & Rehabilitation Center  
Monday, September 20  
Staff will meet with residents one-on-one

Laurel Lane  
Wednesday, September 15 at 3:00 PM  
Near the ramp

Asbury Place  
Monday, September 13 at 1:30 PM  
Living Room

The Embassy of Asbury Heights  
Monday, September 20 at 4:00 PM  
Regency Room

## SAVE THE DATE

### Planned Power Outage

There will be a planned power outage on **Monday, October 5** between 7pm and 12 pm the following day (14-16 hours). During this time, crews from Duquesne Light will install a new generator that will have the capability of providing Buildings 1, 2, 3, 4, 5, and 7 with power in the event of an unplanned power outage.

The new generator is being installed outside of Building 4, Level 2



## Underground Tanks Removed

Last month, two large underground tanks were unearthed from the campus. One was removed from outside Building 4 next to the loading dock while the other larger tank was removed near Hamilton Hall (Building 1). The larger tank was estimated to be between 70 and 80 years old while the other tank was between 30 and 40.

These tanks were used to store diesel fuel that powered Asbury's boilers. Our current heating system is more efficient, and there is no longer a need for these tanks; they have been removed from the campus and taken to a recycling center.

**Asbury** HEIGHTS

Part of UPMC Senior Communities

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