

The Asbury News

News and Information for the Residents of Asbury Heights

December 2023

Resident Holiday Parties Fun Evenings in Santa's Workshop

Residents and their guests have been enjoying the Resident & Family Holiday Parties throughout the month. These community-centered parties allow for a more intimate, relaxed experience for everyone involved.

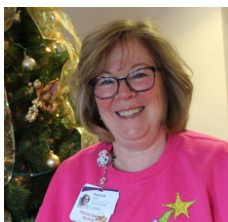
Each party featured live entertainment and a variety of seasonal fare and beverages. Special thanks to the Activities teams, Dining Services, and others who helped make these evenings extra special.

If you have an idea for your next community party or activity, please contact your building's Activity professional. A new year is on the horizon, and new ideas are welcome!



Joyce Magill and Jean Hackett pose for a photo in "Santa's workshop" at The Embassy.

Asbury Employee Receives Honor



Patty Fagan, relief community nurse, has been selected to receive the UPMC Dignity and Respect Champion Award - an honor bestowed upon only a small percentage of UPMC staff each year.

Nominated by her peers, Patty has proven to be emblematic of UPMC's values, living them daily through her work and interactions with residents and staff. Asbury is proud to have such thoughtful and caring staff like Patty.

Patty will be honored during next month's Dignity and Respect Champions Celebration at the UPMC Club at Acrisure Stadium.

Asbury
HEIGHTS

Part of UPMC Senior Communities

Don't Delay! Join the 2023 Frances Hamilton Society Today

The holiday season is in full swing throughout the campus. As the decorations and festive trees grace the hallways, one in particular, our Angel Tree, is part of a very important tradition – Benevolent Care.

Since 1908, Asbury has provided high quality and compassionate care to the older adults we serve. We take pride in the tradition of Benevolent Care, a program that provides for our most vulnerable residents who have outlived their resources and can no longer pay full cost for their care.

Each December, members of our Frances Hamilton Society, provide financial contributions to ensure our seniors have access to a secure place to call home, nourishing meals, an abundance of activities and medical care if/when needed. Most importantly, our Frances Hamilton Society Members provide the ultimate gift of peace of mind so our older adults can age with dignity.

We hope you will join the 2023 Frances Hamilton Society and be part of a 115-year custom! All gifts, large or small, make a difference to our residents who depend on Benevolent Care. To make a gift, contact Courtney Kartman (412-571-5106 or kartmanca@upmc.edu), or visit www.asburyheights.org/giving-to-asbury and click Donate Now.

Our Angel Tree would not be complete without the Angel Ornaments. With your gift, an Angel will be displayed on our tree, located in the main Lobby. It is a nice way to remember a loved one or to let someone know how special they are. And as a bonus, the angels on the tree spark interest in visitors to our campus, many of them joining in to support this timeless tradition and very much needed program.

Snuggles for Seniors A University of Pittsburgh Project

More than 80 volunteers donated their time and talents to Snuggles For Seniors, a service project under the University of Pittsburgh's People First initiative, to produce 163 blankets for the residents of Asbury Heights, Canterbury Place, and Heritage Place.

Earlier this month, two volunteers delivered 50 wrapped blankets to our campus; they will be distributed on Christmas morning.

This project was sponsored by People First, an initiative that involves the University of Pittsburgh's Departments of Medicine, Dermatology, Family Medicine, and the Service Project Committee. The goal of this group is to empower voices and engage teams. Their motto is: "When people come first, our organizations thrive."

We thank this group for their generosity and wish them a happy holiday season.



Doggy December

For the third year in a row, the Asbury campus celebrated Doggy December - a campus-wide effort to collect treats, tie blankets, and toys for the dogs residing at Angel Ridge Animal Rescue in Washington county.

In addition to collecting store-bought items, residents contributed to this service project by making and baking their own homemade blankets and treats.

Once all items have been collected at the end of the month, the donations will be dropped off at Angel Ridge Animal Rescue.

Remaining opportunities include:

Independent Living

DIY Dog Treats

Wed., Dec. 20

11 a.m.

Skilled Nursing

Doggy Blanket Craft

Tues., Dec. 26

2 p.m.

Asbury Villas

Making Dog Treats

Wed., Dec. 20

2 p.m.



Holiday Wreath Donation From YMCA

The Y Guides and Y Princesses of Spencer Family YMCA have once again donated several hundred fresh wreaths to the Asbury campus. We are thankful for this group and its supporters.

Wreaths have been distributed throughout campus; they have even been attached to outdoor light poles.

The wreaths have been a welcome addition to the holiday decor; they are adored by all who see them.

Strategic Masking New Guidelines Coming Soon

Beginning Monday, December 18, all UPMC facilities will adopt a new Strategic Masking policy that will go into effect whenever the greater community is experiencing high volumes of respiratory infections (mainly COVID-19, flu, and RSV). UPMC leaders will enact this universal masking for Wednesday, December 20 based on the current community data.

During this time, everyone will be required to wear a surgical mask while in common areas such as the Mall, lobby, Café, and hallways. This

The use of masks is effective at reducing transmission of respiratory viruses in health care settings.

policy will apply to all visitors, support persons, students, and volunteers, to name a few.

Once cases of respiratory infection decrease, the universal masking requirement will be lifted until the need arises again.



Resident Council/Community Meetings

Independent Residents

Monday, January 22 at 1:30 PM
Hickman Chapel

Asbury Villas

Wednesday, January 10 at 2:30 PM
Lifestyle Center

Nursing & Rehabilitation Center

Tuesday, January 16
Hickory Community

Spring Lane and Laurel Lane

Wednesday, January 10 at 2:00 PM
Ramp

Asbury Place

Monday, January 8 at 2:00 PM
Great Room



Last Chance to Vote!

Last chance to vote for your favorite pet!
Head to the Hot Dogs & Cool Cats display
before it's gone!

Voting will close on Monday, January 1. All
votes will be tallied Tuesday, January 2. Visit
the Mall to cast your vote.



Medical Rescue Team South Authority

Residents gathered in the Social Room
earlier this month for a presentation from
Medical Rescue Team South Authority. If you
are interested in a membership with this
community ambulance service, contact your
building's administrator.

Asbury HEIGHTS

Part of UPMC Senior Communities

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