

The Asbury News

News and Information for the Residents of Asbury Heights



September 2021

Asbury Welcomes Centers for Rehab Services

Asbury will welcome UPMC Centers for Rehab Services (CRS) to the campus beginning **Friday, October 1.**

Many of the Symbria employees are transferring to CRS. Erica Sorg will continue as supervisor for the department. Six therapists will stay at Asbury under Erica's direction. Two new occupational therapists (one for inpatient, another for outpatient) will join the team. The team will also welcome a new physical therapist as well as a physical therapist assistant.



Planned Power Outage For The Main Building

Please remember to plan ahead for the planned power outage for the main building scheduled to take place beginning the evening of **Tuesday, October 5** (around 7pm) and continue through the morning of Wednesday, October 6 (until around 12pm). The power will be out between 14 and 16 hours. The power at Asbury Villas is expected to go out in half hour intervals, possibly during the beginning, middle, and end of the project.

This power outage is necessary as crews from Duquesne Light install a new generator that will be able to provide power to Buildings 1, 2, 3, 4, 5, and 7 with power in the event of an unplanned power failure.

The entire transition will be virtually seamless and there will be no change in the care provided.

“There are going to be minimal changes and a few new faces,” says Erica Sorg, director of rehabilitation. “The team is looking forward to this new direction.”

With CRS on site, residents and staff will better benefit from the support and resources of local UPMC.

Asbury
HEIGHTS

Part of UPMC Senior Communities



Community Days

Asbury hosted several Resident Community Days throughout the campus during August. These events included food and live entertainment for residents to enjoy with their families and guests. Each community had its



own Community Day in order to comply with current COVID-19 mitigation efforts.

These events took the place of our traditional campus-wide Family Day. We hope everyone had a great time with their families and guests.



Teddy Bear Day

Asbury residents celebrated National Teddy Bear Day on September 9. Each community held its own bear-themed event. Some residents gathered with their favorite stuffed friends and shared the stories associated with them. Others played BINGO while eating Teddy Grahams.

Many of us can relate to teddy bears. They often invoke memories and feelings from our childhood and other important moments from our lives. They are more than stuffed animals - they are the keys to our past and our hearts!



Recent Changes to the Housekeeping Department

Glenn Lucas recently resigned from his position and **Michael Kohlman** (right) became director of environmental services through Metz, a contracted service. Michael is responsible for the apartments in Buildings 1 through 7.

Michael also oversees two additional housekeeping managers: **James Davis** (left) who oversees services within the skilled nursing center and **Katie Gogarty** (center) who manages services for Asbury Villas, Asbury Place, The Embassy, and the Carriage Homes.

Happy Cat Day

Residents celebrated Happy Cat Day on September 14. During this campus-wide themed day, residents and staff honored our feline friends by wearing cat-inspired attire and working on service projects (including tie blankets, toys, and treats) for Angel Ridge Animal Rescue in Washington county.

UPMC encourages community projects such as this in order to give back to other nonprofits.

Sophie Farah poses with a few cat toys she helped create.



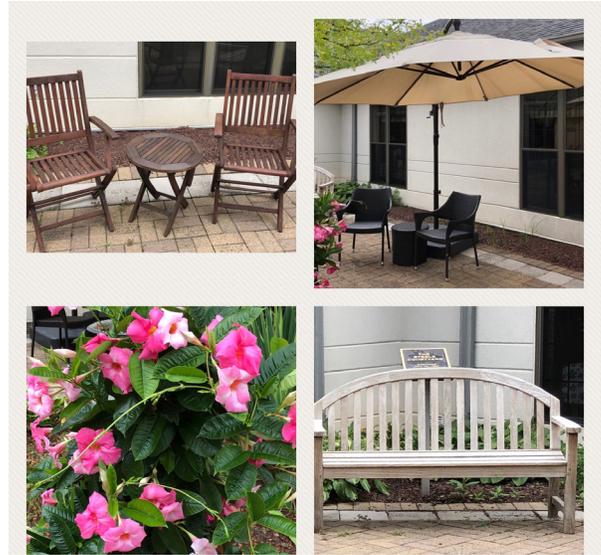
Donor Support Creates Picture-Perfect Patios

Throughout our campus, we have a variety of beautiful gardens and patios for our residents to enjoy the outdoors especially during the Spring, Summer and Fall seasons.

On August 23, thanks to the generosity of the family of the late Rev. Susan Davies Buell, the outdoor courtyards of Asbury Place received a refresh. The main patio now has new tables, chairs, cabana umbrellas, and beautiful flower and vegetable gardens which surround the newly painted gazebo. The interior patio has several different sitting areas, a cabana umbrella, hostas, and two beautiful planters.

We are most appreciative of the family for providing support of this project and creating a space that is warm and welcoming for our residents and their families.

If you would like to learn more about our current projects throughout our campus, please contact Courtney Kartman at 412-571-5106 or kartmanca@upmc.edu



New Swabbing Test for COVID-19

Over the next few weeks, Asbury will transition from posterior nasopharyngeal swabs to **anterior nasal swabs** for routine (and as needed) COVID-19 testing of residents and staff. These swabs will be used in preparation for a potential nationwide shortage of the posterior swabs. On the positive side, the anterior swabs are inserted only 3/4" into the nose and then rotated for 15 seconds in each nostril, allowing for a more

comfortable experience. The anterior swabs also allow for faster test results.

Save the Date!

Flu vaccines will be available to residents beginning **Friday, October 1.**

Resident Council Meetings

Independent Residents
Monday, September 20 at 1:30 PM
Hickman Chapel

Asbury Villas Community Meeting
Wednesday, October 13 at 2:30 PM

Nursing & Rehabilitation Center
Monday, September 20
Staff will meet with residents one-on-one

Laurel Lane
Wednesday, October 13 at 3:00 PM
Near the ramp

Asbury Place
Monday, October 11 at 1:30 PM
Living Room

The Embassy of Asbury Heights
Monday, September 20 at 4:00 PM
Regency Room

Mall Update

It may seem as though work on the Mall ceiling project has paused, but there is some very important preliminary work happening behind the scenes.

Trusses are being measured and constructed while the ceiling is open. It will take approximately six weeks for them to be fabricated and delivered.



Once these trusses arrive, you will surely hear and see more progress in the Mall.

The view of the Mall ceiling projects as seen from the outside of Building 4.

13th Annual Celebrating SENIOR CHAMPIONS

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1 Ticket = 30 Chances to win!
One winner drawn each day in November!

TICKET PRICES:
1 ticket for \$10 • 3 tickets for \$25 • 6 tickets for \$40

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To purchase tickets, stop by our Reception Desk or Foundation Office (2403). For more details, call 412-571-5106 or Email kartmanca@upmc.edu.

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Asbury HEIGHTS
Part of UPMC Senior Communities

EDITOR:
Audrey Burgoon, Senior Director,
Business Development and Resident Relations

WRITER/DESIGNER:
Jon Ebel, Lead Communications Specialist

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