

The Asbury News

News and Information for the Residents of Asbury Heights

September 2020

Changes in Personal Care Leadership

There have been recent changes to Asbury's personal care leadership.

Earlier this month, Laura Ebel resigned from her position as administrator of Asbury Villas. Kevin Bushmire, former resident care director for Laurel Lane, will be filling this role.

Amanda Varhula, resident care director for Asbury Place, will now oversee Laurel Lane as well as Asbury Place.

Erica Gevaudan, personal care administrator, will now oversee all personal care communities on the Asbury campus. Erica's decades of experience will prove helpful as Kevin and Amanda become familiar with their new roles.



Erica Gevaudan

Looking for the Latest COVID Guidelines?

When it comes to COVID-19 mitigation efforts, Asbury follows the guidelines and suggestions set forth by the CDC and the Pennsylvania Department of Health as well as state and local government. These guidelines have been known to change frequently and sharing them in a printed publication such as this newsletter could render them outdated in a matter of days.

For the latest COVID-related mitigation efforts and guidelines, contact your community's administrator/director.



Kevin Bushmire



Amanda Varhula

For the latest information, please visit asburyheights.org/news/covid-19 or listen to the recorded message by dialing **412-354-3202**.

Asbury
HEIGHTS

Part of UPMC Senior Communities



Oktoberfest!

Wednesday, October 14

Mark your calendar for our next campus-wide themed day!

We'll be celebrating Oktoberfest on Wednesday, October 14. Our Activities staff and Dining Services will work together to create the classic festival vibe for the entire day!



Celebrating Senior Champions is going virtual for 2020! Mark your calendar for **Thursday, October 22** and join the Virtual Celebration.

Contact Courtney Kartman at 412-571-5106 by Wednesday, September 30 to participate.

Split the Cash Raffle

Purchase the 50/50 tickets for the Split the Cash Raffle. Ticket prices are:

- 1 for \$20
- 3 for \$45
- 6 for \$60

Proceeds from the raffle will be split evenly between the luck winner and UPMC Senior Communities Benevolent Care Fund which includes Asbury Heights.

Independent Living Residents Start Your Day With a Screening

As you may know, temperature checks are no longer required when exiting the buildings, which implies that everyone may EXIT from any door leading outside. This change in policy occurred as researchers learned more about the new coronavirus.

All residents and visitors ENTERING the buildings must still enter through the Screening Centers. This includes visitors of Independent Living residents.

Independent Living residents may always exit from any door. They may RE-ENTER from any door as long as they've had a screening and temperature check earlier in the day. To freely come and go throughout the day, consider starting your day with a screening. Such a daily screening is also beneficial in making sure you're healthy, which is the primary concern.



Asbury Honored by Mt. Lebanon Partnership

Asbury Heights was recently honored by the Mt. Lebanon Partnership for the work currently being done to help mitigate the spread of COVID-19.

The precautions put in place (physical distancing, face coverings, and daily screenings) are proving to be effective thanks to everyone's continued efforts.

This recognition comes weeks before Asbury's 112th anniversary, 94 of which have been in Mt. Lebanon.



Back to School

This month's cabinet display in the Main Lobby pays homage to the past, present, and future of "back to school." Below are a few items that can be found in the collection.



If you're an Independent Living resident interested in contributing to an upcoming lobby display, please contact Lucy Morgan or Fran Linkesh.

Satisfaction Survey

Our annual resident satisfaction survey (conducted by Holleran) will be distributed later this fall. Look for more information coming soon.

Correction!



A few dozen copies of last month's issue contained a couple typos in Norma Grubb's name.

We apologize for the error.

Asbury Accolades

Positive Stories From Residents and Families

The following excerpt comes from a note written by a former resident's family member.

"I wish to thank the Asbury Place staff... for the love, care, and professional service you provided for Joyce. My parents and I always wanted the best for Joyce. Asbury was better than the best. She is resting eternally near our parents. I am at peace knowing the highest quality of care was given to my sister. Joyce passed away surrounded by her Asbury Family who loved her."



Experience Virtual Reality

It's been a year full of travel restrictions and quarantine measures, but what if you can have a unique experience without leaving your room? Thanks to a new virtual reality headset, you can!

Asbury's Activities Department is working with Peters



Frank Bunecicky experiences the virtual reality headset for the first time.

Project, a local non-profit, to bring the virtual reality experience on campus.

Teresa Valentino, Activities Director, took the headset to Asbury's communities during the week of September 14 to offer trial experiences and determine if there is an interest in developing a regular program.

"This technology has great potential," says Teresa. "It's an opportunity for residents to immerse themselves in a new place or revisit a destination they used to visit - like Vegas!"

To learn more, contact Teresa Valentino at 412-571-5190 or valentinot@upmc.edu.

NOTE: Pastor Kim will be on vacation from September 21 through September 27. You will be able to watch a recorded service on Sunday, September 27 on cable channel 957.



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Amazon Smile donates to Asbury Foundation when you shop online.



Contact Courtney Kartman at 412-571-5106 to find out how you can get started at no cost to you.

