

The Asbury News

News and Information for the Residents of Asbury Heights

February 2024

A Final Message From Joey Boyles The Search is Now Underway for Her Successor

A lot has happened at Asbury Heights since I assumed the role as executive director in June, 2021. I loved the position and getting to learn all of the complexities of running a campus that can serve over 400 older adults and requires over 400 employees/contracted services to operate. And mostly, I enjoyed meeting and working with all of you.

As much as I enjoyed my role as the Executive Director, other opportunities kept arising that began to interest me. I have chosen to accept an opportunity which will open a new chapter in my career.

Roger Davis (former executive director at Asbury) has accepted the position of Vice President of Operations for Oakdale's newly acquired Pittsburgh facilities. He will handle matters of the Asbury campus as needed until the Executive Director position is filled.

With employee and resident satisfaction and engagement higher now than when I started, higher census numbers and a stabilized management team, I am confident that improvements will continue. It's been a privilege to serve all of you and I wish you the best as Asbury's next chapter begins with Oakdale Seniors Alliance.

Joey Boyles



Roger Davis

Questions About Our Upcoming Affiliation?

Please contact your community's administrator if you have questions about our upcoming affiliation with Oakdale Seniors Alliance. If the administrator does not have confirmed information to share, they will get back to you.

Asbury
HEIGHTS

Part of UPMC Senior Communities

COVID-19 Vaccine Data

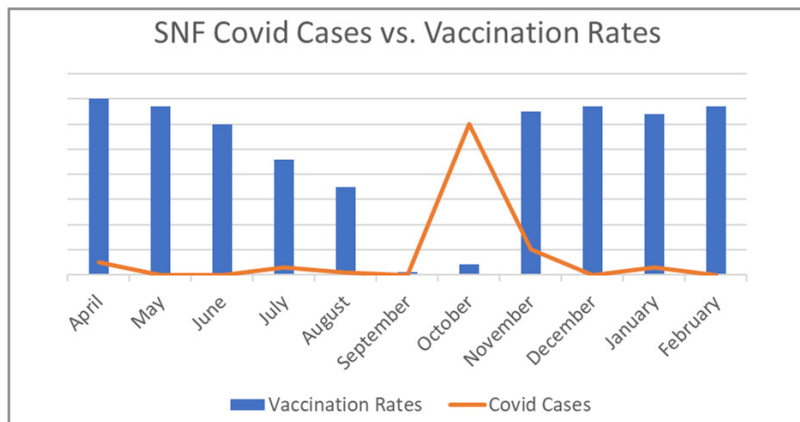
A Look at Vaccination Rates in Asbury's Skilled Nursing

Data collected by Bailey Westfall, infection control preventionist, shows the inverse relationship between COVID-19 cases and “up-to-date” vaccination rates.

The blue bars on the graph represent vaccination rates that are “up-to-date.” Around September 2023, supply for the most up-to-date vaccine was not immediately meeting demand. Because of this, Asbury's vaccination rates were nearly zero. And, as a result, we experienced one of our largest outbreaks to date in October with nearly 70 positive cases in the SNF.

We were unable to supply the SNF residents with the vaccine until November 2023. As a result, COVID-19 cases fell sharply.

As of February 9, approximately 41% of independent residents received the vaccine. Since the clinics that were held in October, transmission of COVID-19 has dramatically decreased in our



independent residents population; we are seeing that same trend throughout the entire campus. Information for immunizations is readily available on the CDC website, or you may reach out to Bailey Westfall, infection preventionist, at 412-571-5053.

Vaccination remains our best defense against COVID-19 as well as what's referred to as “long COVID.”

Independent Living New Resident Reception

All independent residents are invited to the next New Resident Reception on **Tuesday, February 27** at 10 a.m. in the Social Room. During this special reception, we will formally welcome **Peggy Neely** (Embassy) and **Dawn Zilles-Prem** (Building 6).

Donuts/pastries from Potomac Bakery will be served along with fresh fruit, coffee/tea/juice.

Flannel Fridays!

Flannel Fridays will take place every other Friday through March 1. Be sure to wear your favorite flannel and jeans on the day listed below.

Friday, March 1
(Final Flannel Friday)



TruView

Emergency Pendant Clinic for Independent Residents

The goal of this clinic is to provide a thorough overview on how the Geo Pendant functions, how to use it properly, and to provide more information regarding the internal processes we follow to ensure a secure and reliable network for the safety of residents in Asbury's independent living apartments and carriage homes as well as the Asbury Villas, Laurel Lane, and Spring Lane communities.

Please attend the session that corresponds with your last name.

Last Names **A-L**
Tuesday, February 20
2 p.m.
Social Room

Last Names **M-Z**
Thursday, February 22
2 p.m.
Social Room

Light snacks and beverages will be served following the presentation. Similar presentations will be held at Asbury Villas, Laurel Lane, and Spring Lane.

Pet Policy A Reminder for Visitors

All domesticated animals visiting any of the campus buildings are subject to comply with UPMC's Personal Pet Visitation policy (HS-IC06188).

UPMC recognizes that pet visitations may sometimes be beneficial for residents. **Before** entering the building for the first time, visitors with pets must complete the Pet Handler Acknowledgment. They must also submit a copy of the pet's vaccination papers. The vaccination papers and signed acknowledgment will remain on file.



BINGO Guests

Residents may invite guests to BINGO games. Guests are eligible to win prizes. If a guest wins, a new game will not begin until a resident wins.

Only one BINGO card per guest. This rule applies to all communities on the Asbury campus.

B I N G O				
15	27	42	55	72
10	29	41	56	73
7	26	FREE 147 SPACE	52	64
13	21	36	59	61
8	23	32	58	74

A Leap Day Leap of Faith

A Letter from Rev. Kim Grueser

Dear Asbury Heights friends,

Since coming to Asbury Heights 5 ½ years ago, we have shared many joys and sorrows, struggles and times of peace together. It has been my privilege to minister to you through hundreds of chapel services, even more campus-wide programs, the COVID-19 pandemic, several funerals and yes, one wedding.



But now, the Lord is sending me in a new direction. Thursday, February 29, 2024, will be my final day. I will always be thankful for my years with the residents and staff at Asbury Heights.

May you be blessed with every spiritual blessing in the heavenly places in Christ. (Ephesians 1:3)

With gratitude,

Rev. Dr. Kim Grueser
Chaplain

Resident Council/Community Meetings

Independent Residents

Monday, March 18 at 1:30 PM
Social Room

Asbury Villas

Wednesday, February 21 at 2:30 PM
Lifestyle Center

Nursing & Rehabilitation Center

Tuesday, February 20
Hickory Community

Spring Lane and Laurel Lane

Wednesday, March 13 at 2:00 PM
Ramp area

Asbury Place

Monday, March 11 at 2:00 PM
Great Room

SOUP-ER BOWL

In true "Sixburgh" fashion, our dining services department prepared six soups for residents and employees to sample on February 7. Everyone who sampled the six were encouraged to vote for their favorite. In the end, the winning soup was Cheesy Chicken Tortilla prepared by Samantha Hilpert, executive chef!



Out and About!

Regular Trips to Attractions and Meals Out

It's fun to get out and about every so often, especially as we head into better weather. If you have a suggestion for an outing this spring or summer, please share it with your community's activity professional.

Previous outings have included Phipps Conservatory, Heinz History Center, and Sarris Candies.

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Part of UPMC Senior Communities

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