

SEASONS:

AN UPDATE FROM ASBURY HEIGHTS



Asbury HEIGHTS
Part of UPMC Senior Communities

2020

Visit us at AsburyHeights.org
or call 412-341-1030

Welcome



Dear Friends:

For over 111 years, Asbury Heights has carried on the legacy of our founder Frances Hamilton, the wife of a United Methodist minister. Through her vision, our organization has and continues to create an environment where older adults receive high quality and compassionate care.

Our success is made possible by our Board of Directors, Leadership Team, Staff, Residents and their families, Volunteers, and our local Community. With the assistance of this core group of individuals, over \$380,000 in contributions were received in 2019.

Through this kindness, support has been provided for our Benevolent Care, Spiritual Life, and Campus and Community Outreach programs.

Please enjoy this issue of *Seasons*; a publication that highlights our 2019 donors, celebrates campus upgrades and improvements, and shares ways that you can continue to help Asbury and our mission.

Thank you for your support and for considering Asbury in your 2020 charitable plans!

Sincerely,

Roger L. Davis, Jr. RN, NHA, MHA
Executive Director

Donors Make Impact!

THANK YOU to our Board of Directors, Residents, Families, Friends and Staff who have so generously provided their support to Asbury in 2019! Each year, their kindness impacts our Benevolent Care Program - a program that secures resources to assist Asbury Residents who can no longer pay full charges for their care and accommodations.

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Mr. Arthur Ziegler

It is an enormous undertaking to list all the tribute gifts made to Asbury Foundation. We apologize in advance for any errors in the above listings, which contains gifts from January 1 through December 31, 2019. If an error is noted, please contact Courtney Kartman at **412-571-5106** or **kartmanca@upmc.edu**.

**Deceased*

Volunteer Update

ASBURY HEIGHTS VOLUNTEER ACTIVITY • JANUARY 1, 2019 THROUGH DECEMBER 31, 2019

Summary By Volunteer		
GROUP	NUMBER	HOURS
Adults	67	6,944.75
Teens	29	622.00
Residents	34	8,010.50
Groups	33	3,000.00
Volunteers	57	431.75
Totals	220	19,009.00



Summary By Location												
	ADULTS		TEENS		RESIDENTS		GROUPS		VOLUNTEERS		TOTALS	
	Number	Hours	Number	Hours	Number	Hours	Number	Hours	Number	Hours	Number	Hours
Asbury Heights	55	6,142.50	29	622.00	32	7,804 .50	32	2,895.00	51	418.75	199	17882.75
Asbury Villas	10	631.75	0	0.00	2	206.00	0	0.00	2	5	14	842.75
Asbury Place	2	170.50	0	0.00	0	0.00	1	105.00	4	8	7	283.50
Totals	67	6,944.75	29	622.00	34	8,010.50	33	3,000.00	57	431.75	220	19,009.00

Value of Volunteer Service Hours: Lowest Wage Paid = \$8.25 mutiplied by number of volunteer hours = \$156,824.25

Dollars at Work

Through our UPMC Senior Communities affiliation and Asbury Donors, various renovations and improvements have been made possible throughout campus, such as:

New tables and chairs in the Asbury Café reflect the updated space.



Rest Rooms located near the Main Lobby have received a refreshed appearance including enhanced lighting, new flooring and new faucets.

New Flooring has been installed throughout common areas, such as Asbury Place Lobby and Main Lobby.



New chairs have been delivered to the Sunset and Horizon Dining Rooms.



Construction Update

During the Roaring Twenties, Asbury moved its operations from Dravosburg to its current location in Mt. Lebanon. It was home to 28 older adults for some time, but soon expanded and changed over the decades to keep up with the needs of the community. Now, nearly 100 years later, it's happening again.

In response to meeting the expectation of those in need of nursing care, we are transforming Building 7, Level 2 into a new skilled nursing community with private rooms and bathrooms as well as several large lounge areas. This new skilled nursing area could start accepting admissions as early as this summer. The area's color scheme and décor will match that of the common areas that received a fresh look in 2019. This included the main lobby which was given a coat of paint and new flooring. Several common restrooms were also enhanced with new floors, tiles, countertops, and faucets. The kitchenette located within our Social Room also received a new refrigerator, countertop, and sink.

The resident post office located in the Mall is also scheduled to receive updates later this year. Starting this spring, the post office will receive new flooring, a new façade on the front of the counter, and a quartz countertop. The wallpaper will also be removed and replaced with a fresh coat of paint.

The renovations of Building 6, Level 2 will also be complete this year. This project includes the relocation of Family Hospice offices from their former Moffett Street building to an office suite at Asbury. Additionally, four large Garden Apartments - three two-bedroom apartments and a single one-bedroom apartment, are being constructed.

This year will be roaring with excitement as our campus continues to evolve. And while much of the physical space around us changes, the quality and compassionate care we provide to residents and their families remains consistent.



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When you shop at AmazonSmile, Amazon will donate to Asbury Foundation. Support us every time you shop. <http://smile.amazon.com/ch/25-1555688>

Christina Spinelli Receives ACES Award

Congratulations to Christina Spinelli, Willow Community LPN, for receiving the Award for Commitment and Excellence in Service (ACES). This award honors staff who exemplify UPMC's five core values:

- **Quality & Safety**
- **Caring & Listening**
- **Dignity & Respect**
- **Excellence & Innovation**
- **Responsibility & Integrity**

Christina was nominated by nearly a dozen co-workers and resident family members with one stating that she “embodies the knowledge, compassion, patience, and willingness to promptly attend to resident medical and care needs with reliable consistency and dependability.”

“I am truly honored to receive this award,” says Christina. “To receive these wonderful nomination letters from my peers and family members was such an award in itself.”

This was the first ACES award to be received by an Asbury employee!



Rose Harris, Health Unit Coordinator (left), encouraged colleagues and family members to nominate Christine (center) for ACES. Rachel Niyonzigira, Health Unit Manager (right), informed Christina that she was a recipient of the award.

Into the Future

We appreciate those who so kindly remembered Asbury Foundation in their legacy planning. These individuals make up our 1908 Society and provide funding for Benevolent Care, Spiritual Life and environmental and programmatic improvements right here at Asbury.

It's an easy way to give and can be done by naming Asbury in your will or as a beneficiary of an insurance policy or a charitable gift annuity. Your gift, large or small, is greatly appreciated and can make a huge difference in the lives of our residents.

To learn more about becoming a 1908 Society Member or find out how to name Asbury as a

beneficiary in your estate plans, contact Asbury Foundation at **412-571-5106**. Already made plans? Let us know! It enables us to understand your wishes and to specifically apply your gift to our campus programs/projects that are important to you.

Please join us in taking a moment to remember those 1908 Society Members, listed below, whom we have lost in 2019 and have made a bequest to Asbury Foundation.

Robert Demmler
Harriet Dick
Harold Lauterbach
Donna J. Martz

Shirley Mixson
Centa Swat
Doris Tole



United Way

Is your employer hosting a United Way campaign this year? If so, consider directing your support to Asbury Foundation. It's easy to do! Simply, specify our **Contributor Choice Code 308** when filling out your United Way pledge form. This will direct all or a portion of your United Way contribution to Asbury Foundation.

Introducing the Hickory Community

With Asbury's affiliation with UPMC Senior Communities, the first major project was to upgrade our skilled nursing center. In response to customers' preference and UPMC Senior Community standards, a former area of independent living in Building 7, Level 2, was converted into 20 private rooms with private baths and four semi-private rooms with private bath. This area will be known as the Hickory Community. There are separate areas for resident activities and dining. The rooms are spacious and bright. Hallways will remain uncluttered due to in-sets for dining, laundry, and med carts. The large nurses station will also provide plenty of space for our physicians and nurses to work side by side.



Save the Date

Celebrating Senior Champions
Dinner & Silent Auction
The Westin Pittsburgh
Thursday, October 22

To purchase a ticket at the Asbury Heights table, call Courtney Kartman at 412-571-5106.

Asbury Aglow
Wednesday, December 9
5:30PM – 7:30PM

UPMC Senior Communities
200 Lothrop St.
Pittsburgh, PA 15213

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UPMCSeniorCommunities.com
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To learn more about Asbury Heights, discuss giving opportunities, or to make a gift, visit us online at asburyheights.org/giving, or please call our office at **412-571-5106**.

A contribution to Asbury Foundation by a Resident, Resident Family/Friend, Employee, and/or Vendor is not a condition of admission, continued stay, employment, and/or continued business relationship.

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