SEASONS

An Update From Asbury Heights





Part of UPMC Senior Communities

2023

Visit us at AsburyHeights.org or call 412-341-1030

Welcome



Time really does move quickly!

This June will mark my second anniversary as executive director. Each day, I enjoy coming to work and interacting with our Asbury Heights community.

I see firsthand how this unique group comes together to support Asbury and preserve our 114-year history of providing high quality and compassionate care to older adults.

Please enjoy this issue of *Seasons*: a publication that recognizes our 2022 donors and celebrates the achievements made possible through the generosity of our board, leadership team, staff, residents, resident families, foundation/corporations, church/service organizations, vendors, and many others.

In addition, you will also find several opportunities to help support those who call Asbury home. With your assistance, the mission of Asbury will continue for years to come!

Thank you for your consideration and generosity. Sincerely,

Joey L. Boyles, MHA, NHA **Executive Director**

Dollars at Work

Various improvements to our campus are made possible through Asbury's affiliation with UPMC Senior Communities and the strong network of donor support each year. This combined effort made possible the following:

Social Room Refresh

The Social Room, located within our main building, received quite a few improvements last year. Changes to the room included new flooring, lighting, a fresh coat of paint, TV,

fireplace, window shades, and storage area for extra tables and chairs. Walls were erected around an emergency panel to help keep disruptive noises to a minimum.





Bench Dedication

Donors have found memorial or honor gifts to be a nice way to remember a loved one. or to let someone know how special they are. In turn, these gestures from the heart help Asbury



to fulfill its mission. As you stroll through the outdoor gardens this summer, please stop by the Garden of Love located outside Building 1. You will notice a nice sitting area complete with a newly-dedicated bench. The family of the late Mary Ann Evans dedicated this bench in her memory. Knowing how much she enjoyed quiet time sitting outdoors, Mary Ann's family wanted to provide a lovely place for residents and families to visit and enjoy the spring and summer seasons.





Dementia Training Program

Asbury is thrilled to be named a recipient of a grant

from The Pittsburgh Foundation which supports our

Dementia Staff Training Program. The training kicked off

on April 3, 2023 and enables Asbury staff to stay current

on the most innovative approaches and treatments for

the care of individuals with declining memory as well as

staff will have the tools they need to provide residents

many hours of "in the moment" training. As a result,

We have a variety of programs and/or naming opportunities just like these available throughout our campus. Please contact Courtney Kartman at 412-571-5106 or kartmanca@upmc.edu as she would be more than happy to discuss ways you can help improve the lives of our residents while also memorializing a loved one.

Project Cloth Mask Art

In 2021, when cloth masks were being phased out for disposable surgical masks, three residents of The Embassy of Asbury Heights (Joan Rogers, Joyce Magill, and Kay Didycz), decided to create an art piece to commemorate the peak of the COVID-19 pandemic.

The three neighbors gathered 23 cloth masks, shaped them to look like flowers, and secured them in a large shadow box. The entire project took months to complete as the artists took their time to ensure the piece looked its best.

The goal of the artists was to convey the idea that cloth masks, despite the time of uncertainty around them, were a beautiful thing for various reasons.



"We dedicated this project to the masks that kept us safe and to those who wore them," said Ms. Rogers.

The piece was finalized last summer and is now on display in the hallway adjacent to the Great Room.



Employee Match

You can make your gift go farther; many employers offer matching gift programs. Please contact your personnel or human resource office to see if your employer will match your gift. If they do, they will provide you with a matching gift form. Please send the completed form with your donation made payable to Asbury Foundation.



Skilled Nursing Team Receives Patient Safety Award

Lisa Osborne, director of nursing, Erica Sorg, director of rehab services, and Monica Joyce, registered nurse assessment coordinator, worked together to improve resident safety within Asbury's skilled nursing communities in 2022.

The effort began when Lisa established Risk Management rounds in the second quarter of the year. This focused on the resident's environment rather than their condition (a separate form of rounding done by nurses and CNAs).

As part of the Risk Management rounds, staff ensured the medical record orders matched the specific interventions listed in each resident's care plan. Additionally, the rounding allowed staff to be certain that all required safety equipment remained in residents' rooms.

Erica and Monica supported the initiative from the start and began a hands-on approach, ultimately rounding twice a week in every resident room within the Skilled Nursing Center. The team reviewed incident reports and ensured additional safety interventions were implemented each time an incident occurred usually a fall.

The team worked collaboratively with the nursing and interdisciplinary teams to reduce falls with major injuries by 2%. Although the team was shy of their goal, they still saw a 45% reduction in overall incidents (falls, skin tears, medication errors, etc.) before the end of the year. Holly Villella, administrator, nominated the team for their efforts.

"Lisa, Erica, and Monica made a commitment to improve care at Asbury," says Holly. "[They] are truly role models for resident safety."

The team was honored for their efforts during a virtual ceremony on March 29.

United Way

Is your employer hosting a United Way campaign this year? If so, consider directing your support to Asbury Foundation. It's easy to do! Simply specify our **Contributor Choice Code 308** when filling out your United Way pledge form. This will direct all or a portion of your United Way contribution to Asbury Foundation.



Planned Giving A Legacy to Remember

During this past year, we had several donors, members of our 1908 Society, who included us in their legacy planning by naming Asbury in their will, as a beneficiary of an insurance policy, or charitable gift annuity. These types of arrangements provide our donors with access to their current resources while supporting our organization with future resources.

We would like to take a moment to remember the following 1908 Society Members whose thoughtful planning resulted in a bequest made to Asbury in 2022:

Estate of Dora Beards

Estate of Robert F. Demmler Estate of Leigh H. Humphrey Estate of Dorothy Klauss Estate of Donna J. Martz Estate of Helen Shallenberger Estate of Margaret Stouffer Estate of Eleanora Thomas We are most grateful for Dora, Bob, Leigh, Dorothy, Donna, Helen, Margaret, and Eleanora for their commitment to Asbury and our mission.

If you would like to learn more about becoming a 1908 Society Member or how to name Asbury as a beneficiary in your estate plan, contact **Courtney Kartman** at **Asbury Foundation** (412-571-5106 or kartmanca@upmc.edu).

Already made plans? Let us know!

We want to make sure to apply your gift specifically to our campus programs/projects that are important to you.

Community Support

Girl Scout Project

For her Bronze Award project, local Girl Scout Chloe Ebel collected puzzle and game donations to benefit the residents of Asbury Heights. Chloe, who has a passion for puzzles, was eager to deliver the items herself. We thank Chloe and her supporters for these dozens of items that will provide countless hours of entertainment for residents.



Evolving Artists Dance Studio Valentine's Day Cards

The young dancers at Evolving Artists Dance Studio, LLC took a few minutes at the end of several classes to make Valentine's Day cards for the residents of our skilled nursing center.



Save the Date

The Westin Pittsburgh

Celebrating Senior Champions Dinner & Silent Auction Wednesday, October 25

For more information or to purchase tickets, call Courtney Kartman at **412-571-5106**.



HRT Solutions Holiday Bags

The generous folks at HRT Solutions packed and delivered more than 300 bags of holiday cheer for residents. We appreciated their thoughtful gesture!



Sencer Family YMCA Wreath Donation

The Spencer Family YMCA and their supporters donated 275 fresh wreaths to our community for the holiday season. The wreaths, delivered by the organization's Y Princesses and Y Guides, were a welcome addition to our holiday decor. The Y Princesses also delivered 275 hand-made holiday cards for residents.



K Donations to Light of Life Rescue Mission

One of Asbury's service projects focused on collecting snacks, socks, toiletries, and other items for those experiencing homelessness. Residents and staff delivered the supplies to Light of Life Rescue Mission on the North Shore. We hope these items provided some comfort to those transitioning to a better tomorrow.

Donor Listings

Asbury Heights had a very successful 2022 fundraising year thanks to our board of directors, leadership team, and our generous donors. With the help of these amazing individuals, we raised over \$1.6 million dollars! Their generosity stays right here at Asbury supporting Benevolent Care, Spiritual Enrichment, and various campus improvements. We are so happy to have such a caring group of individuals who support our mission each day.

Frances Hamilton Society

Chairman

Anonymous

Estate of Estate of Dora Beards Estate of Leigh H. Humphrey Estate of Dorothy Klauss Estate of Donna J. Martz Estate of Helen Shallenberger Estate of Margaret Stouffer Estate of Eleanora M. Thomas

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Part of UPMC Senior Communities

CONTACT US

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To learn more about Asbury Heights, discuss giving opportunities, or to make a gift, visit us online at **asburyheights.org/giving**, or please call our office at **412-571-5106**.

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